



Referral Support Service Gateway & e-RS Booking Help Guide May 2025

Please note, only this online version will be maintained moving forward





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Useful Contacts & links

Referral Support Service

0300 303 8676 or hnyicb.voy.rsservice@nhs.net Where to refer Gateway & e-RS booking guide

e-Referral Service

Referrer homepage - <u>Select your login method</u> Support website - Referrers - NHS England Digital

York & Scarborough Trust

For referral issues or Directory of Service enquiries please contact the Clinic Managers on 01904 721926 or yhs-tr.clinicmanagerspatientaccess@nhs.net

For appointment queries - Contact Centre number: 01904 726400

Accenda / Gateway

Helpdesk: support@accenda.co.uk / 0161 274 9730

Build & Book Gateway training video

Training support

Accenda host **lunchtime drop-in training sessions** for Gateway via Microsoft Teams every weekday at lunchtime. These take place daily at 12:15 – 12:45. Simply attend using this link.

Accenda also offer the option of a **dedicated training session** at a time that suits you; this can be booked online using <u>this link</u>.





Urgent Suspected Cancer

USC Brain - pre-shortlisted for Hull

There is no USC Brain Cancer Service at York & Scarborough Teaching Hospitals. The nearest service providers are Leeds Teaching Hospitals NHS Trust (0113 2432 799) or Hull and East Yorkshire Hospitals NHS Trusts (01482 875 875). Please ensure a USC Brain referral proforma is completed (Hull only) and attached to allow onward referral to secondary care

- The required USC referral proforma for Hull can be located here <u>ERS Referral Forms | Hull University Teaching Hospitals NHS Trust (hey.nhs.uk)</u>
 - Book into the following clinic on e-RS (USC Brain Neurology- Hull University Teaching Hospitals)
- Guidance on how to refer to Leeds can be located here Brain Tumours (leedsth.nhs.uk)

<u>USC Cancer of Unknown Primary</u> – pre-shortlisted for York Hospital

- Complete pathway questionnaire
 - o Service available at York Hospital only
 - o *USC* Malignancy of Unknown Origin (MUO) (York) York & Scarborough Hospitals has dates and time available

USC Lower GI

- Complete USC pathway questionnaire
- FIT result is **required** to process the referral, unless selecting one of the following where a FIT is requested. A referral can be made without the result attached
 - o Palpable Anorectal Mass or ulceration
 - o Abdominal Mass (request FIT but do not delay referral)
 - NEW IDA and >60 (request FIT but do not delay referral)
- Please see Gateway or RSS website for criteria information
- York Hospital, Harrogate Hospital, Leeds LGI, Scarborough Hospital, Bridlington Hospital All RAS clinics

USC Lung - pre-shortlisted for York or Scarborough Hospital

- Complete pathway questionnaire
 - o Service available at York or Scarborough Hospital All RAS clinics





Urgent & Routine first outpatient pathways

Allergy

Allergy

No local service – available services include Castle Hill Hospital (16+ age)
Patients can also be seen at St James, Leeds (Treats all Clinical Immunological and Allergic disorder conditions) – please see Immunology section of this guide

RAS Clinic

Cardiology

There are no requirements for the following clinic types. All can be booked to General Cardiology services: York Hospital, Malton community Hospital, Scarborough general Hospital, Bridlington hospital- all RAS clinics

Arrhythmia Hypertension Ischaemic Heart Disease Not Otherwise Specified

Valve Disorders

Heart Failure – pre-shortlisted for York Hospital NHS Vale of York Clinical Commissioning Group - Heart Failure

York Hospital only

- Complete Integrated Pathway Questionnaire on Gateway
 - Requires ECG and BNP result attached
 - o If BNP over 2000 urgent referral required (can still send as urgent if BNP below if GP concerned)
- No proforma needed for Scarborough registered patients unless patient wishes to be seen in York then attach York proforma as an attachment (If no proforma they can still be sent to general cardiology – Scarborough, Bridlington and Malton)
- Can be booked direct to RAS clinic without contacting patient

Rapid Access Chest Pain - pre-shortlisted

- Urgent pathway only
- Complete Integrated questionnaire on Gateway
 - o Requires ECG to be less than 4 weeks old
 - o Patient's aged 30+
 - o If <30, please submit an A&G via e-RS for further consideration. If agreement to see patient is obtained, please refer via Gateway as normal and de-select age restrictions on Gateway booking screen
- York Hospital, Scarborough Hospital, Bridlington Hospital All RAS clinics
- · For Leeds border patients, a Leeds Teaching Hospital proforma is required





Congenital Heart Disease

- No York & Scarborough Trust service (System will bring up general local clinics which do not deal with this issue)
 - Available services include Castle Hill Hospital (Hull) or Leeds General Infirmary (Both RAS clinics)

Cardiology Genetics

- No York & Scarborough Trust service (System will bring up general local clinics)
 - o Available services include LGI (Inherited Cardiac Conditions service) (RAS Clinic)

Lipid

• There is no service, see Endocrinology for this pathway

Dietetics Weight Management

Tier 2 - pre-shortlisted

- Requires attached Tier 2 proforma
- Criteria:
 - As per the information on the proforma to be eligible for the service, the individual must satisfy ALL the following criteria:
 - o Age ≥ 18 years
 - Diagnosed with Diabetes (any type) AND / OR Hypertension
 - Latest BMI ≥ 30 (or ≥ 27.5 if from Black, Asian and ethnic minority backgrounds) BMI must be within last 24 months.

and MUST NOT have any of the following characteristics:

- Moderate or severe frailty
- Currently pregnant
- o Have an active eating disorder
- Bariatric surgery in the last two years
- A weight management programme is considered to pose greater risk of harm than benefit for this individual
- Can be booked direct to clinic without contacting patient.





Tier 3 – pre-shortlisted

- VOY service only (only available to VOY GP practices)
- The service is available to patients aged 18 years of age and over, who are registered with a Vale of York CCG GP practice, have a BMI of 35 or over, AND who have maximised primary care and community conservative management
- Requires 3 BMI results
- Patients with a BMI ≥50 will be automatically eligible to access the service.
- See website for more information: <u>NHS Vale of York Clinical Commissioning Group Tier 3</u>
 <u>Obesity Management Service</u>
- SR patients being referred for Tier 3 is done via the Humber direct not through e-RS.
- Can be booked direct to clinic without contacting patient

Diagnostic Endoscopy

Gastroscopy - pre-shortlisted

- Complete Integrated questionnaire on Gateway
- Routine pathway only or consider a 2WW Upper GI referral if criteria is met
 - o Service available at York or Scarborough Hospital only
- Can be booked direct to clinic without contacting patient

<u>Diagnostic Physiological Measurement</u>

Audiology

- Hearing assessment prior to referral to ENT
 - Exclusions to general audiology clinic: Unilateral Tinnitus, asymmetric hearing loss, sudden onset of hearing loss (for less than 3 months), obvious infection - refer directly to the ENT Service
- York Hospital, Malton Hospital, Selby war Memorial, Whitby Hospital, Scarborough Hospital, Thirsk Health Centre All RAS clinics
 - o There is a specialised York clinic on e-RS for patients with Dementia (autoroute override if standard audiology clinics shortlisted)
 - There is a specialised York tinnitus clinic under this pathway which deals with Long standing bilateral tinnitus only
 - For Scarborough registered patients there is a specialised clinic for Tinnitus at Spring Hill House which deals with *Long Standing Bilateral Tinnitus* only
- Patient requesting batteries for their hearing aids do not require a referral to the hospital:
 - Please contact Audiology directly on 01904 726741 and select option 1 for the postal service. Alternatively, you can email them at yhs-tr.hearingaid.repairs@nhs.net and they will be able to post them out to the patient.





