

Wednesday 17th September 2025

- **Social Care Market Updates**
- **Skills for Care Update** - Bethany Simmonds, Locality Manager
- **Introducing the NMC's Employer Link Service** - Nikki Meston, ELS Adviser (North East & Yorkshire)
- **Falls Prevention Week** – Carly Walker, Public Health Manager
- **NY&Y Care Provider Olympics 2025** – Kelly Pemberton, Associate Practitioner, Adult Social Care Nursing
- **Dates for Diaries**

Adult Social Care Recruitment Campaign

The next Department of Health and Social Care (DHSC) campaign launches on Monday 6th October, with activity running through to March 2026. The last campaign only ran for 2 months but had the highest recognition recorded since these campaigns have been running, with the apply now clicks hitting over 90k. One issue they did find however was that there wasn't as many jobs posted on the Department for Work and Pensions (DWP) website from providers as hoped. So that providers can benefit from this upcoming campaign, you can upload your jobs to **DWP Find a Job** and they will be live during the campaign period.

Below is a link to the guidance on how to upload a job:

<https://www.adultsocialcare.co.uk/include/documents/125/Find-a-Job-One-Page-PDF-Guide.pdf>

In addition, attached is some text to support the campaign, and a link to the resources available to promote the campaign here: <https://www.adultsocialcare.co.uk/recruit.aspx>



Skills for Care Update

17th September 2025

Bethany Simmonds

Locality Manager, Yorkshire, Humber and North East

Adult social care workforce survey



Have your say

The adult social care workforce survey is open to everyone working in care-related roles in the adult social care sector.

Working conditions, capacity and learning and development are some of the key challenges affecting care staff. The survey gives you the chance to speak openly and share your experiences to help shape improvements.

Real, positive change starts with those working on the front line. Please share the survey link with your teams so that every voice is heard.

- Complete the survey today - scan the QR code or visit ipsos.uk/ASCWorkforceSurvey
- Download our resource pack to help you share the survey www.skillsforcare.org.uk/ascworkforcesurvey



Care Workforce Pathway



Role categories and resources to help you use the pathway

Role categories	They describe	Supporting resources	Role categories in development for 25/26
New to Care Care or Support Worker Enhanced Care Worker Personal Assistant Supervisor or Leader Practice Leader Deputy Manager Registered Manager	Universal values Behaviours Knowledge and skills Learning and development	Guide to adopting the pathway Templates and checklists for how to approach implementation Job mapping template Skills self-assessments Careers conversations toolkit Development plan template	Nominated Individual Activities Coordinator Care/Digital Technologist *Corporate middle/senior managers *Quality assurance roles *ASC learning and development roles <small>* these roles will contain a lower level of detail than the full role categories</small>

Adult Social Care Learning and Development Support Scheme (LDSS)

Funding for training is available for you and your workforce

The LDSS scheme supports adult social care employers to invest in learning and development for their staff, by providing a financial contribution towards the costs of training. Up-to-date information, including guidance for employers and a list of courses and qualifications eligible for funding can be found on the [Government website](#)

The LDSS will continue to be administered by NHSBSA via the [online claims service](#)

Webinar: Making the most of funding for training in 2025–26

We were recently joined by DHSC and NHSBSA to share key information about accessing funding for staff training through the LDSS in 2025-26.

[Find out more and watch the recorded webinar](#)

[FAQs available](#)

Adult Social Care Workforce Data Set (ASC-WDS)

ASC-WDS is a free online service which helps you to manage your team and provides crucial information to decision makers

Benefits to your business

- Become eligible to claim LDSS funding for your staff
- Safe and free storage of staff records
- Manage training records
- Benchmark your workplace
- Access the ASC-WDS Benefits Bundle
- Make your voice heard!

Find out more: www.skillsforcare.org.uk/ascwds

Level 2 Adult Social Care Certificate (L2ASCC)



An accredited qualification designed to provide a baseline standard to care, reduce the need for repeat training and give recognition to our care workforce. Ofqual-regulated, requiring workplace assessment, completed in 6–8 months (or less), claim £1540 LDSS funding.

Find out more: www.skillsforcare.org.uk/CareCertificateQual

Updated August 2025: [Factsheets and FAQs for care providers, care workers and training provides](#)

Updated Care Certificate Standards

The Care Certificate Standards have been updated to align with sector developments and the introduction of the L2ASCC.

The standards define the knowledge, skills and behaviours expected of specific job roles in health and social care. They can be used to inform what information is covered during induction.

A self-assessment tool and an assessor and employer guide are available to support the standards. There is also a summary of the updates and a set of FAQs.

[See the updated standards](#)

Quality Assured Care Learning Service



A key part of selecting the right learning and development for your organisation is finding the right training provider and course/qualification

- Skills for Care is delivering DHSC's Quality Assured Care Learning Service (QACLS). This service will help you find high-quality learning and is intended to be a route to funding through the DHSC's Learning and Development Support Scheme (LDSS).
- On our website, you can access a [spreadsheet](#) of all the training providers, courses and accredited qualifications that have been quality assured through the new QACLS. Find out more about the [QA service for training providers](#).
- The Oliver McGowan Mandatory Training (Oliver's Training) on Learning Disability and Autism is quality assured through the QACLS. Funding to support Oliver's Training will be made available to the adult social care sector in Autumn 2025 through the LDSS, separate to the overall existing LDSS funding already available for other training and qualifications. Further details will follow in due course.

What would you like to see in a business skills programme?

Survey for managers

Last year Skills for Care carried out extensive engagement activity to identify gaps in training provision and priorities. As a result of this work business skills for managers in adult social care was identified as a key priority.

To help support the development of this, we would like to identify the most important topics you would like included in a business skills programme as well as how it should be structured and delivered.

Please could you complete our very short survey to share your views.

<https://online1.snapsurveys.com/SfCBusinessSkills25>



Upcoming events, seminars, webinars and programmes



RM webinar: AI – Starting small, growing smarter

Thursday 25 September 2025 | 10:00 – 11:00 | Online

In partnership with The Outstanding Society, this webinar is designed to support frontline managers to take their first steps into the world of artificial intelligence (AI).

Focusing on low-risk, practical ways to get started, explore how AI can support everyday tasks, reduce admin pressures, and improve decision-making — without the need for technical expertise or major investment.

[Register now](#)



Workforce planning: An overview of our resources for adult social care providers

Join our free webinar for an overview of Skills for Care's operational workforce planning resources for adult social care providers.

The session will:

- provide an overview of workforce planning
- explore Skills for Care's free workforce planning resources
- share best practice examples
- introduce Skills for Care's costed workforce planning seminars.

Monday 22 September 2025 | 13:00 – 14:00 | Online

Book via: bit.ly/OPWorkforcePlanningWebinar2025

State of the adult social care sector and workforce in England 2025 report

Available October 2025 – join us for a regional focus on our latest flagship data report

Thursday 23 October 2025 | 09:30 - 11:30 | Online

We'll dig into the data across England and provide you with a comprehensive analysis of the adult social care workforce at a local level.

