

## K Cale Floviders

#### WEDNESDAY 21ST MAY 2025

What's In Your Partners in Care Bulletin?

This bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. Please <u>click here</u> to bookmark these pages.

Please forward on to your colleagues. If anyone would like to be added to the contact list, please send their contact information to <u>hnyicb-voy.yorkplacequalitynursingteam@nhs.net</u>



Do you want to share something in the Partners in Care bulletin?

Then, we want to hear from you!

Has something exciting happened you'd like to share? Or perhaps an event you'd like to spread the word about. Achievements, activities or news you'd like others to know about.

Please get in touch hnyicb-voy.yorkplacequalitynursingteam@nhs.net









Your next Care Connected meeting is on **Wednesday 28<sup>th</sup> May at 10:30am – 11:30am.** If you would like to be adding to the mailing list to attend the meeting, please email. **hnyicb voy.yorkplacequalitynursingteam@nhs.net** Previous meeting slides and documents can be found online here

found online here



Humber and North Yorkshire Living Well Newsletters can be found online along with more information about Learning Disabilities and SEND.



Humber and North Yorkshire Health and Care Partnership Humber and North Yorkshire Integrated Care Board (ICB)

LIVING WELL NEWSLETTER

North Yorkshire and York

## UPDATES FROM HUMBER AND NORTH YORKSHIRE ICB

Following a restructure within the ICB, colleagues will notice our team is now referred to as **Adult Social Care Nursing Team**, job titles will also reflect this. We continue to work as part of an integrated Quality Team with NYC and continue to offer support and training across York and North Yorkshire.

#### York and North Yorkshire Care Provider Olympics 2025



SAVE THE DATE 14TH JULY - 24TH AUGUST



The Adult Social Care Nursing Team are pleased to announce the York and North Yorkshire Care Provider Olympics is back for a fourth year this July.

The Olympics poster is available to view <u>here</u>. More information will be sent out in due course. If you have any questions or would like to discuss the Olympics please email the Team hnyicbvoy.yorkplacequalitynursingteam@nhs.net

The Adult Social Care Nursing Team have created a 'notice board' poster for everyone. The poster is available to view <u>here</u>, feel free to share with colleagues or print a copy out to display in your staff rooms, reception area or office.



#### Dementia Action Week 19<sup>th</sup> May - 25<sup>th</sup> May 2025

Dementia Action Week 2025 will run from May 19th to 25th. It's a UK-wide campaign organized by the <u>Alzheimer's Society</u> to raise awareness about dementia and encourage action to improve the lives of those affected. The week aims to highlight the importance of early diagnosis and access to support.

Locally North Yorkshire Council commission dementia advice and support via Dementia Forward who as part of their awareness raising are launching "**Don't Keep Dementia Under Your Hat Day" on the 23rd of May** - this will become an annual event to raise awareness, reduce stigma and raise vital funds during Dementia Action Week.

**Hat Day** provides an opportunity to unite communities, encourage conversations about dementia, and raise money to ensure support and resources are available for everyone affected by dementia in North Yorkshire. So, encourage friends, family members and colleagues to be involved by wearing a hat (the more creative the better!). Whether you're wearing a cowboy hat, a sombrero, a simple bobble hat, or crafting your own paper hat, everyone joining in together is what really counts.

<u>Click on this link for further information:- Hat Day, Dementia Forward, North Yorkshire's</u> <u>leading dementia charity</u>

### **UPDATES FROM INFECTION PREVENTION CONTROL**



The number of patients with norovirus in hospitals is the highest it has ever been at this time of year and a large number of care homes in our area are closed due to norovirus.

Please see a link below to a 'Norovirus alert' for North Yorkshire and York:

https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-carehomes

Please see the next page for the full bulletin.





### IPC Bulletin for Care Homes Issue No. 58- April 2025 North Yorkshire and York Edition



Produced by an NHS Community Infection Prevention and Control Team based in North Yorkshire for distribution to subscribers.



# North Yorkshire and York

## **Norovirus Alert**

The number of patients with norovirus in hospitals is the highest it has ever been at this time of year and a large number of care homes in our area are closed due to norovirus. Norovirus is highly infectious requiring only a few viral particles to cause an infection. A person can spread the infection before their symptoms appear, whilst they are symptomatic and up to 72 hours after symptoms have resolved. Some people have minimal symptoms and do not report it, but they too can spread norovirus to others.