Endocrinology and Metabolic medicine

There are no requirements for the following clinic types.

- General Endocrine services: York Hospital, Scarborough Hospital, Selby War Memorial, Bridlington Hospital all RAS clinic
 - Adrenal Disorders
 - Gynaecological Endocrinology
 - o Not Otherwise Specified
 - o Pituitary & Hypothalamic
 - o Thyroid/Parathyroid
- Metabolic Disorder Clinic: Service available at York or Scarborough Hospital only
 - o Lipid Disorders Familial Hypercholesterolaemia
 - Metabolic Bone Disorders

Immunology

- There are no local services for the following speciality's available services include Castle Hill hospital / St James in Leeds (Treats all Clinical Immunological and Allergic disorder conditions) - All RAS clinics
 - o Autoimmune Disease
 - o Immunodeficiency
 - o Not Otherwise Specified

Infectious diseases

 No local service – see e-RS for clinics and Directory of Services on e-Referral Service for conditions treated and exclusions.

Nephrology - pre-shortlisted

Hypertension

Nephrology - York Hospital, Malton Hospital, Selby War Memorial, Scarborough Hospital – Direct Booking available

Renal Diabetes

- There are no local services for this Clinic type (change clinic type to Nephrology to book to general clinic)
- There is a joint Diabetes / Renal clinic at York (Change to Diabetic Medicine / Clinic Renal Diabetes – RAS clinic)





Pain Management

- Integrated Chronic Pain questionnaire to completed for York Hospital (Spinal and non-spinal clinics All RAS) pre-shortlisted
- If referring for non-chronic pain, York registered patients can be referred to York Hospital,
 Pinderfields Hospital and Seacroft Leeds (Seacroft do not accept referrals from York and
 Harrogate registered patients without an approved IFR for treatment against Leeds Criteria)
- Acute Motor Loss pathway
 - o Urgent pathway only,
 - o York Hospital only (valeofyorkccg.nhs.uk/seecmsfile/?id=5953&inline=1&inline=1&inline=1&inline=1&inline=1&inline=1&inline=1&inline=1&inline=1&inline=1&inline=1.
- T & T (Treat and Triage) York Hospital only.
- Therapeutic and diagnostic injections for the treatment of spinal pain
 - o Requires a PAT/IFR approval as NOT routinely commission therapeutic spinal injections for cervical, thoracic or Lumbar spine pain.
 - This includes: Spinal Epidural Injections (transforaminal/interlaminar) and nerve root blocks Spinal Facet Joint Injections (FJI)/Medial branch blocks Spinal Radiofrequency Nerve Denervation (rhizolysis/medial branch block/nerve root pulsed denervation) Therapeutic trigger point injections for the management of spinal pain
- For Scarborough registered patients; if referring for non-chronic pain if they meet criteria for CHCP if not only York Hospital

Respiratory Medicine

There are no requirements for the following clinic types. All can be booked to General Respiratory services: (York Hospital, Malton Community Hospital, Scarborough General Hospital, Bridlington Hospital - all RAS clinics)

Allergy
Asthma
COPD
Cystic Fibrosis
Interstitial Lung Disease
Occupational Lung Disease
Tuberculosis

- Not Otherwise Specified For Long Covid clinic requires GP Proforma & Patient
 Questionnaire as hardcopy attachments (York Hospital only RAS clinic) pre-shortlisted
- Pulmonary Rehabilitation referrals are sent via the AHP pathway to respiratory physiotherapy along with the Pulmonary Rehabilitation proforma which can be found on the website: <u>NHS</u>
 Vale of York Clinical Commissioning Group - Respiratory
- Home oxygen is not referred through gateway please see link on how to refer <u>NHS Vale of York Clinical Commissioning Group Home Oxygen</u>





Surgery Not Otherwise Specified

Hernia (York Hospital, Malton Community Hospital, Scarborough General Hospital, Bridlington Hospital, Selby War Memorial- all RAS clinics – no Direct Booking available)

- Hernia repair for cosmetic reasons or for asymptomatic or minimally symptomatic hernias in adults is NOT routinely commissioned
 - o VBC Check required
- Repair of suspected femoral hernias, inguinal hernias in women, or any irreducible hernias is commissioned and should be referred urgently due to the increased risk of incarceration/strangulation
 - o These hernia referrals DO NOT require a PAT code
 - o Required to be processed as urgent

Lumps and bumps: (York Hospital, Malton community Hospital, Scarborough general Hospital, Bridlington hospital- All RAS clinics)

- Large Lipomas requires PAT code / IFR if does not meet criteria for PAT
- Sebaceous Cysts requires PAT code/ IFR if does not meet criteria for PAT
- Consultation any hospital, surgery would be at York Scarborough or Bridlington Hospital

Endocrine Surgery

There is no local service – please see Endocrinology section of this guide

Urology

Malton is the one stop clinic for the York/Scarborough area. Initial appointment will be here. Patient will be there for a couple of hours, have any tests done at the time and get results. Follow up appointments may be done at York or Scarborough Hospital. (All RAS clinics)

Circumcision

- Requires a PAT otherwise, funding will ONLY be considered where criteria are met.
- Humber and North Yorkshire ICB does NOT routinely commission male circumcision for cultural or religious reasons; the procedure will only be considered where medically necessary.
- Humber and North Yorkshire ICB routinely commission circumcision IF there is evidence of one of the following clinical indications:
 - Lichen sclerosus (chronic inflammation leading to a rigid fibrous foreskin) in males aged 9 years and over
 - Potentially malignant lesions of the prepuce or those causing diagnostic uncertainty
 - Congenital abnormalities with functional impairment
 - Distal scarring of the preputial orifice (a short course of topical corticosteroids might help with mild scarring





- Painful erections secondary to a tight foreskin
- o Recurrent bouts of infection (balanitis/balanoposthitis
- Redundant prepuce, phimosis (inability to retract the foreskin due to a narrow prepucial ring) sufficient to cause ballooning of the foreskin on micturition; and paraphimosis (inability to pull forward a retracted foreskin)
- o Traumatic injury eg zipper damage
- Congenital urological abnormalities when skin is required for grafting

(In) Continence

- Female Urinary Problems (Malton) Triage Service
 - o All females with continence issues and associated lower urinary symptoms
- Male Lower Urinary Symptoms (Malton) Triage Service
 - Men > 40 years with lower urinary tract symptoms
 - o If <40 years book to general urology clinic
- Can offer The James cook hospital as a choice:
 - Functional urology is female clinic
 - o General urology is male clinic

Erectile Dysfunction/Andrology

 One stop ED service; Erectile dysfunction all causes: primary ED, diabetic, pelvic surgery Peyronies disease Premature Ejaculation Low testosterone/ primary hypogonadism (if low FSH and LH and secondary hypogonadism then refer to endocrinology)

Haematuria (not 2WW)

- VISIBLE HAEMATURIA Referral Criteria: Painless; after one-episode WHATEVER age Painful; Over 40 years old male and female
- NON-VISIBLE HAEMATURIA NB risk of cancer <3% Referral Criteria: Refer all Remember non-visible haematuria is normal with a UTI, therefore only refer if it fulfils the criteria for UTI
- If clinic doesn't appear due to patients age, please book to general urology clinic.

Male Infertility

- Normally processed through via Partners GP
- If the issue is the male change to Gynaecology/infertility and send to Seacroft hospital

Not Otherwise Specified (NOS)

- Chronic Scrotal Pain
- UTI
- Circumcision Requires a PAT
- Exclusions to clinic:
 - Cases of suspected cancer should be referred under the 2-week rule. General paediatric urology - please refer to Paediatric Urology Service Erectile Dysfunction -Refer to the Andrology Service Visible & non visible Haematuria - Refer to the



Integrated Care Board (ICB)

 Haematuria Service Raised PSA - Refer to the PSA Service Lower Urinary tract infections - Refer to the Male LUTS Service Females with continence issues- Refer to the Female Urinary Service

Prostate

- Process to the NOS clinic type this will bring up two options depending on age book to either:
 - Male Lower Urinary Symptoms
 - o General urology clinic

Urinary Calculus

- Stone Urology (Malton) Triage Service
 - Known recurrent stone disease previously discharged. Loin pain? typical of ureteric colic. +/- non-visible haematuria +/- visible haematuria Persistent UTIs with stones on plain film.
 - Exclusions New loin pain >55 yrs (exclude AAA first) Loin pain not typical of ureteric colic.

Vasectomy

- Any hospital if had previous surgery & needs to be General Anaesthetic / needs PAT but no proforma
- Marie stopes Leeds e-RS with proforma.
 - Provider of vasectomy services in Leeds and Wakefield for Vale of York CCG patients.
 - Patient information leaflet for Marie Stopes service
 - Marie Stopes do not have a BMI limit, but they do have weight limits for their couches. In Leeds the limit is 25 stone and in Wakefield the limit is 20 stone. The decision to undertake any operation is that of the surgeon on the day.
- Haxby Group Practice
 - Provide vasectomy services under LA for Vale of York CCG patients.
 To refer: please send the signed proforma directly to Haxby Group Practice. They will be contacted directly by the practice with an appointment.
- Humber and North Yorkshire ICB do commission vasectomies under General Anaesthetic in secondary care <u>only</u> in the following circumstances:
 - o Previous documented adverse reaction to LA
 - Scarring or deformity from previous scrotal surgery or trauma that makes vasectomy under LA difficult to achieve
 - o History of coagulation disorder, inguinal scrotal hernia or cryptorchidism
 - Large varicocele or hydrocele
 - Where patients have previously had vasectomy on the NHS, have subsequently had a reversal of vasectomy (privately or on the NHS) and again wish to undergo vasectomy





- Please clearly detail which of these your patient has in order for them to have a secondary care procedure.
- Fear of the procedure, or patient choice are not adequate reasons for requesting vasectomy under GA, unless supporting mitigating factors are submitted to the IFR panel by the requesting clinician.

Haematospermia

• Book to general Urology clinic (NOS)





Phase 2 Pathways

Urgent Suspected Cancer

USC Gynaecology (York and Scarborough Hospital only - RAS clinics) - pre shortlisted on Gateway

- Complete USC pathway questionnaire
 USC Hysteroscopy clinic (requires US scan attached)
 - All patients who have had abnormal USS features (thickened endometrium or suspicion of pathology on USS).
 - Patients with recurrent PMB
 - o Patients with PMB who are on tamoxifen
 - Exclusion to clinic:
 - Patients who have not had an ultrasound (apart from recurrent bleeds or patients on tamoxifen).
 - Patients with PMB, apart from the two high risk groups (recurrent bleeds and patients on tamoxifen) are to be referred directly for an URGENT Ultrasound. Any abnormal USS features can then be referred into this service.

USC Gynaecology Clinic

- Lesion Suspicious of cancer of vagina on speculum examination
- Lesion Suspicious of Cancer if Vulva
- Suspicious pelvic mass found on ultrasound (must have serum Ca125 and USS report)
- Exclusion to clinic:
 - Pelvic Mass who have not had USS
 - Patients under 16 years

USC Head and Neck

This pathway covers ENT and Oral & Maxillofacial Lesions are covered under the USC skin pathway.

• Complete USC pathway questionnaire.

USC ENT for Scarborough/Bridlington hospital are all booked into the general service as no separate clinics types. (Direct Booking available)

York hospital has separate clinics to book into see below:

USC ENT Voice Clinic- (Direct Booking available)

Unexplained and persisting hoarseness for > 6 weeks (lung cancer excluded)





USC ENT Clinic- (Direct Booking available)

- o High/cervical dysphagia persisting >3 weeks
- Nasal obstruction

USC ENT Neck lump and thyroid service Clinic (Direct Booking available)

- o Unexplained and persistent lump/mass in neck
- Thyroid Lump where scan has shown suspicious features (please include scan report)

USC Head and Neck (Max fax) - (York Hospital, Scarborough Hospital, - Direct Booking available)

- Unexplained ulceration in oral cavity or vermillion of lip for >3 weeks
- o Unexplained swelling/ lump in oral cavity or vermillion of lip
- o Red or red and white patches of oral mucosa
- o Unexplained and persistent lump / mass in neck (not thyroid

USC Upper GI - (pre shortlisted)

• Please complete USC pathway questionnaire

USC Upper GI (York Hospital, Scarborough Hospital)

- o Isolated Dysphagia any age
- o Age ≥55 with weight loss and upper abdominal pain
- o Age ≥55 with weight loss and reflux
- o Age ≥55 with weight loss and dyspepsia
- o Upper abdominal mass (suspected oesophago-gastric aetiology)
- Suspected oesophago-gastric cancer found on imaging

USC Pancreaticbiliary – (York hospital only)

Patients meeting any of the criteria in this section will have an outpatient appointment arranged by the hospital: Attach copies of the radiology reports with this referral form

- o Suspected primary liver cancer found on imaging
- Suspected gall bladder cancer found on imaging
- Suspected pancreatic cancer found on imaging
- Age ≥40 with jaundice (otherwise well)





USC Urology (Malton Community hospital)

Malton is the one stop clinic for the York/Scarborough area. Initial appointment will be here. Patient will be there for a couple of hours, have any tests done at the time and get results. Follow up appointments may be done at York or Scarborough Hospital. (All RAS clinics)

- Complete pathway questionnaire
- Service available at Malton community hospital (No York/Scarborough hospital)

USC Haematuria

- o All Haematuria
- Unexplained visible haematuria (adult over 45) where a UTI has been excluded or persists or recurs after treatment of UTI
- Non-visible haematuria (aged 60 or over) AND either dysuria or raised white cell count on a blood test
- o Exclusion to clinic:
- o Patients under 45 years with visible haematuria.
- Consider non-2WW Haematuria referral for everyone else outside of these age criteria. (Patients under 40 years with visible Haematuria, exclude or treat UTI).

USC PSA

- PSA over 10ng/ml (after exclusion of UTI) on one occasion in a man with a ten-year life expectancy Clinically malignant-feeling prostate on digital rectal examination (age under 80 yr). Requires PSA result attached
- PSA above age-specific reference range, but below 10ng/ml in a man with a likely tenyear life expectancy (after exclusion of UTI) Requires two PSA levels and Dates no less than 6 weeks apart.

USC Urology

- Elevated age specific PSA (age under 80 years),
- o Clinical malignant-feeling prostate on rectal digital examination (age under 80 years),
- o PSA value over 20ng/mL (any age, after exclusion of UTI).
- o Renal mass evident on clinical examination or imaging, solid bladder mass on imaging,
- Solid swelling in the body of the testis, penile mass or ulceration where STD has been treated or excluded.





Urgent & Routine first outpatient pathways

Diagnostic Physiological Measurement / ECHO

Palpitations – (pre shortlisted) (York only)

- o Complete Integrated questionnaire on Gateway
- o This service is for York registered patients only
- Requires ECG attached (mandatory)
- Criteria for pathway can be found:
 valeofyorkccg.nhs.uk/seecmsfile/?id=6469&inline=1&inline=1
- o Service available at York Hospital only
- o Can be booked direct to clinic without contacting patient

To refer Scarbrough registered patients for palpitations please process via Cardiology/NOS. (Scarborough Bridlington and Malton hospital)

Murmur – (pre shortlisted)

- Refer to the open access ECHO clinic
- 12 lead ECG (if available in primary care) must be attached to the referral
- Conditions treated:
 - o New murmurs in patients over 16 years Murmurs identified in pregnancy (please state the duration of pregnancy in the referral)
 - o People with a family relative in a first relative of congenital heart disease and with a murmur
 - People with a family history in a first degree relative of cardiomyopathy please state which type in the referral letter (Hypertrophic Obstructive Cardiomyopathy HOCM <40 years every 4 years, Dilated Cardiomyopathy DCM <50 years every 4 years)
 - People with AF in whom there is a strong suspicion of structural heart disease (a murmur) and therefore warfarin will be required for anticoagulation not a Direct Oral Anticoagulant (NOAC)
 - o Younger people (<60) with AF in whom a structural problem will raise thromboembolic risk to a level where anticoagulation is required
 - o Exclusions:
 - o People already under cardiology follow up
 - People with symptoms of heart failure and a murmur or AF should be referred via the heart failure CAS
- Service available at York Hospital only
- Can be booked direct to clinic without contacting patient





 Scarborough registered patients have the option to also go to Scarborough Bridlington and Malton Hospital - change speciality and clinic type to Cardiology/ NOS.

Gynaecology

There are no requirements for the following clinic types. Available hospitals include York Hospital, Scarborough Hospital, Selby War Memorial, Bridlington Hospital Malton community Hospital

- o Not Otherwise Specified
- Perineal Repair Also offer St James Hospital Leeds
- o Urogynaecology/Prolapse
- Vulval and Perineal Lesions

The following clinic types need changing to Not Otherwise Specified to show local clinics York Hospital, Scarborough Hospital

- o Post Menopausal Bleeding
- o Psychosexual

Menstrual Disorders

- York Hospital, Scarborough Hospital, Selby War Memorial, Bridlington Hospital, Malton Community Hospital, St James Hospital Leeds
- o National endometriosis centre James cook Hospital Shows under this clinic type (MD)

Colposcopy

- St James Leeds Hospital, Harrogate Hospital
- No specific colposcopy services to refer to locally under this clinic type please edit to Not Otherwise Specified to show available clinics York Hospital, Scarborough Hospital, Selby War Memorial, Bridlington Hospital, Malton community Hospital

Early pregnancy assessment

- o These referrals are not processed through gateway.
- o Additional guidance can be found here





Family planning

- Sterilisation only Monkgate Health Centre York registered patients only (pre shortlisted)
- Sterilisation only Scarborough registered patients only (pre shortlisted) Scarborough Hospital, Bridlington Hospital

Menopause

- No local menopause service.
- Hospitals available: Pinderfields General Hospital, The James Cook Hospital and Pontefract Hospital. St James Leeds Hospital

Pelvic Pain

- York Hospital, Scarborough Hospital, Selby War Memorial, Bridlington Hospital Malton Community Hospital
- o Leeds general Hospital, St James Leeds, Castle Hill Hull
- o For Scarbrough registered patient no specific pelvic pain service available.
- o Endometriosis comes under this clinic for York Hospital only

Pregnancy Advisory Service

• There is no service through Gateway send direct to hospital.

Recurrent Miscarriage - (pre shortlisted)

o St James's University Leeds only

Egg/Sperm storage (including transitioning patients) Book into Seacroft Leeds Hospital via Gynaecology /Infertility





Geriatric Medicine

Cognitive disorders

Not service available through gateway, additional guidance can be found <u>here</u>:

Falls

 York registered patient only Clinic restricted to 65 years + (Nelson court direct bookable) (pre shortlisted)

Conditions treated:

Patients who are over 65 and have had two or more unexplained falls in the past year.
 Patients with unexplained dizziness and suspected loss of consciousness. Patients who are independently mobile with or without an aid and can attend a clinic environment for 1-2 hours.

Exclusions:

- Single or no falls. Definite syncope (see alternative services). Falls secondary to alcohol
 or substance abuse. Patients who are not able to mobilise without assistance. Patients
 who need physiotherapy and occupational therapy only (see alternative services).
 Patients who need a home hazard assessment/minor home adaptions only (see
 alternative services). Patients with dementia that would limit them from engaging with
 exercise programmes/adaptations
- Scarborough Registered patients are referred direct through to the Humber not through Gateway.

Movement disorder

- o Conditions treated: Geriatric patients with symptoms suggestive of Parkinson's disease.
- o York/ Selby Hospital are age restriction 75 years + (shows as Parkinson's)
- Scarbrough hospital age restriction 65 years + (Shows as movement disorder)

Not otherwise specified

- o Appears as Care of the elderly clinic on booking list
- York hospital age restriction 75 years +
- Scarbrough/Bridlington hospital age restriction 65 years +

Metabolic bone diseases

- o Conditions treated: Osteopenia Osteoporosis Previous Fracture
- York Hospital age restriction 75 years + (York shows as Nelson court)
- Scarbrough/Bridlington hospital age restriction 65 years +

Stroke (NOT TIA)

See Stroke Medicine service section





Neurosurgery

As Neurosurgery is a surgical speciality an up-to-date BMI & Smoking status (within 12 months) is required. There are no local options for this specialised service. If you require further clarity on any of the below, please contact the RSS team.

Movement Disorder

o This clinic type is not used please see below options available

Not Otherwise Specified

- Requires a MRI/ CT scan attached within the last 6 months
- No local services
- Hull Royal Infirmary (Hull does have a satellite clinic at York but only every couple of months, if surgery is required will be done at Hull), Leeds General Infirmary, The James Cook University

Spinal

- o Requires a MRI/ CT scan attached within the last 6 months
- No local services
- Hull Royal Infirmary (Hull does have a satellite clinic at York but only every couple of months, if surgery is required will be done at Hull)
- The James cook University (telephone appointments)
- For Leeds General infirmary Spinal clinic change to NOS
- o The Duchy hospital in Harrogate

Oral and Maxillofacial Surgery

- PAT required for benign lesions. These are usually triaged through Dermatology REI.
 However, there is currently a service restriction on benign skin lesions at York and Scarborough Trust hospitals.
- No dental services available

There are no requirements for the following clinic types and can be booked into the general clinics York Hospital, Scarborough Hospital, Bridlington Hospital and further afield at patient request.