You'll also have the opportunity to join a regional breakout room for a discussion on what the data is telling us in your area.

[Register for the event](#)

New preceptorship package to strengthen social care nursing workforce



Preceptorship programmes are a vital part of the support required to recruit and retain registered nurses and nursing associates who are new to the NMC register.

Join us for these free sessions where you'll pick up practical guidance and resources to run a successful preceptorship programme.

- [Preceptorship lead workshop](#) – for experienced nursing staff looking to lead on preceptorship | September, October and November dates available | 11:30 – 13:00
- [New to role preceptor workshop](#) - preceptorship role in practice | September, October and November dates available | three-hour workshop

The [Introduction to preceptorship](#) session for organisations took place on Wednesday 3 September and is available to watch.

Evidencing CQC safe and effective staffing through workforce planning



Join our seminar to meet CQC standards around safe and effective staffing through workforce planning.

The seminar will help you:

- define workforce planning and its importance
- utilise data to inform staffing decisions
- align staffing with CQC standards
- develop priorities based on workforce challenges
- leave with at least 20% of the initial workforce plan developed.

Wednesday 8 October | 09:30 – 15:00 | £250 + VAT | [Book now](#)

Preparing for change: exploring the Mental Health Act reforms

Wednesday 22 October 2025 | 10:00 - 16:00 | Manchester

At this in-person event, we'll explore how we expect the reforms will affect autistic people, people who have a learning disability, and their families, and the communities and the services that support them.

We'll hear from people who have experience of the Mental Health Act in their lives. There will be opportunities to explore how the reforms are likely to affect your work and to network with colleagues to get ready for the changes.

[Book now](#)

Creating a positive workplace culture seminar


Join our transformative seminar and learn how to create a workplace culture built on inclusivity, compassion, and collaboration.

This interactive session will give you the tools and confidence to foster a positive work environment.

Highlights include hands-on exercises with the Culture Iceberg model and positive culture toolkit, strategies to challenge and change workplace norms, and practical steps for enhancing team wellbeing and performance.

 Dates: Thursday 30 October

 Time: 10:00–15:30

 Cost: £250 + VAT per person

Register today www.skillsforcare.org.uk/CultureSeminar

Overview of the mandatory training requirement on learning disability and autism: What you need to know about the Code of Practice

Thursday 13 November 2025 | 14:30 – 16:00 | Online

Join us for this webinar as we share an overview of the Oliver McGowan Code of Practice, which outlines how Care Quality Commission (CQC) registered providers can meet the statutory training on learning disability and autism appropriate to their staffs' roles.

We will be joined by the Department of Health and Social Care and CQC, where we will explain what the Code of Practice covers, provide an overview of Oliver's Training, detail what support is available and describe how the CQC will use the Code of Practice and considering compliance with the learning disability and autism training requirement.

[Register now](#)

Recruit to retain

This programme offers practical, values-based strategies to strengthen recruitment, support staff development and reduce turnover.

Our three-day interactive programme provides practical tools and hands-on experiences to enable you to:

- Strengthen recruitment: attract top talent and create a strong pool of potential employees.
- Support staff development: empower your team with the skills and knowledge they need to thrive - and stay.
- Reduce turnover: create a positive and supportive work environment that retains your best people.

[Find out more](#)

Webinars to support your service



Our registered manager webinars cover a wide range of topics to support you and your service.

They are delivered to a live audience and recorded for further viewing. The [webinars](#) are between 30-60 minutes long and are supported with resources and additional information.

Our new recorded webinars include:

New managers: What resources and support is available | [Watch now](#)

Discover how we can support you in recruiting and developing your staff, explore support available to help you effectively lead your organisation and identify ways to further your own development.

Managing risk: Good and best practice approaches for CQC regulated providers | [Watch now](#)

Explore how residential, homecare, and learning disability/autism services manage risk in their day-to-day operations. It focuses on key areas such as managing risky behaviours, supporting people with fluctuating capacity, and respecting unwise decisions, while providing practical strategies for involving people in decisions about their own safe care.

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[Find out more](#)

Networks



Registered Manager Networks in your area



They offer the opportunity to share best practice in a safe space and discuss experiences, challenges and solutions around personal support you may need, support around quality, leadership and learning and development

Bradford, covering Bradford and Craven area

☐ Next meeting: 24 September

Dales, covering Hambleton & Richmondshire area (In Person)

☐ Next meeting 11 November

Harrogate, covering Harrogate, Knaresborough & Ripon (In Person)

☐ Next meeting 23 September

Scarborough & District, covering Scarborough, Whitby, Ryedale and Filey (Virtual)

☐ Next meeting 25 September

York and Selby (Virtual)

☐ Next meeting 18th November

**96% of managers
would recommend
joining their
registered manager
or deputy manager
network**

2024/25 network attendee
survey

If you are interested in joining any of these networks, please contact:
Nichola.Greenwood@skillsforcare.org.uk

Registered manager membership



Skills for Care is the award-winning membership organisation for registered managers.

Through membership, we support managers to develop best practice and knowledge, keep up-to-date with sector developments and share ideas with peers.

Membership benefits include:

- printed copy of our 'Social care manager's handbook'
- monthly newsletter including practical information and guidance
- access to Good and Outstanding care guide: Single Assessment Framework version and 34 Quality Statement recommendation checklists
- exclusive annual resource when you renew your membership
- the chance to train to become a mentor or receive mentoring.
- ...plus much more

Become a member for £35 per year.

[Find out more about our award-winning registered manager membership](#)



Join our dedicated forums and networks exclusively for nursing workforce leaders and nurses

Nursing Workforce forum

Tuesday 16 September | 14:00 - 15.30 | Online

This forum is for nursing workforce leaders in social care wanting to hear about practice innovation, CPD and career opportunities, how to contribute to national policy development, and networking with other providers and stakeholders.

Nursing Education forum

Wednesday 17 September | 14:00 - 15.30 | Online

Are you invested in increasing social care opportunities within nursing education and practice learning? In this forum you can influence from a care provider perspective, ensuring our future nursing graduates have a positive and rewarding experience of social care.

Social Care Network for Students and Early Career Nursing

We've launched this network in partnership with the Council of Deans of Health. If you're a care provider hosting students or an employer of newly qualified nurses and nursing associates, please encourage them to get involved. It is a great opportunity for peer support and hearing from others to understand local and national nursing policies.

**If you're interested in joining any of our forums or networks,
Find out more and complete the expression of interest form.**

www.skillsforcare.org.uk/JoinTheNursingCommunity



Join our new Global Majority Nursing network

For registered nurses and nursing associates from a diverse background working in social care

Monday 22 September | 10:00 - 12.00 | Online

This network aims to provide registered nurses and nursing associates with a place to address the challenges faced by the workforce and focus on supporting the sector to ensure there are opportunities for strategic leadership in nursing.

They'll have the opportunity to:

- take part in breakout group discussions
- network and share experiences
- explore opportunities to access leadership development
- access training on dealing with difficult situations.

