



YOU ARE INVITED TO

CHRISTMAS CARE-ALL CONCERT

The Adult Social Care Nursing Team are holding
a virtual Christmas Carols Concert on Microsoft
Teams on 19th December 2025 10am - 12pm



CHRISTMAS CARE-ALL CONCERT

As we enter the winter months one of our focuses is preventing chest infections. Singing has been proven to have a positive effect on lung health, allowing individuals to use their lungs more effectively and improve respiratory muscle use.

Singing has also been shown to have a positive impact on general mood and wellbeing. Music and singing can also have a profound impact on those living with dementia, reducing anxiety, depression and agitation while evoking memory recall.

The Adult Social Care Nursing Team would like to invite you to join our virtual Christmas Carol Concert on Friday 19th December at 10am. The concert will be pre-recorded video created by the Nursing Team, you won't be expected to sing live on MS Teams.

To take part you simply sing a Christmas Carol from our chosen songs, you can sing as many as you like, record it and send your video to the Nursing Team via email **hnyicb-voy.yorkplacequalitynursingteam@nhs.net no later than 9th December**. Email the date of your sing-a-long and a member of the Nursing Team will join you (if possible).

We would like to see as many residents, staff, family and friends joining in with the festivities. You can invite local schools, nurseries, shopworkers too if you like.

Don your festive jumpers, musical earrings, flashing socks and Santa hats for a chance to win a prize for best Christmas outfit!

You don't have to take part to attend the virtual concert, if you would like to be sent an invitation, please email the Nursing Team with your details.

Choose from the following carols -

Silent Night

Jingle Bells

O Little Town of Bethlehem

Deck the Halls

O Come All Ye Faithful



CHRISTMAS CARD COMPETITION

Do you want to be festive and get creative at the same time? If the answer is YES, then enter our Christmas card competition.

Simply design your Christmas card, take a photo and email it to The Nursing Team no later than 12th December. Remember to include your name with your entry, and some information about your design and what you have used to create it.

The winner will be announced at the Christmas Care-all Concert on 19th December.

MERRY
CHRISTMAS