- Facial plastics
- o NOS
- Oral surgery
- o Salivary gland disease

Head and neck lumps not 2WW

- General clinic for Scarborough registered patients Scarborough Hospital, Bridlington Hospital
- o York hospital clinic name shows as head and neck lump 'not USC' clinic





Oncology

 There Is no service on e-RS for this clinic type please contact the relevant provider directly or alternatively the RSS can assist.

Facial deformity

 Change Clinc type to Not Otherwise Specified to bring up general clinics York Hospital, Scarborough Hospital, Bridlington Hospital

Surgery Breast

FH of Breast Cancer (non 2WW) (pre shortlisted)

- Requires Family history questionnaire (mandatory)
- Age restricted to 35 years to 50 years inclusive (if outside of age range send A&G to breast clinic via eRS if response is to to agree can process on eRS removing age)
- York Hospital only

Mammoplasty (non 2WW)

- Conditions treated:
 - *Reductions /*Cosmetic Asymmetry *Delayed reconstruction
 - If you require surgery following your outpatient consultation, this will probably be undertaken at York Hospital. However, in some instances patients may be offered Scarborough, depending on the circumstances.
- Exclusions:
 - o Family History Refer to Breast Family History Service
 - o All patients with Breast Symptoms must be referred via the symptomatic breast clinic
 - York hospital, Castle Hill hospital, St James University hospital.

Mastalgia -Pre shortlisted (Malton Hospital only)

- Integrated questionnaire
- Pain only if other symptoms send to the symptomatic breast clinic
- o Implants are an exclusion.
- Conditions treated: Breast pain not responsive to simple measures tried for 3 months
 Cyclical mastalgia Intractable breast pain Unilateral mastalgia Bilateral mastalgia No abnormality on examination for all patients





Surgery - Plastic

There are no requirements for the following clinic types and can be booked into the general clinics York Hospital, Malton Hospital or further afield if patient request.

- Upper limb
- o Lower limb
- Minor plastic surgery
- NOS
- BCC- can also be seen in Dermatology and Oral & Maxillofacial depending on where lesion is located
- o Vascular malformation
- o Burns
- o Mammoplasty

Following clinic types do not tend to have published services on e-RS please consider only utilising above clinic types, please contact RSS if you require further clarity.

- Craniofacial
- o Gynaecology and perineal reconstruction
- o Laser
- Oncology

The following require PAT code / IFR if does not meet criteria for PAT attached when being referred:

- o Lipoma requires PAT code / IFR if does not meet criteria for PAT
- Ganglion surgery
- Benign skin lesion

Surgery -Vascular

Arterial - York Hospital, Scarborough Hospital,

- o Criteria: Diagnosed infra renal Abdominal Aortic Aneurysm or Diagnosed Iliac Aneurysm.
- Nurse led clinic at York hospital





Leg ulcer

Conditions treated:

- New lower limb ulceration (within 2-16 weeks from advent), not including foot or malleolar ulceration Please specify on the referral the date of onset and the site of the new leg ulcer. Include relevant history of previous ulceration and lower limb vascular intervention
- Malton Hospital ,York hospital ,Selby Hospital, Scarborough Hospital, Bridlington Hospital

Lymphoedema

- No local service available also not dealt with by Dermatology at York Hospital and is an exclusion for the general Vascular clinic at the York and Scarborough Trust hospitals (Unless advised by A&G).
- Change to NOS to bring up The Friarage Hospital, The James Cook hospital
- Under lymphoedema clinic type -Pinderfields hospital Barnsley hospital, Northern General and Darlington hospital
- Scrotal lymphedema can go to Malton hospital under Urology/ NOS

NOS

Conditions treated:

- General vascular conditions, including Peripheral vascular disease intermittent claudication, rest pain, critical limb ischaemia, Buerger's disease and leg ulcers. Cerebrovascular disease carotid artery disease. Hyperhydrosis Thoracic outlet syndrome Vasospastic disorders Raynard's syndrome. Venous disease primary and recurrent varicose veins, chronic venous insufficiency and venous leg ulcers.. Aneurysmal disease aortic aneurysms, iliac aneurysms, femoral and popliteal aneurysms. Vascular malformations. Oncology venous access procedures. Paediatric vascular surgery will be considered but may lead to onward referral if not appropriate.
- York hospital, Selby Hospital, Scarborough Hospital, Bridlington Hospital

Varicose Veins

- As Vascular is a surgical speciality an up-to-date BMI & Smoking status (within 12 months) is required.
- o Requires PAT code / IFR if does not meet criteria for PAT
- York hospital, Selby Hospital, Scarborough Hospital, Bridlington Hospital Malton Community Hospital





<u>Stroke Medicine</u> – (pre shortlisted) (York Hospital, Scarborough Hospital)

Stroke (NOT TIA) - please contact RSS if you require further clarity.

Conditions Treated:

- Assessment of new stroke when the patient has experienced a stroke elsewhere i.e. overseas or another part of UK. It is expected that these patients are on an antiplatelet agent as well as a statin. Minor strokes/ Non disabling strokes where the patient can still function at home. Incidental strokes picked up on scans for a different reason. Secondary prevention.
- o Age 18 year and over

Exclusions:

- 1.TIA's to be referred to TIA service via ICG Refer using the ICG template TIA Clinic Referral Form
- 2. Anyone with persistent symptoms suggestive of stroke that has not resolved and within
 72 hours of onset requires admission unless the patient refuses to be admitted.
- 3. The following are also excluded from this Stroke Service: Blackouts Confusion
 Dizziness Falls without specific focal weakness Memory loss

NB: If any queries on which pathway the patient should be referred, please contact the On Call Stroke Consultant via switchboard

Other options are:

- Urgent TIA clinic please process via the AHP pathway
- The pathway required for this referral is urgent general medicine/Transient ischemic attack and select the book direct option
- o Instructions and guidance on how to select the AHP service & clinic types when referring and how to Direct Book were sent out to all practices in the phase 1 guide.
- Stroke services For patients that require Physiotherapy / Occupational Therapy outpatient rehabilitation as a result of having a stroke to be referred via the AHP pathway as below:

AHP Stroke Therapy	Occupational Therapy;	Not Otherwise Specified;
	Physiotherapy	Not Otherwise Specified

Then from the dropdown box select stroke and book direct this forwards the referral direct to service.

NB: If any queries on which pathway the patient should be referred, please contact the On Call Stroke Consultant via switchboard

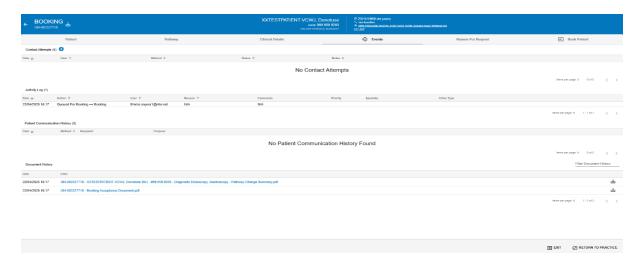




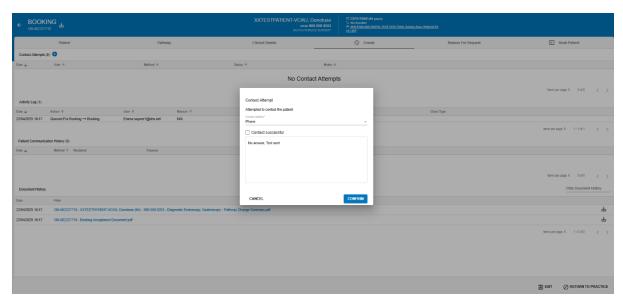
Logging patient contact attempts on Gateway

Telephone & SMS contacts and internal notes can be logged on Gateway via the **Events** tab. To log such actions:

Select • as displayed in the image below, select contact attempt method and input the occurrence



Once entered, select confirm



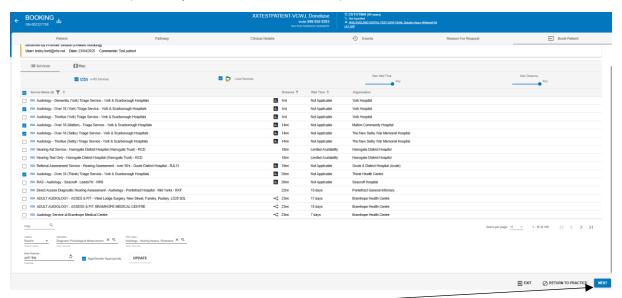
The referral can be exited. This will save a contact attempt, the referral will remain open in the booking worklist





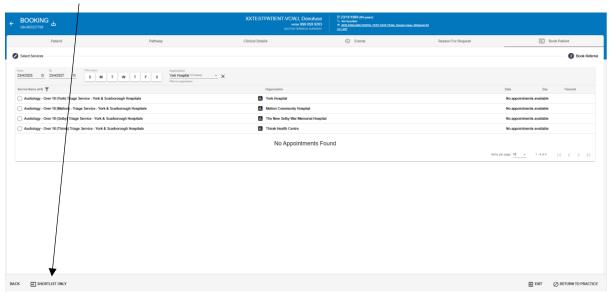
Generating e-RS Patient Choice letters through Gateway

Select the choice of provider you wish to include on the patient letter.



Click NEXT_

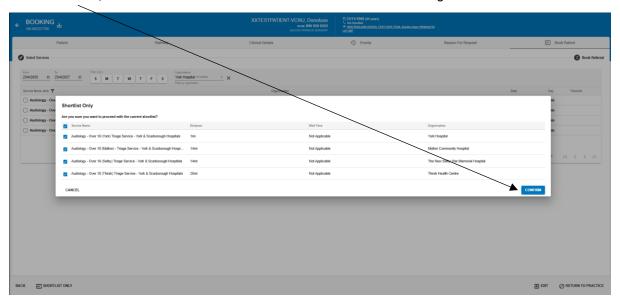
Select Shortlist only



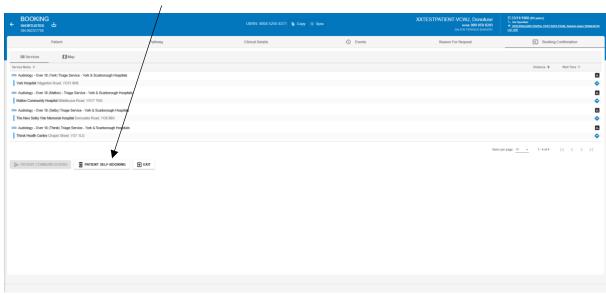




The system will ask you confirm the shortlist selection. The selection is still editable up to this point. Select **confirm**, this will transfer all of the documentation onto e-RS and generate a UBRN number.



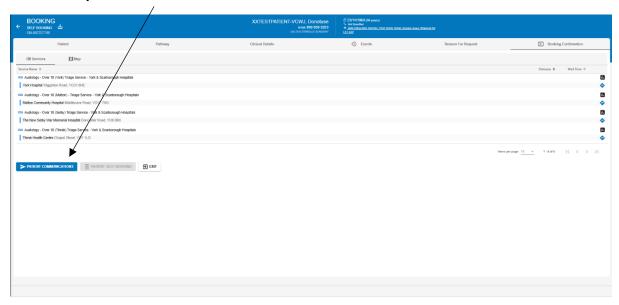
Select patient self-book





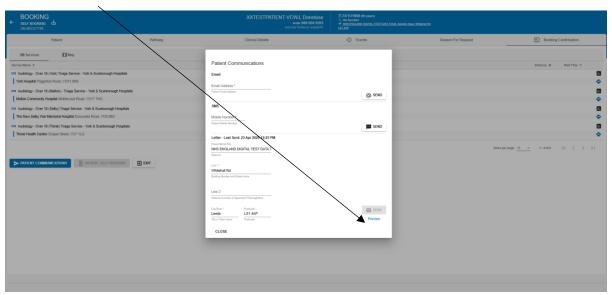


Then select patient communication



The patient communication page will be displayed. The correspondence address will be auto filled from the address on your patient records.

Select **preview** to display the letter.



The letter can then be printed locally and posted to the patient.

The letter will provide the patient with the list of hospital choices along with all the information they require to book their appointment online or by telephone via national e-RS appointments line.

If the patient has the NHS app, once a referral has been shortlisted the patient is notified via the app, which can be used to manage their referral request.



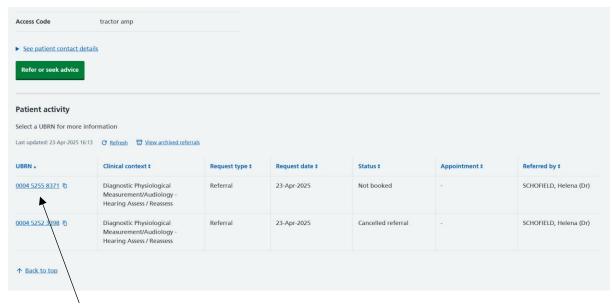


Booking via e-RS

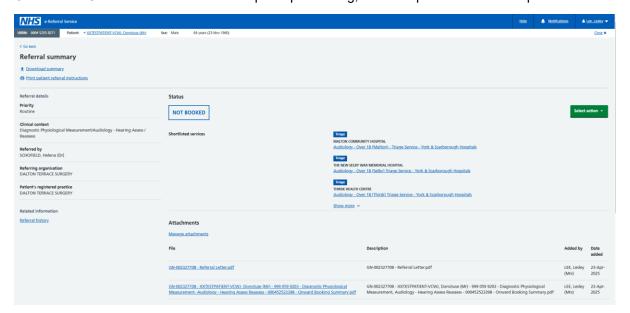
If an e-RS Choice letter is sent to the patient as mentioned on pages 27-29 of this guide, the patient is provided with an option to book their appointment online or call the national e-RS booking centre.

Patient's may still choose to contact their GP Practice. The patient's referral can be processed by following the below steps.

Open and log into e-RS search for patient and the scroll down to patient activity.



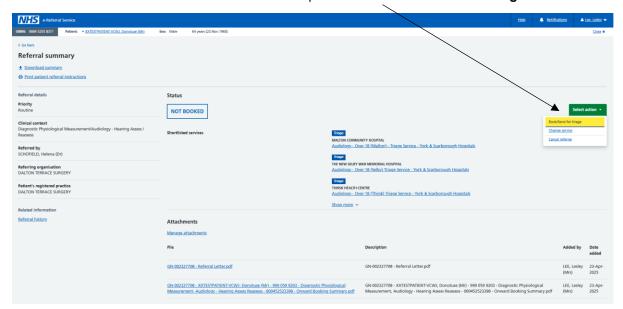
Click on the UBRN of the referral that requires processing, this will open the referral request



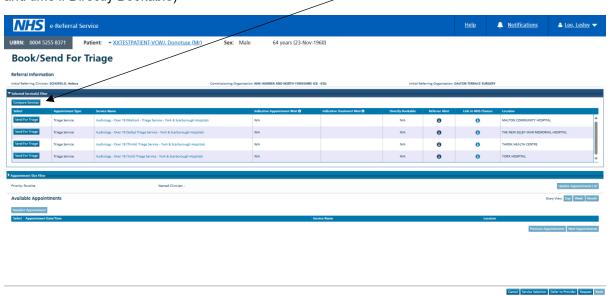




Click on the select action button and from the drop down select book/send for triage



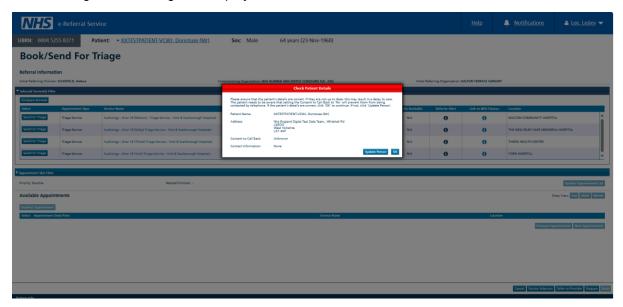
The next screen will display the service options shortlisted for the patient. Once the patient indicates which hospital they would like to be referred to, select **Send for triage** (as it's a RAS or select date and time if Directly Bookable)



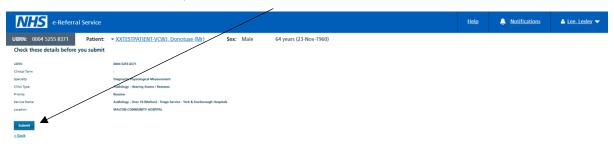




The following e-RS message will display, to confirm select ok.



To send the referral to the hospital select **submit**.

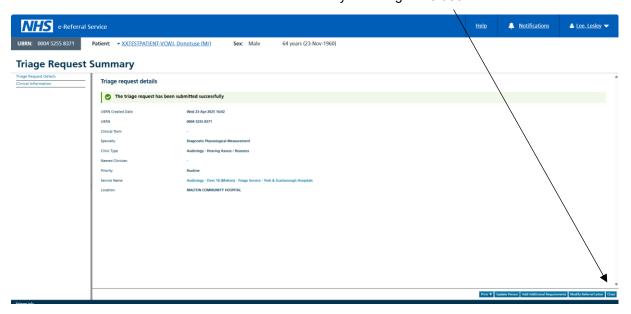


Continues on following page.





This will then confirm all the details and can be closed by selecting the close button at the bottom



Select continue to exit and finish. The patient will now hear from their chosen provider in due course.



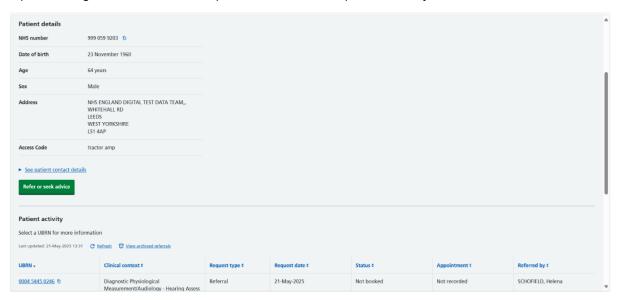


Amending e-RS provider shortlists

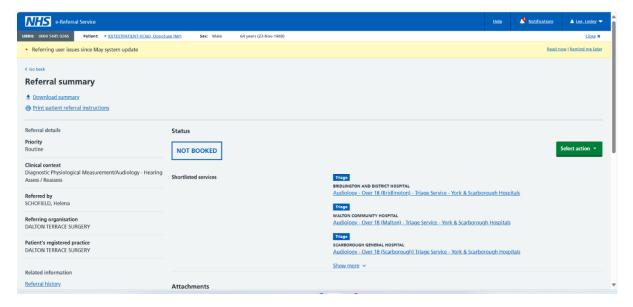
If an e-RS Choice letter is sent to the patient as mentioned ON PAGE 27-29, the patient is provided with an option to book their appointment online or call the national e-RS booking centre.

Patient's may still choose to contact their GP Practice. The patient's referral can be amended by following the below steps.

Open and log into e-RS search for patient scroll down to patient activity.



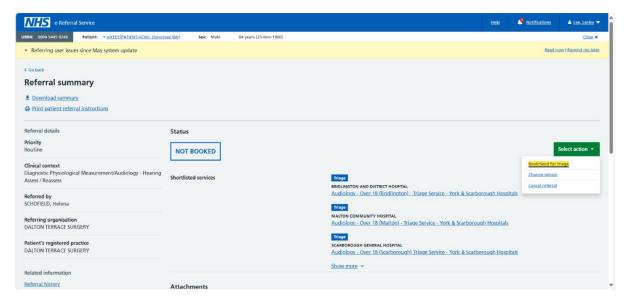
Click on the UBRN of the referral that requires amending, this will open the referral request



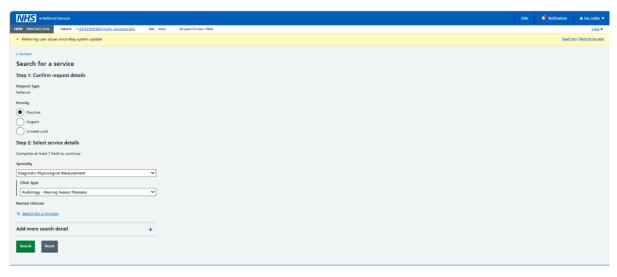




If the patients want to add a hospital that is not already on the shortlisted screen Click on the **Change** service button



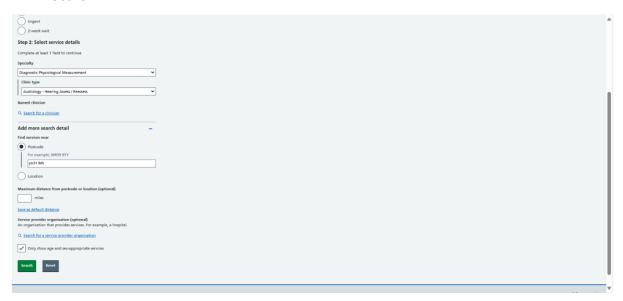
The next screen will display the service search criteria.