Please share this opportunity with registered nurses and nursing associates from a diverse background.

www.skillsforcare.org.uk/JoinTheNursingCommunity



Nominated individuals / CEO networks



Nominated individuals, CEOs and other senior leaders play a critical role in the provision of high-quality, person-centred care.

NI / CEO networks

Our networks provide a space for meaningful strategic collaboration with other leaders, managers and stakeholders to discuss the implications of national, regional and local strategies and opportunities for providers and their workforce. [Find out more](#)

Nominated individuals' handbook – a practical guide

This handbook looks at key aspects of the NI role and shares top tips so you can continue to provide high-quality, person-centred care to the people you support. [Download your free copy](#)

Nominated individuals – Annual national event

Thursday 27 November | 13:30 – 15:30

This will be our fifth national event for nominated individuals, which will cover key sector developments and updates.

Save the date – booking details coming soon...

Deputy manager networks

These networks are specifically for deputy managers, team leaders and assistant managers

- Virtual meetings facilitated by a Skills for Care Locality Manager.
- Great opportunity for deputies to meet the challenges they face in their day-to-day work.
- Opportunity to build connections and a peer supportive network.
- Facilitate the sharing of best practice and learning.

New meetings dates for the networks are available on the website.

Find your local deputy manager network:
www.skillsforcare.org.uk/deputymanagers

**Next Meeting:
7th October 2025**

Further support and resources

For registered managers and frontline managers



Size and structure report

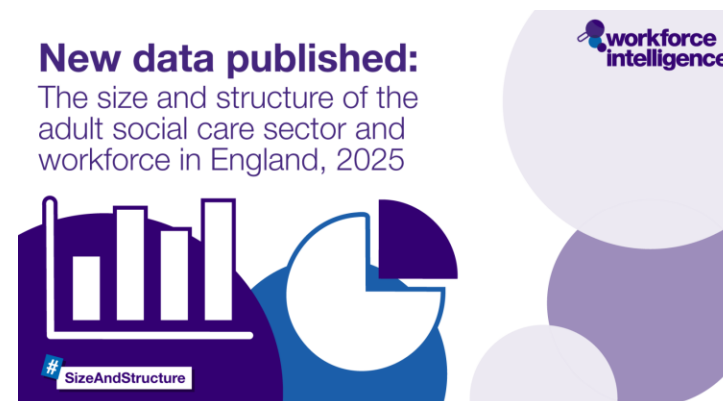


Skills for Care has launched its annual 'Size and structure of the adult social care sector and workforce in England' report

Key findings include:

- The report found that the adult social care sector has continued to grow between April 2024 and March 2025, despite a significant fall in the number of international recruits.
- The new figures show that the vacancy rate for 2024/25 fell to 7%. This was a return to similar levels seen prior to 2021/22, when the rate had peaked at 10.5%. The number of filled posts grew by 3.4% to 1.6 million.
- It's now estimated that there are 1.47m people working in adult social care in England.

[Take a look at the report](#)



CQC seminars and eLearning



Learn how to meet or exceed CQC expectations or recover from falling below CQC standards with our seminars and eLearning modules.

Whether you are preparing for your first assessment, striving to deliver outstanding care or needing to improve, we can help with our full-day seminars which cost £250 + VAT:

- **Being prepared for CQC assessment** | [Book now](#)
- **Delivering outstanding care** | New dates coming soon...
- **Improving your CQC rating** | [Book now](#)

You can also look at our range of [eLearning modules](#) to help you understand what is expected of your service and how you can best evidence these expectations. Each module costs £40 (which can be claimed back through LDSS).

eLearning module: Ten public health tips for social care workers

A free learning module tailored specifically for people who work in adult social care.

It offers practical guidance on how your practice relates to public health approaches and how to further integrate these approaches into your day-to-day work, building on the knowledge you already have.

Key topics include preventing illness, promoting wellbeing and mental health, and supporting healthy aging. Completing the module will enhance the quality of care for those you support and deepen your understanding of public health.

[Find out more](#)

Learning from accidents and events eLearning



This interactive module is designed to support managers and leaders in all adult care settings carry out learning reviews that bring people together to holistically explore an adverse event or near miss.

Learning reviews allow teams to explore different perspectives and create a positive action plan that supports individuals and seeks to avoid repeat incidents.

Through the 35-minute digital learning module you'll:

- discover what learning reviews are, why they're needed and how they can help you
- learn how managers can move from completing reviews at an individual level to involving the wider team
- find practical tips for embedding learning reviews into your working environment.

The cost per module is £40 - discounts are available and the cost can be claimed back through LDSS.

[Find out more](#)

Introductory modules for managers

11 eLearning modules to develop skills in leadership, succession planning and developing future talent

- Leading and managing in adult social care
- Supporting and developing teams
- Regulation and governance
- Effective communication
- Working with partners
- Leading a person-centred service
- Safeguarding and mental capacity
- Making decisions
- Managing resources
- Learning and innovating
- Personal development and wellbeing

The cost per module is £40. Discounts are available and the cost can be claimed back through LDSS.

10% discount for ASC-WDS account holders

National induction for health and social care



Skills for Care and NHS England have created free-to-access induction materials for anyone new to a role in health and social care

The 'National induction for health and social care' brings together virtual learning modules and resources to equip new starters with a clear understanding of health and social care, helping to build a sense of belonging and support retention.

It introduces different subjects important to social care, such as how to deliver personalised care, why we have regulation, what roles we might come across in our work and what they do.

All content is available online to use as part of your induction or as a refresher for existing staff, alongside your organisation specific induction.

[Find out more](#)

Free-to-access, bitesize digital eLearning modules

Designed to support people working in adult social care to gain knowledge and understanding on how digital, data and technology is used in the sector.

The titles and themes of the seven modules are:

- using technology to support person-centred care
- technical skills in using technology
- communicating through technology
- using and managing data
- being safe and secure online
- ethical use of technology
- digital learning, development and wellbeing.

[Learn more about the eLearning modules](#)

Our Resources **Free to access now!**



Medicines Management Resources

[Visit the webpage](#)



LGBTQ+ Learning Framework

www.skillsforcare.org.uk/LGBTQFramework



Resources to support culturally appropriate care

www.skillsforcare.org.uk/CulturallyAppropriateCare



Guide to improvement

[The guide is free and can be downloaded now](#)



Safer Employment Guide

[View the safer employment guide](#)



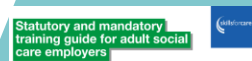
Training resources to help support personal relationships

[Find out more](#)



Statutory and mandatory training guide for adult social care employers

[Find out more](#)



Workforce strategy top tips

Access the [practical guide](#) here

A Workforce Strategy
for Adult Social Care in England

Our Resources **Free to access now!**



Developing new managers and deputies

[Visit the webpage](#)



Good to Outstanding Online Inspection Toolkit (CQC Single Assessment Framework Version)

[Access the inspection toolkit here](#)

Supporting the development of leadership skills

[Access here](#)



Digital Technology in Social Care

[Access the webpage here](#)



Effective Supervision

[Find out more](#)



Guide to developing your staff

[Access the webpage here](#)

Nominated individuals' handbook – a practical guide

[Download your free copy](#)

Share your experience



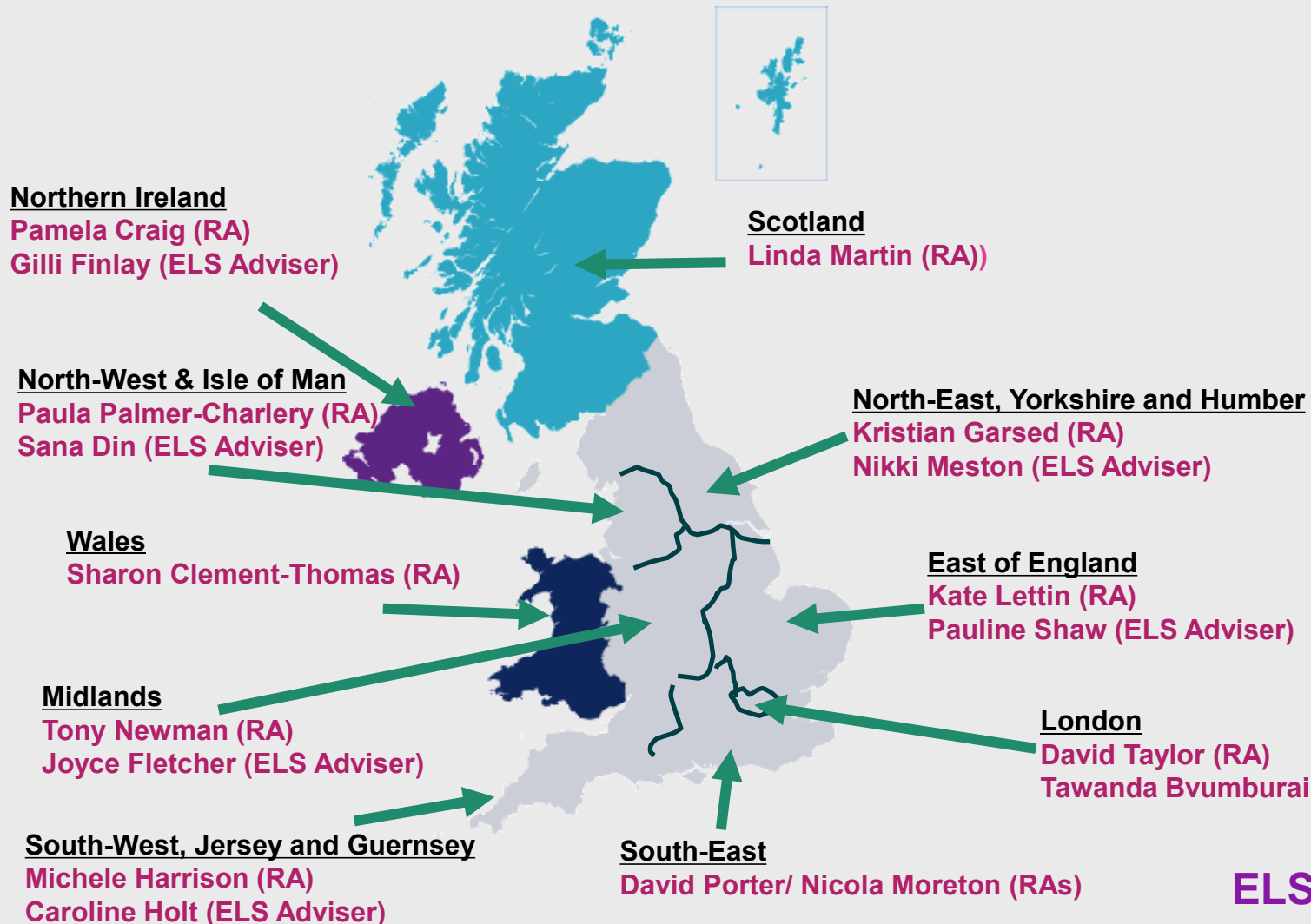
We're looking for case studies, quotes or potential speakers

- **DHSC initiatives:** including Care Workforce Pathway, the L2 Care Certificate qualification or the Learning and Development Support Scheme.
 - Help DHSC initiatives achieve maximum impact and ensure continued positive interventions.
- **Impact of Skills for Care:** tell us how Skills for Care's networks, resources or support have positively impacted your service.
 - Help evidence the value of Skills for Care and ensure continued support.
- **Good practice examples:** in workforce development, recruitment and retention, the use of digital technology, staff wellbeing support or delegated healthcare activities and prevention.
 - Help others learn from your experience and enhance quality and reputation of adult social care.

Introducing the NMC's Employer Link Service



Employer Link Service Team



Assistant Director, National & Regional Outreach: Kellie Green

Head of Strategic Delivery – National & Regional Outreach PJ Mansell

Principal Regulation Adviser Mark Brooke
Principal Regulation Adviser Linda Kenward

Regulation Adviser Independent Health & Care
Loucia Kyprianou

Outreach Office Manager Sarah-Jane Marshall

Employer Link Officers:

Dale Cooper
Dillon Rose
Stella Scott
Charlotte Sharrock

ELS Advice Line: 0207 462 8850
E: employerlinkservice@nmc-uk.org

Who we engage with:

- Employers of nursing and midwifery professionals across the UK
- Professionals on our register
- Health and Social Care Stakeholders across the UK

Our support and collaboration includes:

- Advice to employers when concerns arise in relation to someone's practice so that where necessary, we receive the right referrals at the right time
- Encouraging robust local investigation, performance management and clinical governance in line with best practice guidance: [managing concerns resource for employers](#)
- Promoting the importance of professionals feeling confident about speaking up, knowing they'll be supported and treated fairly through local policies that promote a culture of openness and learning, not fear and blame
- Using insights to build greater understanding of the varied landscapes within which our professionals deliver care
- Participating in local and national health and care sector forums, sharing information to improve safety, quality and address risks.

Employer Link Service (ELS) Advisers

- ELS is an established team, and our Regulation Advisers work with all NHS organisations across the UK.
- We have now expanded the team to include 7 new ELS Advisers who will work specifically with independent health and care providers and stakeholders.
- Our Advisers work within regions across England and Northern Ireland alongside a national Regulation Adviser that has responsibility for independent health and social care.

Role of ELS Advisers

- The support and resources available at the NMC may not be widely known amongst the independent health and social care sector. We are committed to raising awareness of:
 - the NMC'S core role and functions
 - our advice line and managing concerns resource
 - our range of tools and resources designed to support professionals and their employers
 - opportunities for the voice of health and social care to be heard in our core workstreams.
- Support the NMC's ambition to develop a deeper understanding of the variety of learning and care environments across the UK

Our support to employers and professionals includes:

Deliver key professional regulatory messages through a range of learning sessions;

- An overview of the NMC and fitness to practise process
- Record keeping
- Accountability and delegation
- Introducing the NMC to nursing and midwifery students
- Preceptorship
- Welcome to UK Practice for Internationally Educated professionals

ELS Advisers and Independent Health and Social Care

The professionals we regulate form the largest part of the health workforce and a critical part of the social care workforce.