The following guidance is aimed to limit the spread of infection between hospital and care homes as both these care settings have people who are particularly vulnerable to infection.

#### When a resident is clinically ready for discharge from hospital

Resident was admitted to hospital during a norovirus outbreak in the care home	Okay to discharge back to the care home as already exposed to the virus
Resident is not in a closed bay, but the ward does have other bays closed Resident is in a closed bay,	<ul> <li>Staff can visit to assess the resident's suitability for the care home</li> <li>Okay to discharge to the care home</li> </ul>
has had norovirus and is now 72 hours symptom free Resident is in a closed bay	<ul> <li>If facilities allow, these residents should be taken to a non-affected area to allow staff to visit to assess suitability for discharge to the Care Home</li> <li>Okay to discharge to the care home</li> </ul>
and either not had norovirus or currently symptomatic	<ul> <li>Generally, should not be discharged until the bay has reopened</li> <li>However, can be assessed on an individual basis and isolated in the care home for 72 hours</li> </ul>

#### Admitting residents to hospital during a care home outbreak

- If possible, defer the transfer until the outbreak has been declared over
- If a resident requires hospital admission, you must inform the hospital and ambulance/transport service that the care home has an outbreak, even if the resident does not have any symptoms
- Complete a patient passport or Inter-health and social care infection control transfer Form for all transfers. It should clearly state whether the resident presents an infection risk or not. A transfer Form is available to download at www.infectionpreventioncontrol.co.uk/resources/inter-healthand-social-care-infection-control-transfer-form/

#### What's new

- Coming very soon: Updated set of Care Home Policies
- IPC training event for Care Homes: 22nd September, 2025. www.infectionpreventioncontrol.co.uk/events/

Visit our website to find lots of IPC resources, many of which are free to download. www.infectionpreventioncontrol.co.uk Call us on 01423 557340

## UPDATES FROM THE QUEEN'S INSTITUTE OF COMMUNITY NURSING



#### A new podcast to shine a light on thee future of social care

Stories from Social Care Leaders is a brand-new podcast hosted by the University of Salford, dedicated to amplifying the voices of those shaping the future of social care.

In this first series, the podcast explores strategic-level perspectives, with a special focus on social care nursing. Hear from key figures in the field, discussing policy, education, and research to uncover the ideas and experiences driving change. The podcast will run monthly for a year.

The first episode is now live and you can listen here.

## Falls Tech - Using Technology in Falls Prevention & Management, National Conference & Exhibition

**When?** Friday 23<sup>rd</sup> May 2025

#### Where ? America Square, London

Join the premier conference and exhibition focusing on the forefront of healthcare innovation as it delves into the transformative role of digital technology in preventing falls within the NHS. Free for NHS, Social care and private healthcare organisations.

This conference is dedicated to addressing the challenges of falls by harnessing the power of digital technology and showcasing current and emerging technologies and how they can support you to prevent falls in your service.

By bringing together leading experts, suppliers, healthcare professionals, policymakers, and technology innovators, the conference aims to explore the latest advancements, share best practices, and forge new pathways in falls prevention, and ultimately reduce the incidence of falls across the NHS.

#### Find out more

## UPDATES FROM NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE



#### New guideline to help cut falls

As well as making recommendations on hazards in a person's home, <u>our updated</u> <u>guideline</u> also covers residential care homes, hospitals and other healthcare settings in the community.

It recommends that people, including those in hospital and residential care, are encouraged to remain active, unless they have been advised not to.

The Adult Social Care Nursing Team provides falls prevention training. If you are interested in booking a training session, please email the team at: hnyicb-voy.yorkplacenursingteam@nhs

#### Review your digital progress with new What Good Looks Like self-assessment tool

Care Hub

The What Good Looks Like (WGLL) self-assessment tool is now available to support adult social care providers at every stage of their digital journey.

The free tool has been co-developed with people working across adult social care and is based on the national What Good Looks Like framework for digital working. It is designed to help care providers assess their current digital capabilities, reflect on areas for improvement, and access practical guidance to help plan next steps.

Click here to find out more



#### Wellbeing Group for Mental Health Carers

This is a friendly and relaxed wellbeing group for anyone who supports someone with a mental health condition. It's a time to focus on your own wellbeing, connect with others who share similar experiences, and take part in gentle activities.

Please note: the group now meets on the last Tuesday of each month (previously the last Wednesday).