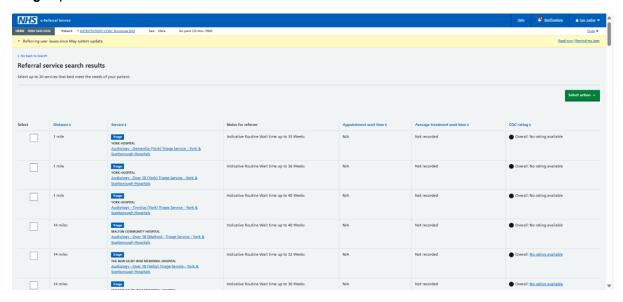




If the patient wishes to add a hospital that is not already shortlisted click the + next to add more details, this will open the following page. Add in either the post code or location of the hospital and select **Search**.



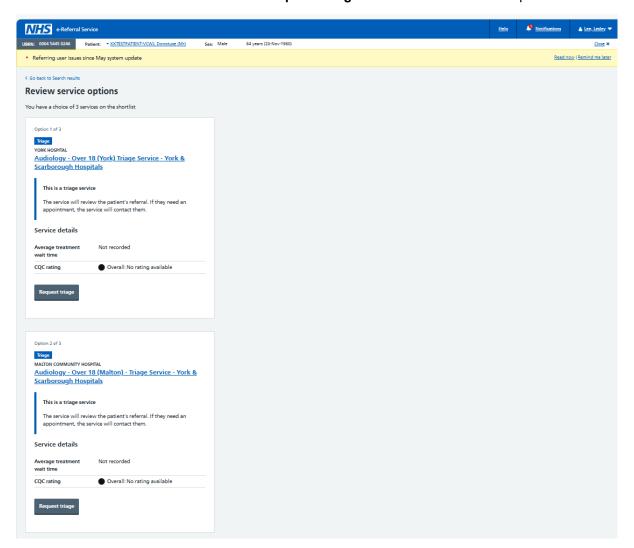
Select the hospital required and click the green **Select Action button** and click the **book/send for triage** option





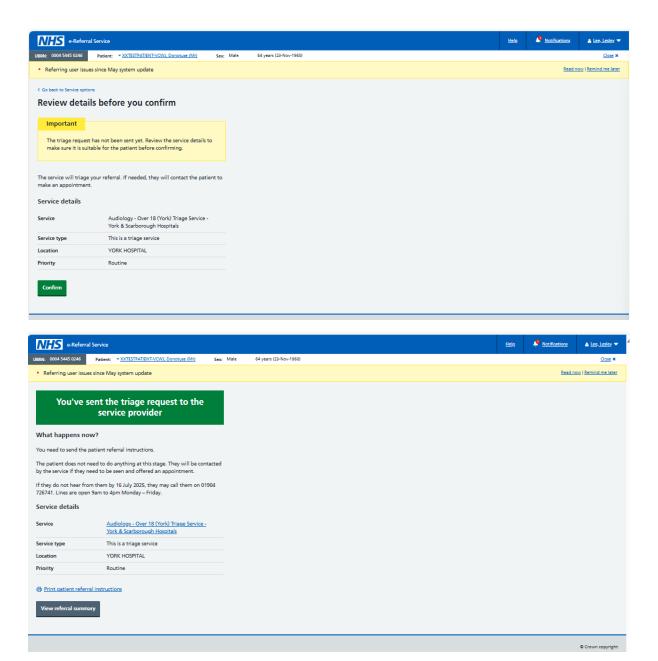


This will show the booking screen, depending on the Hospital this will show as either Request Triage, DB or defer. As this clinic is RAS click the **Request Triage** button on the selected hospital









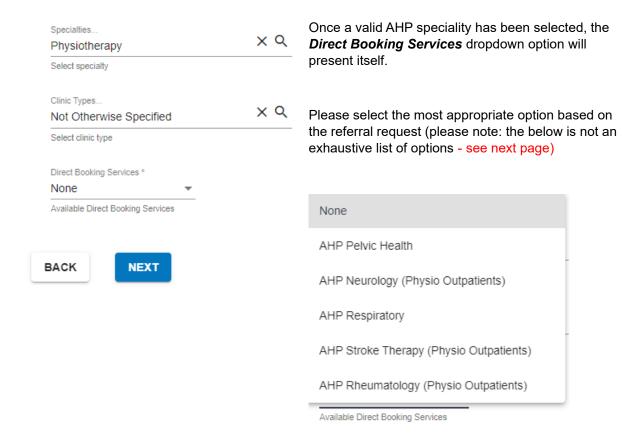
Select continue to exit and finish. The patient will now hear from their chosen provider in due course.





Referring AHP & MSK referrals via Gateway Book Direct

1. Create new request, select referral type, clinician, and urgency before selecting the correct AHP specialty pathway from the below drop-down menu – please see next page for all available York & Scarborough Place AHP referral pathways.



If a **Direct Booking Service** drop-down pathway is not selected – the AHP referral request will not be sent to the correct AHP service.

- 2. Select *Next* and complete the remaining referral steps as normal (patient demographics, clinical details, pathway questions and reason for request)
- When a Direct Booking Service is selected, the Submit Referral option is replaced by a Book
 Direct option (see in blue, below image). Please select Book Direct to send your referral
 request directly to the chosen service provider.











3

Gateway® Auto-book Configurations Vale of York CCG

Use the table below as a reference when creating a referral in Gateway. The table shows which specialty and clinic type you as a referring user will need to select in order to display the relevant auto-book service.

Auto-book Services	Specialty	Clinic Type
AHP Dietetics	Dietetics	Not Otherwise Specified
AHP MSK	Physiotherapy	Musculoskeletal
AHP Neurology	Occupational Therapy;	Not Otherwise Specified;
	Physiotherapy	Not Otherwise Specified
AHP Stroke Therapy	Occupational Therapy;	Not Otherwise Specified;
	Physiotherapy	Not Otherwise Specified
AHP Rheumatology	Occupational Therapy;	Not Otherwise Specified;
	Physiotherapy	Not Otherwise Specified
AHP Pelvic Health	Physiotherapy	Not Otherwise Specified
AHP Respiratory	Physiotherapy	Not Otherwise Specified
AHP SALT	Speech and Language	Swallowing; Communication
	Therapy	
AHP Orthotics	Orthotics and Prosthetics	Orthotics
Selby Frailty Clinic	Geriatric Medicine	Not Otherwise Specified
TIA Clinic – York Hospital	General Medicine	Transient Ischemic Attack





3

Gateway® Auto-book Configurations North Yorkshire CCG

Use the table below as a reference when creating a referral in Gateway. The table shows which specialty and clinic type you as a referring user will need to select in order to display the relevant auto-book service.

Auto-book Services	Specialty	Clinic Type
AHP Rheumatology	Occupational Therapy; Physiotherapy	Not Otherwise Specified; Not Otherwise Specified
AHP Pelvic Health	Physiotherapy	Not Otherwise Specified
AHP Orthotics	Orthotics and Prosthetics	Orthotics
Stroke Services – York Hospital	General Medicine	Transient Ischemic Attack
TIA Clinic – York Hospital	General Medicine	Transient Ischemic Attack