They are vital to people and communities across the UK. They're currently under overwhelming pressure and need effective professional regulation.

2025-2026 NMC Corporate Plan

Stay in touch

Have you signed up for one of our regular newsletters yet?

You can do it now: [NMC Newsletters](#)

Employer advice line: 0207 462 8850

employerlinkservice@nmc-uk.org

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linkedin.com/company/the-nursing-and-midwifery-council

Thank you for your time

**Should you have any queries, please
contact nikki.meston@nmc-uk.org**



Falls Update

NICE Guidance

[Overview](#) | [Falls](#) | [Quality standards](#) | [NICE](#)

Why is falls prevention important?

'It takes a child one year to acquire independent movement and ten years to acquire independent mobility. An old person can lose both in a day'

Professor Bernard Isaacs in The Challenge of Geriatric Medicine, 1992.

- One in three people aged over 65 has at least one fall each year
- Half of those aged over 80 have at least one fall each year
- One in five people who have had a hip fracture will enter long-term care during the year following the injury
- Falls are the commonest cause of death from injury for those aged over 65
- Significant cost: estimated at £4.4 billion in the UK each year, of which £1.1 billion is social care costs
- But there are **effective, evidence-based interventions to reduce the risk of falls and fracture**

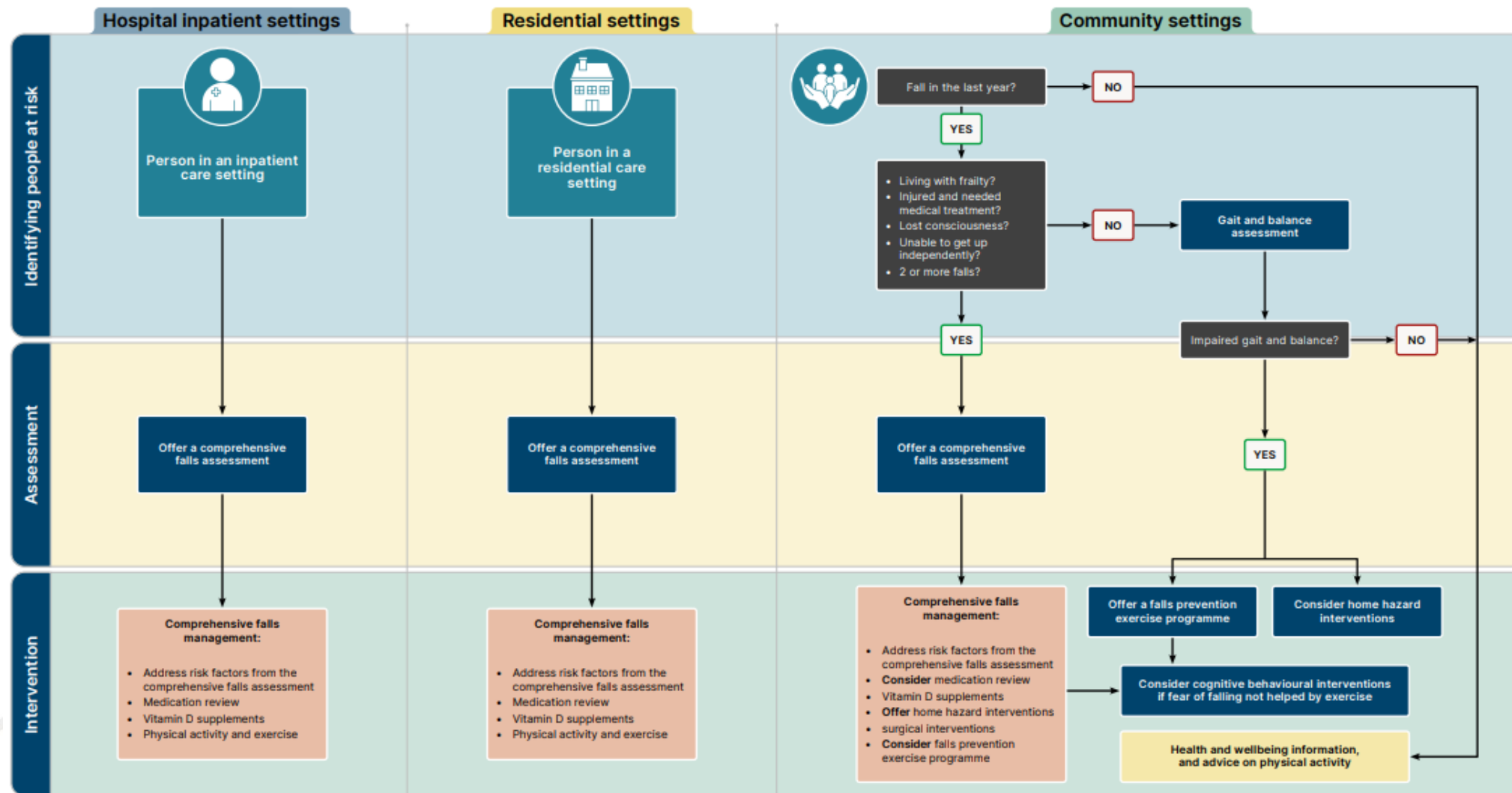


Falls in older people: assessing risk and prevention

This infographic covers people who are:

- Aged 65 or over, or
- Aged 50 to 64 with 1 or more factors that could increase their risk of falls

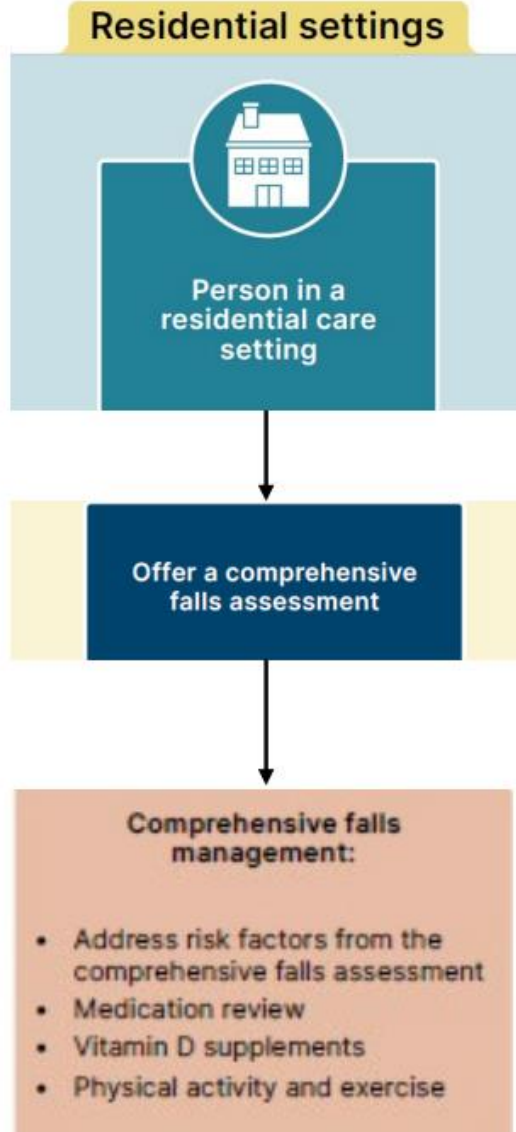
Factors that could increase the risk of falls include long-term health conditions that impact on a person's daily life, such as arthritis, dementia, diabetes or Parkinson's disease; and living with a learning disability.



In all settings:

- Maximise ongoing participation in falls prevention interventions
- Provide information and education for people receiving falls assessments or interventions

What does this mean for residential care settings?



No risk stratification indicated

Carry out **comprehensive assessment** of all residents aged over 65 or aged 50-64 with 1 or more factors that could increase their risk of falls

Interventions

1.3.20: Interventions **tailored to address** any fall risk factors identified in the comprehensive assessment.

1.3.21: **Medication review**

1.3.22: Review, discuss and plan **withdrawal of psychotropic** medications. Consider discussion with mental health services

1.3.23: Follow NHS advice on **vitamin D** supplementation

1.3.24: Encourage people to **remain active**

1.3.25: **Exercise programme** to address the persons risk of falls

Who should receive comprehensive assessment?

- ALL hospital inpatients aged 65 or over
- Hospital inpatients aged 50-64 with 1 or more factors that could increase their risk of falls
- ALL residents of care homes (residential and nursing) aged 65 or over
- Residents of care homes aged 50-64 with 1 or more factors that could increase their risk of falls
- Community dwelling people aged 65 and aged 50-64 with 1 or more factors that could increase their risk of falls who:
 - 2+ more falls
 - Fall with injury that requires medical attention
 - Unable to get up
 - Loss of consciousness
 - Living with frailty

Comprehensive assessment

- Alcohol misuse
- Cardiovascular examination (including a lying and standing blood pressure test).
- Cognition and mood
- Delirium
- Diet, fluid intake and weight loss.
- Dizziness
- Footwear and foot condition.
- Functional ability and concerns about falling.

- Gait, balance and mobility, and muscle strength assessment.
- Hearing impairments.
- Long-term conditions that affect the person's daily life
- Medication review.
- Neurological examination.
- Osteoporosis risk assessment
- Urinary continence.
- Visual impairments.

Community settings

Health and social care practitioners (such as doctors, GPs, nurses, practice nurses, pharmacists, district nurses, physiotherapists, occupational therapists and social workers) ask people aged **50 to 64 with 1 or more factors** that could increase their risk of falls and people aged **65 or over** attending for appointments and assessments whether they have fallen in the last year; about the frequency, context and characteristics of any falls, including whether they were injured or lost consciousness and whether they were able to get up independently.

*Factors that could increase the risk of falls include long-term health conditions that impact on a person's daily life such as arthritis, dementia, diabetes or Parkinson's disease; having had a stroke; and having a learning disability.

What does this mean for community settings?

Who needs comprehensive assessment?

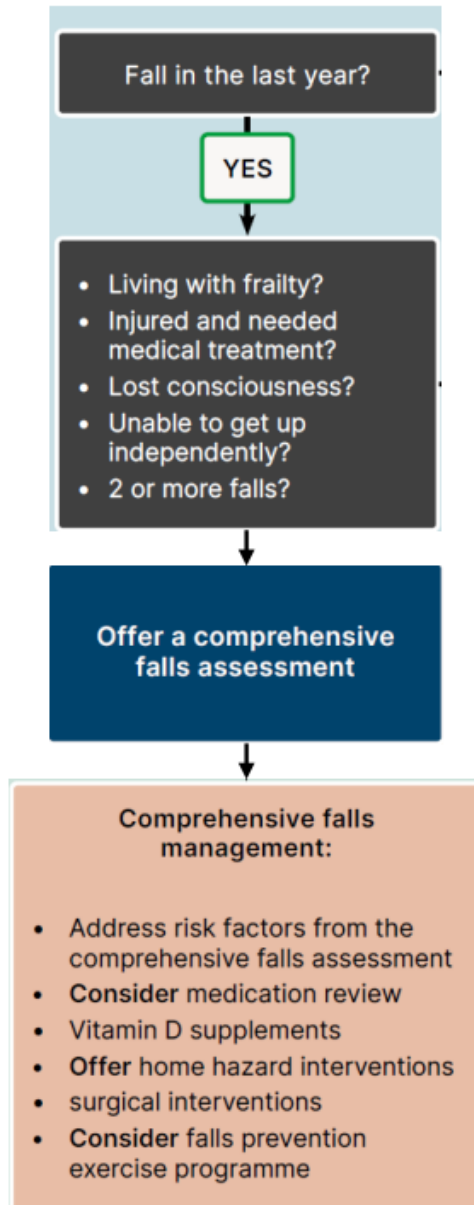
Step 1:

- Opportunistic question about falls: **FALL IN THE LAST YEAR**

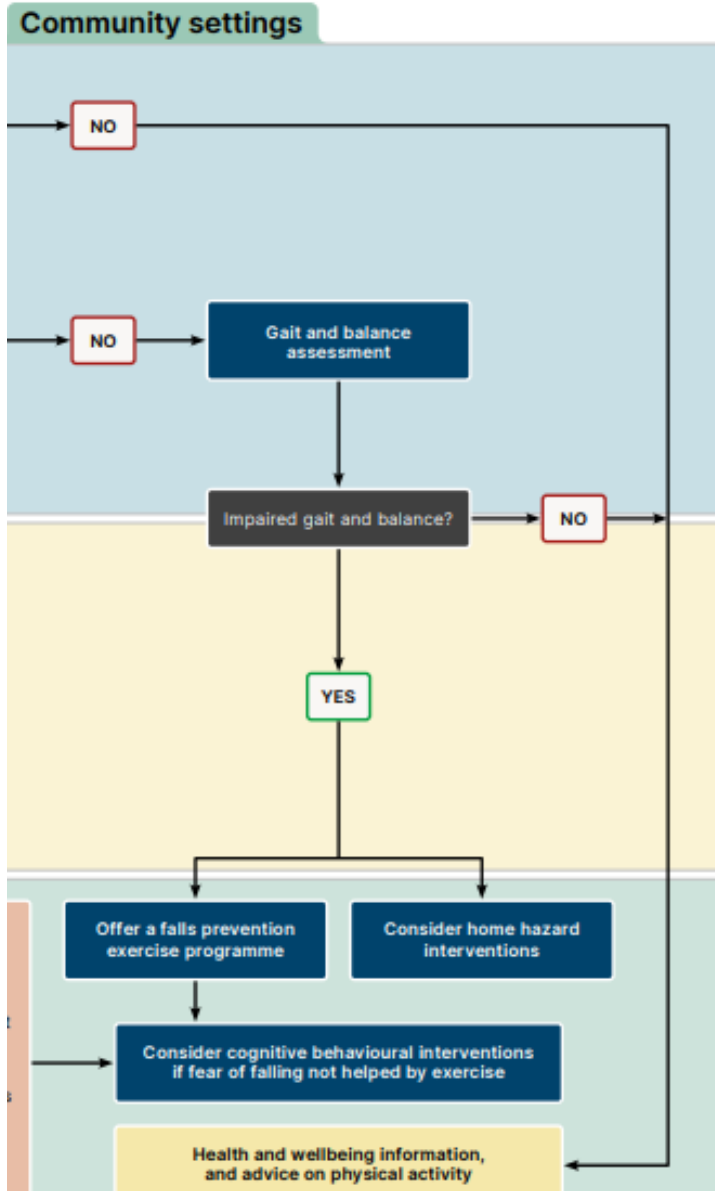
Step 2:

- Ascertain if the person is:
 - Living with frailty
 - Had a fall-related injury that needed medical or surgical care
 - Lost consciousness
 - Could not get up independently within 30mins of the fall
 - Two or more falls in the past year

Those with one fall and balance impairments should be directed straight to exercise / HHA&M



Community settings



- For people who have fallen in the last year and who do not have any of the criteria for comprehensive falls assessment and comprehensive falls management, assess their gait and balance (this can be carried out in the same service or involve an appropriate referral).
- If impaired gait and balance offer falls prevention exercise and consider home hazard assessment
- Falls prevention exercise programmes should:
 - be delivered by appropriately trained professionals
 - be progressive and tailored to the person's specific needs, preferences, goals and abilities
 - focus on functional components related to the person's risk of falls, such as balance, coordination, strength and power
 - include regular exercise progress reviews
 - be delivered in such a way, including duration of programme, to bring about behaviour change related to physical activity and sedentary habits

Enhanced Health in Care Homes Framework

– Best Practice

- Implement Action Falls (Logan et al, 2021). Falls risk assessments are part of the comprehensive assessment in the nationally commissioned EHCH model. The [World Falls Guidelines 2022](#) recommend that all people living in care homes should have a [multi-factorial falls risk assessment](#), and this and the [NICE CG161](#) make recommendations for what this should include. Action Falls is a comprehensive multifactorial falls risk assessment and action planning tool, designed with and researched in care homes in England.
- People living in care homes are encouraged to remain physically active to maintain and/or improve their physical conditioning, and have access to local falls specialist services.
- Care home staff are trained in frailty, falls prevention and management, and personalised physical activities (including advice on muscle strengthening and balance activities), and work with the MDT, VCSE or other partners to support personalised exercises. Some of this training can be accessed online (eg [React To Falls: Training resources for care home staff](#); [All Our Health: Falls and fractures](#)).
- The MDT is proactively engaged in supporting the care home staff to manage all identified falls risks in collaboration with the people living in care homes and their loved ones.
- Every care home has policies and procedures in place to determine how falls will be assessed and managed, aligned with [NICE guidelines](#): how to get a person who has fallen up from the floor, how to use mechanical lifting aids, and [when to call for additional support/advice](#) from community falls team/urgent community response before 111/999 (unless calling 999 is the most appropriate action).
- Care homes have access to post falls assessment tools (eg iSTUMBLE and HelpFall) and mechanical lifting aids (eg lifting cushions/chairs and hoists).
- An individualised falls prevention plan supports care home staff to ensure the safety of the person; this is linked to the person's PCSP.

Feedback

- What are the key issues around falls in care homes currently? (Preventing and responding to falls)
- What support do care settings need?
- Please contact carly.walker@northyorks.gov.uk


More information/further support

[Enhanced health in care homes framework \(falls section\)](#)

[React To Falls - Best Practice in Managing Falls for Care Home Residents | React To](#)

Nursing team: continue to provide falls prevention training alongside other packages which compliment in reducing falls risk hnyicb-voy.yorkplacequalitynursingteam@nhs.net





2025 North Yorkshire and York Care Provider Olympics



The fourth Olympics competition has been fantastic. Over 50 providers entered, including colleagues from our North Lincolnshire providers.

We have introduced more medal events this year and three weekly events, which have been well received by everyone.

The Nursing Team would like to congratulate everyone who took part in this years Olympics, whether you entered the competition and submitted your scores on to the leader board or held your own event and enjoyed activities with residents, staff and friends, thank you for taking part.

We have enjoyed visiting providers and joining in the fun with residents. The time and effort staff put into their events is truly remarkable.
Great work everyone!

The aim of the Olympics



Celebrate the importance
of physical activity to
health and wellbeing
within our sector

Showcase creative and
innovative activities, and
share best practice
between providers



Share resources and local
opportunities to get
moving

Highlight the role of
personalised care and how
we can tailor activity to
the different abilities and
wishes of residents in our
settings





Each team that entered the competition has been awarded a certificate of participation. We also awarded teams who placed in the top 5 for each medal event, and to those who took part in the weekly events.

Well done to everyone!





Extra Awards

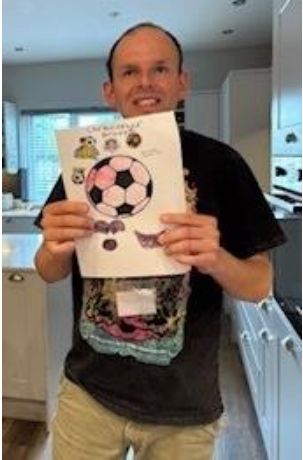
Irene at
Rambla Care
Home, aged
106 years
played darts
and scored 146.

Claire at
Avalon Group
for her
excellent
swimming.

Lisa a member
of staff at
Emmaus House
walked an
incredible
22513 steps in
one day.

The Lodge, Deb
would like to
award her staff
team for going
above and beyond
for their
Olympics.

Arts and Crafts Weekly Event



Hydration and Nutrition Weekly Event



Great Yorkshire Bake Off Weekly Event



North Yorkshire Sport Visits



Rachael from North Yorkshire Sport visited Emmaus House, Kirkwood Hall and St Cecillas, where residents were shown the New Age Kurling and Boccia equipment.

Rachael enjoyed her visits, listening to residents talk about their experience with physical activity and why it is important to be active.

Rachael thanked everyone for their involvement during her visits and wishes everyone the best of luck in the competition.





Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL

NHS

Humber and
North Yorkshire
Integrated Care Board (ICB)



The winners of the
2025 Olympics are...



Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)

Older Adults Category



Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)



Greyfriars Lodge





Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL

NHS

Humber and
North Yorkshire
Integrated Care Board (ICB)



Kirkwood Hall



Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)



Sycamore Hall

Our Older Adults runners up





Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)

Younger Adults & LD Category



Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)



Amitola Communities



Humber and North Yorkshire
Health and Care Partnership

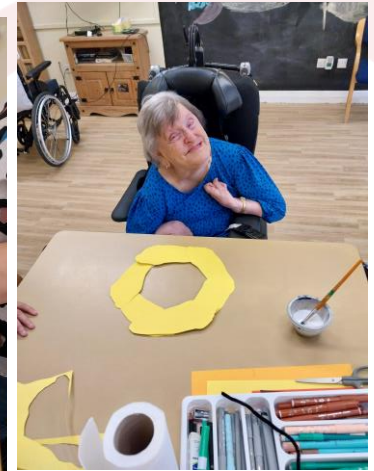
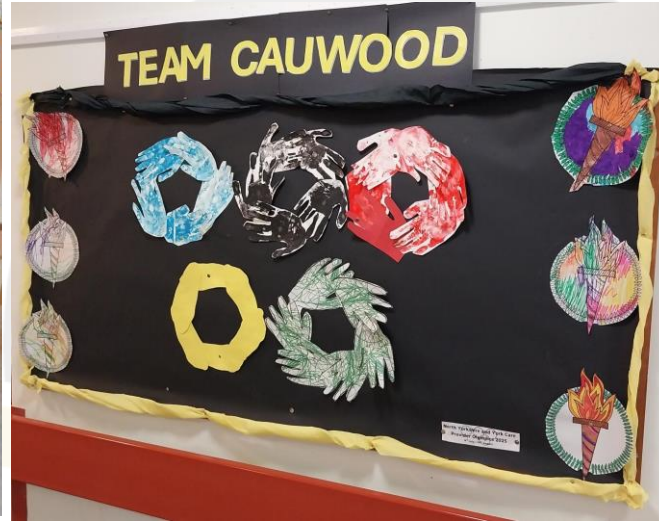
North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)



Cauwood Day Service



Sherbutt House

Our Younger Adults/LD runners up



The Nursing Team Olympics





Humber and North Yorkshire
Health and Care Partnership

North
Yorkshire
Sport.



NORTH
YORKSHIRE
COUNCIL



Humber and
North Yorkshire
Integrated Care Board (ICB)

Congratulations to everyone who took part in this
year's Olympics.

Promoting the importance of physical activity
for everyone in our care.

We look forward to seeing you all again next year!

NORTH YORKSHIRE SPECIALIST CARE BULLETIN

ONE YEAR ON



WHERE WE STARTED



In September 2024, we kicked off our specialist care commissioning work in North Yorkshire with a series of engagement sessions. We wanted to know **what's working, what's not, and where we need to get to**. It was a chance to listen, reflect, and begin shaping a shared vision for how we support people with specialist care needs across the region. The conversations were open, honest, and a vital first step in building a more responsive and inclusive approach to care.

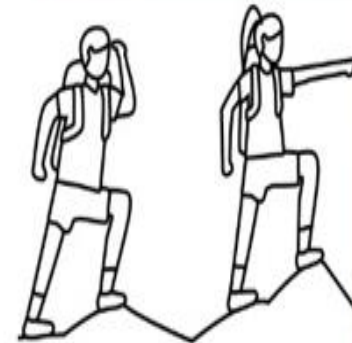
“ VOICES THAT SHAPE OUR MODEL

I want to know who to contact and how to get help without having to fight for it.

We want services that are person-centred, not one-size-fits-all.

WHAT WE'VE ACHIEVED

We held engagement sessions with council and health colleagues, care providers, parents, and carers. These shaped North Yorkshire's unique 'I' and 'We' statements and led to co-producing a clear definition of specialist care. Together, we've identified who the model aims to support and identified the requirements for the model, underpinned by shared principles and values.



WORKING TOGETHER

We've forged strong, collaborative relationships with health and social care colleagues, and care providers through focused working sessions. Each partnership group—from the task and finish group to the steering group and overarching governance group—works together with clear roles and expectations. Importantly, all voices are heard and able to influence the work, ensuring a truly inclusive approach to shaping specialist care in North Yorkshire.

NEXT STEPS

We will be exploring key topics such as pricing structures, workforce development, and specialist training to strengthen the specialist care model. We're also planning further engagement with people who use services, ensuring their experiences and insights continue to shape the work. **If you're not yet part of the steering group and would like to be involved, please reach out using the contact details below.** Thank you for your continued interest and support in developing specialist care across North Yorkshire—we truly value your contribution.



HASservicedevelopment@northyorks.gov.uk
to join the steering group



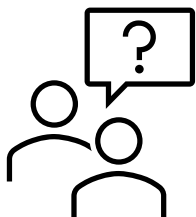
CARE 
CONNECTED

Service Development Home Based Support Provider Forums

The Service Development Team will be launching a new Provider Forum for Home Based Support Providers on **Thursday 25th September 2025 at 10:00am – 11:30am.**

Aims:

- Specific focus on Home Based Support Services and the Independent Sector Care Market
- Partnership and Peer Support
- Sharing innovation and good practice
- Problem solving issues and concerns



We would like you to tell us what you would find helpful to be included in the Forums.

Please email us with your thoughts and suggestions and to book a place: hasservicedevelopment@northyorks.gov.uk

CARE 
CONNECTED

Key Contacts – North Yorkshire Council

North Yorkshire Council website [Home | North Yorkshire Council](#)

Quality Team: HASQuality@northyorks.gov.uk

NYV HAS Contract Team: HASContracting@northyorks.gov.uk

North Yorkshire Partnership website: [Care Connected | North Yorkshire Partnerships \(nypartnerships.org.uk\)](https://careconnected.northyorks.gov.uk)

NYC Approved Provider Lists for Adult Social Care – FAQs, Webinars can be found [here](#)

Public Health dph@northyorks.gov.uk

Service Development: HASSservicedevelopment@northyorks.gov.uk

Jo Holland - joanne.holland@northyorks.gov.uk

Training available NYC, PHE & NYSAB:

<https://safeguardingadults.co.uk/> & <https://www.nypartnerships.org.uk/phtraining>

Workforce

Make Care Matter www.makecarematter.co.uk



Key Contacts and Information – City of York Council (CYC)

Integrated Commissioning team: IntegratedCommissioning@york.gov.uk

If you require further assistance, call: 01904 55 4661

Brokerage Hub: Hub.IntegratedCommissioning@york.gov.uk

Transformation and Service Improvement team: asctransformationteam@york.gov.uk

Adult Social Care Community Team:

Telephone: 01904 555111, Textphone: 07534 437804

Email: adult.socialsupport@york.gov.uk

CYC Adult Social Care information: <https://www.york.gov.uk/AdultSocialCare>

2023-25 Market Position Statement: <https://www.york.gov.uk/ShapingCare>



Key Contacts – Health and Adult Social Care

NHS Humber and North Yorkshire ICB: hnyicb-voy.yorkplacequalitynursingteam@nhs.net

iCG: John Pattinson johnpattinson@independentcaregroup.co.uk To join the iCG [click here](#)

Heather Bygrave- Relationship Team Manager Immedicare hbygrave@immedicare.co.uk

Dreams Team - dreamsteam@eastriding.gov.uk

Skills for Care: [Home - Skills for Care](#)

Training available

IPC [Home - Infection Prevention Control](#)

NHS Humber and North Yorkshire ICB- [Training and Development Opportunities](#)

Digital Update Newsletter sign up - [Newsletter Signup - Digital Social Care](#)

Workforce

Skills for Care <https://www.skillsforcare.org.uk/Recruitment-retention/Recruitment-and-retention.aspx>

Department of Health & Social Care <https://www.adultsocialcare.co.uk/home.aspx>

The DHSC social care reform [Homepage -](#)

Workforce wellbeing resource finder: [Wellbeing resource finder](#)