When: Tuesday 27 May, 6.15 - 8.15 pm

Where: 30 Clarence Street, York YO31 7EW

To book, email julie.kay@yorkcarerscentre.co.uk. If it's your first time, please let us know, and we'll arrange a phone conversation beforehand.

#### **Creative Workshops**

Exploring loss and grief

Join us as we use creative writing, art, music, and performance to explore feelings of grief and loss. Led by Matt from the '<u>Next Door But One</u>' theatre group, these sessions are open to all experiences of loss - from bereavement, changes in identity, relationships, jobs, or anything in between.

When: <u>Tuesday 27 May</u> and <u>Tuesday 17</u> June, 10.30 - 12.30 pm

**Where:** York Theatre Royal, St Leonards Place, York YO1 7HD

To book please <u>email here</u> or call 01904 715 490. \*\*Please note these sessions are for carers only.

### UPDATE FROM CITY OF YORK COUNCIL



The government has recently published guidance for 2025 around hot weather and supporting the vulnerable populations in our community.

The link below takes you to the guidance developed specifically for social care managers, staff, and carers on how to reduce the risks of hot weather to the health of people they provide care for.

Please click for further information





## FOR THE ATTENTION OF PROVIDERS IN THE YORK AREA WHO HAAVE IMMEDICARE

#### Relaunch

## Temporary management of newly found wounds and use of wound dressing boxes in residential care homes.

Skin tears and other traumatic acute wounds increase with the ageing population and the associated physiological skin changes. They are known to cause significant pain and affect quality of life of residents. These types of wounds occur mainly on the arms and legs and respond well to early intervention. Being able to immediately manage and cover a wound can save time and resources and improve treatment outcomes.

The wound care project has been developed with Immedicare, to support staff in residential homes to care for residents with a newly found wound. This initiative reduces potential risk and delay of treatment to residents, by enabling care staff to safely cover the wound using an appropriate dressing. It will standardise safe and effective advice, management and documentation of newly found wounds in a residential care home setting.

Each care home has been provided with a wound care box by the district nursing team containing a selection of simple dressings. Replacement dressings can be obtained by contacting the district nursing team via their Single Point of Access (SPA).

Immedicare will provide video support and guidance and as the first question Immedicare will ask is 'Do you have a wound dressing box', it is important everyone knows where the box is kept within your care home. Immedicare will contact the district nursing team to update them on the care provided and request a follow up visit from the district nurse team if required.

In addition, each care home will require designated staff to act as "champions" to promote appropriate use of the wound dressing boxes. Please can you ask for volunteers to become champions within your care home?

### UPDATES FROM SKILLS FOR CARE



#### **Recruitment support**

Recruit to retain

Are you looking to improve staff retention, enhance workforce wellbeing, and recruit individuals who stay and grow with your organisation? Our recruit to retain programme offers practical, values-based strategies to strengthen recruitment, support staff development and reduce turnover.

Starting in June, our three-day interactive programme provides practical tools and hands-on experiences to enable you to integrate the learning into your daily operations. Whether you want to reduce staff turnover, increase diversity, or attract a broader candidate pool, this programme will help you to develop practical methods for identifying candidates who fit your organisation.

#### ⇒ Find out more

#### Creating a positive workplace culture seminar

29 May 2025 | 10:00-15:30 | Online

This engaging and interactive seminar is all about helping you to create a workplace culture of inclusivity, compassion, and collaboration. It offers hands-on learning that will help you build confidence in fostering a positive work environment.

Key highlights include practical exercises using the Culture Iceberg model and positive culture toolkit, methods for challenging and changing workplace norms and negative cultures whilst planning constructive next steps.

 $\underline{\Rightarrow} \textbf{Book now}$ 

### **UPDATES FROM SKILLS FOR CARE**



#### Support for leaders and managers

Developing new managers and deputies guide

With 10,000 registered managers due to retire in the next 15 years, succession planning is key to ensuring that your service continues to provide well-led, consistent quality care, both today and in the future.

Our updated 'Developing new managers and deputies' guide provides lots of practical steps to identify, develop and retain future leaders in adult social care. It also includes useful tools such as checklists, interview templates, and scenario-based assessments to help adult social care providers develop effective succession planning strategies.

⇒ Download the guide

#### The Chief Nurse for Adult Social Care Awards

These awards have been a big part of our regional celebration events with Deborah Sturdy the Chief Nurse for Adult Social Care. Visit the website to view the qualifying criteria and you can nominate someone or a team for the:

- