



North Yorkshire and York Care Provider Olympics 2025 Bulletin

22ND AUGUST 2025

The 2025 Care Provider Olympics is coming to an end on Sunday and what a competition it has been. Over 50 providers far and wide took part in this fantastic competition to enjoy a range of activities, promote physical activity and to have fun with others. The new weekly events have been well received and everyone has enjoyed getting creative, keeping hydrated and baking yummy treats.

Congratulations to everyone who took part in this year's Olympics, you should all be very proud of what you have achieved.

The Adult Social Care Nursing Team have been busy visiting many providers over the 6 weeks and have thoroughly enjoyed our visits. It is remarkable to see the efforts and hard work staff go to, to make the event the best they can for their residents, adapting to their individual needs and working together as a team to make it possible. And for that, we thank you all!

We are also grateful to North Yorkshire Sport for visiting providers again this year and working with residents to learn new equipment and to keep moving. Rachael has shared some lovely words about her visits to share in the bulletin, see page 2.

Please submit your scores no later than 29th August to be entered on to the Olympics leader board. Please use the scoring spreadsheet template which can be found on our [website](#). If you have any questions please contact Kelly via email hnyicb-voy.yorkplacequalitynursingteam@nhs.net

The closing ceremony will be held on Friday 26th September via MS Teams. An invitation will be sent to everyone who entered the competition.

If you would like an invitation please email the Nursing Team to be added to the Teams invitation.

I had the pleasure of attending three of the care home Olympics during this competition, each care home offered something special.

Those at Emmaus House got stuck in with the New Age Kurling and Boccia. Even though these were new games to many, they put on a great and competitive game, especially in the Kurling with many shots landing right in bullseye!

Kirkwood Hall blew me away with their professional Kurling skills, telling me they already have some Kurling equipment and play monthly! It was so inspiring to hear and watch the residents encouraging each other with the Kurling, giving each other advice on their shots. It was also lovely to hear residents talking about their experience with physical activity, and why it is important to be active.

My final visit was with Saint Cecillas, where we had Boccia in one room and New Age Kurling in another room. There was nearly full engagement from the residents (and staff!), and a general interest to get their own Kurling kit.

It was lovely to see everyone smiling and having fun whilst playing the games! I'd like to say a very warm thank you to everyone who got involved during my visits, and good luck in the games!

Rachael



The Lodge have thoroughly enjoyed their sporting event.

Deb said "Everyone was in good spirits and their determination to be their absolute best was amazing. Please could you give a huge thank you to the staff team, they have gone above and beyond from start to finish. The artwork, the hydration, thinking outside the box for additional things to complete in. They did a warmup routine, The hacker (New Zealand all blacks) Olympic swim, pool tournament, penalty shootout, Henry hoover balls for our not so able gentleman.

They are truly special people, and our guys couldn't do it without them. They motivate, encourage and support them to be their absolute best in all they do. I am truly humbled to work with incredible people and super proud of our service users."

What a lovely email, thank you Deb. Well done Team Lodge too, fantastic work!



More photos from The Lodge



Eagle View had a fun filled Olympics day. They made Olympics rings out of paper plates, enjoyed a range of activities and staff dressed to impress.



Heath Lodge held their sports day outdoors in the sunshine. Staff and residents took part in different activities, including tug of war, sack races and enjoyed throwing sponges at staff.



Westbridge House in N. Lincs held their Olympics day this week and thoroughly enjoyed it. They invited residents and colleagues from their sister home, Eagle House. Everyone had a fantastic time and a lot of fun.



Nightingale Hall continued their Olympics event this week and enjoyed a game of hoopla.

They also took part in the Great Yorkshire Bake Off weekly event.

