







# 2025 North Yorkshire and York Care Provider Olympics









New medal events









## The aim of the Olympics



Celebrate the importance of physical activity to health and wellbeing within our sector

Showcase creative and innovative activities, and share best practice between providers





Share resources and local opportunities to get moving

Highlight the role of personalised care and how we can tailor activity to the different abilities and wishes of residents in our settings











# We would like to award the teams who placed in the top 5 in each event.

Well done to everyone.











## Most steps by residents

#### Older Adults

#### Younger Adults & LD

1st Kirkwood Hall

1st

Sherbutt House

2<sup>nd</sup> Sycamore Hall

2nd

Cauwood Day Service

3<sup>rd</sup> Ellie Sunrise Healthcare

3rd

Amitola Communities

4th Abbeyfield Society York

4th

Westbridge House & Eagle House

5th Greyfriars Lodge

5<sup>th</sup>

The Lodge









## Balloon Volleyball

#### Older Adults

#### Rivermead Care Home

2<sup>nd</sup> Avalon Group

1st

3<sup>rd</sup> Kirkwood Hall

4th Berwick Grange

5<sup>th</sup> Sycamore Hall

#### Younger Adults & LD

1<sup>st</sup> Amitola Communities

2<sup>nd</sup> Camphill Village - Botton

3rd Harrogate Home Support

4th Marina Lodge

5th Westbridge House & Eagle House









## Paper Plate Discus

#### Older Adults

#### Younger Adults & LD

1st Sycamore Hall

2<sup>nd</sup> Kirkwood Hall

3rd New Lodge

4th Westwood Care Home

5th Eagle View Care Home

1st Sherbutt House

2<sup>nd</sup> Harrogate Home Support

3rd Avalon Group and Briardene

4th Brackenley

5<sup>th</sup> Westbridge House & Eagle House









## Ring Toss / Hoopla

#### Older Adults

#### 1st Rivermead Care Home

#### 2<sup>nd</sup> Sycamore Hall

#### 3<sup>rd</sup> Kirkwood Hall

4th Westwood Care Home

5th Greyfriars Lodge

#### Younger Adults & LD

1st Cauwood Day Service

2<sup>nd</sup> Camphill Village - Botton

3rd Sherbutt House

4th Avalon Group

5<sup>th</sup> Harrogate Home Support, Brackenley and The Lodge









## Chair basketball / football

#### Older Adults

#### Younger Adults & LD

1st Ellie Sunrise Healthcare 1st Cauwood Day Service

2<sup>nd</sup> Sycamore Hall 2<sup>nd</sup> Sherbutt House

3rd Greyfriars Lodge 3rd The Lodge

4th Harrogate Home Support

5<sup>th</sup> Avalon Group

4th Kirkwood Hall

5th Westwood Care Home









## Beanbag / ball catch

#### Older Adults

Berwick Grange

Mossdale Residence Singles

4<sup>th</sup>

5<sup>th</sup>

#### Younger Adults & LD

1st Mossdale Residence Team 1
 2nd Sycamore Hall
 3rd Kirkwood Hall
 1st Briardene
 2nd Amitola Communities
 3rd Harrogate Home Support

4th The Lodge

5<sup>th</sup> Sherbutt House









## Ping Pong Ball Blow Challenge

#### Older Adults

1st Sycamore Hall

2<sup>nd</sup> Kirkwood Hall

3rd Greyfriars Lodge

4th Emmaus House

5<sup>th</sup> Nightingale Hall

#### Younger Adults & LD

1st Westbridge House & Eagle House

2<sup>nd</sup> Camphill Village - Botton

3<sup>rd</sup> The Lodge

4th Sherbutt House

5<sup>th</sup> Brackenley







## High Fives

#### Older Adults

#### Younger Adults & LD

1st Greyfriars Lodge

1<sup>st</sup> Harrogate Home Support

2<sup>nd</sup> Rivermead Care Home

2<sup>nd</sup> Amitola Communities

3<sup>rd</sup> Kirkwood Hall

3rd Camphill Village - Botton

4th Sycamore Hall

4th The Lodge

5th Eagle View Care Home

5<sup>th</sup> Brackenley









## Bowls

#### Older Adults

1st Sycamore Hall

2<sup>nd</sup> Kirkwood Hall

3rd Nightingale Hall

4th Rivermead Care Home

5<sup>th</sup> Berwick Grange

#### Younger Adults & LD

1<sup>st</sup> Amitola Communities

2<sup>nd</sup> The Lodge

3rd Sherbutt House

4th Harrogate Home Support

5<sup>th</sup> Cauwood Day Service







## Egg and Spoon Race

#### Older Adults

1st Sycamore Hall

2<sup>nd</sup> Kirkwood Hall

3rd Greyfriars Lodge

4th Ellie Sunrise Healthcare

5<sup>th</sup> Berwick Grange

#### Younger Adults & LD

1st Cauwood Day Service

2<sup>nd</sup> Harrogate Home Support

3rd Westbridge House & Eagle House

4<sup>th</sup> Amitola Communities and Sherbutt House

5<sup>th</sup> The Lodge









### Darts

#### Older Adults

#### Younger Adults & LD

1st Abbeyfield Society York 1st Cauwood Day Service

2<sup>nd</sup> Mossdale Residence Team 1 2<sup>nd</sup> The Lodge

3rd Abbey Lea Care Home 3rd Sherbutt House

4th Sycamore Hall 4th Brackenley

5th Greyfriars Lodge 5th Westbridge House & Eagle House









## Staff 100m Race

#### Older Adults

1st

#### Eagle View Care Home

2<sup>nd</sup> St Bernadette's

3rd Westwood Care Home

4th Berwick Grange

5th Greyfriars Lodge

#### Younger Adults & LD

1st Brackenley

2<sup>nd</sup> Sherbutt House

3<sup>rd</sup> Amitola Communities

4th Westbridge House & Eagle House

5<sup>th</sup> Cauwood Day Service







## Extra Awards

Irene at
Rambla Care
Home, aged
106 years
played darts
and scored 146.

Claire at
Avalon Group
for her
excellent
swimming.

Lisa a member of staff at Emmaus House walked an incredible 22513 steps in one day.

The Lodge, Deb would like to award her staff team for going above and beyond for their Olympics.







## Arts and Crafts Weekly Event





























## Hydration and Nutrition Weekly Event





































## Great Yorkshire Bake Off Weekly Event

























## North Yorkshire Sport Visits



Kirkwood Hall

Rachael from North Yorkshire Sport visited Emmaus House, Kirkwood Hall and St Cecilias, where residents were shown the New Age Kurling and Boccia equipment.

Rachael enjoyed her visits, listening to residents talk about their experience with physical activity and why it is important to be active.

Rachael thanked everyone for their involvement during her visits and wishes everyone the best of luck in the competition.



Emmaus House









The winners of the 2025 Olympics are...







# Older Adults Category





























Greyfriars Lodge

















## Kirkwood Hall



























Sycamore Hall







Our Older Adults runners up































# Younger Adults & LD Category

























Amitola Communities





























































## Our Younger Adults/LD runners up































## Older Adults Leaderboard

Place	Team
1	Sycamore Hall
2	Kirkwood Hall
3	Greyfriars Lodge
4	Rivermead Care Home
5	Ellie Sunrise Healthcare
6	Westwood Care Home
7	Mossdale Residence - team 1
7	Berwick Grange
8	Abbeyfield Society York
9	Eagle View Care Home
10	St Bernadette's

Place	Team
11	Nightingale Hall Care Home
12	Abbey Lea Care Home
12	New Lodge
13	Avalon Group - Golden Days
14	Emmaus House
15	Mossdale Residence - singles
16	Hambleton Grange
16	Knights Care Randolph House Care Home
17	Sowerby House
18	Rambla
19	Benkhill Lodge
20	Mossdale Residence - team 2









## Younger Adults & LD Leaderboard

Team
Sherbutt House
Cauwood Day Service
Amitola Communities
Harrogate Home Support
The Lodge
Camphill Village - Botton
Westbridge House and Eagle House
Brackenley Residential Home
Briardene
Avalon Group
Marina Lodge







## The Nursing Team Olympics

























## Congratulations to everyone who took part in this year's Olympics.

Promoting the importance of physical activity for everyone in our care.

We look forward to seeing you all again next year!