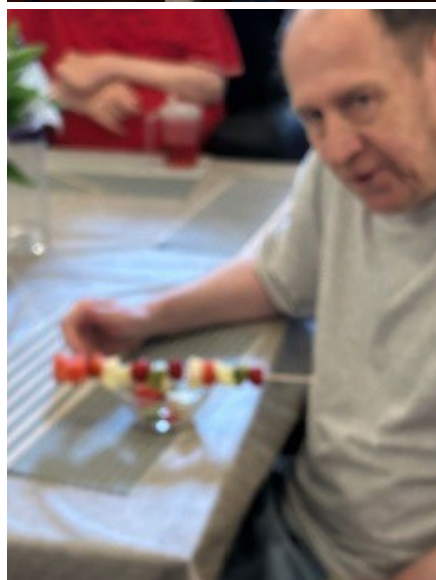
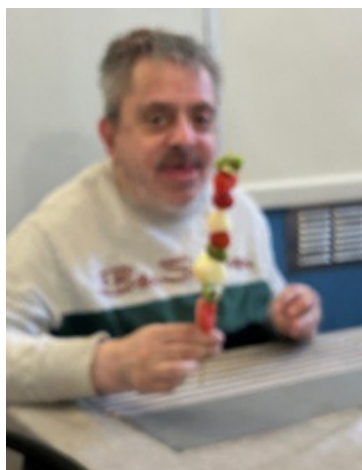
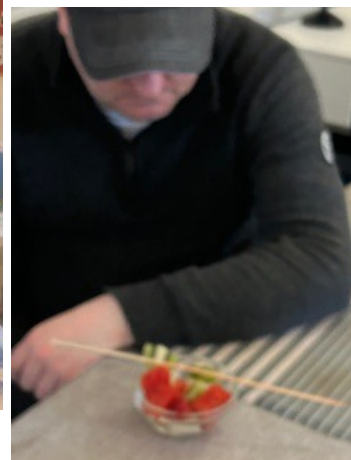
Everyone had a great time baking delicious treats.



Cauwood Day Services have enjoyed their event over two days. Everyone joined in and put in 100% effort and staff enjoyed the 100m race. They had a busy week for Arts and Crafts week, making their own Olympic board, clients used handprints and footprints to design Olympic rings. Clients enjoyed fruit and vegetable platters for Hydration and Nutrition week. They had group discussions about what foods are good and which are bad. And they enjoyed the "Great Yorkshire Bake off" making scones and bread. Fantastic work!



Marina Lodge have completed a selection of the medal events, enjoyed the arts and craft weekly event and hydration too. Well done everyone.



Mossdale Residence invited Kelly to their closing ceremony. The residents and staff enjoyed an afternoon of music and dancing before the medals were awarded. Their Olympics event was a busy day with a lot of residents taking part, joining in the fun and competing for first place. Many residents won multiple medals and were overjoyed with their accomplishment. Well done to everyone.



Avalon Group enjoyed taking part in the Olympics competition, doing a range of activities indoors and out, having a lot of fun together. Great work Team Avalon!



Our 2025 Competitors

Older Adults Category

- 5 Whitby Road
- Abbey Lea Care Home
- Abbeyfield Society
- Anchor's The Manor House (Knaresborough)
- Avalon Group
- Benkhill Lodge
- Berwick Grange
- Briardene
- Combe Hay
- Complete Care Homes - Rambla
- Complete Care Homes - St Bernadette's
- Eagle View Care Home
- Ellie Sunrise Healthcare
- Emmaus House
- Greyfriars Lodge
- Hambleton Grange
- Heath Lodge
- Hilltop Manor
- New Lodge
- Kirkwood Hall
- Knights Care Randolph House Care Home
- Mossdale Residence
- Nightingale Hall Care Home
- Rawcliffe Manor
- Rivendale
- Rivermead Care Home
- Silver Birches
- Sowerby House
- St Cecilia's Care Home (Scarborough)
- St Cecilia's Care Home - Alba Rose
- Station View
- Sycamore Hall
- The Dexter's Amitola Communities
- The Oaks
- Westwood Care Home

Younger Adults & LD Category

- Alne Hall
- Amitola Communities - Recovery Services
- Avalon Group
- Camphill Village - Botton
- Carentan House, Kingfisher Place and Tawny Lodge
- Cauwood Day Service
- Harrogate Home Support
- Harrogate Skills 4 Living
- Lincolnshire House Association
- Marina Lodge
- Sherbutt House
- The Gravers Care Home
- The Lodge
- Westbridge House

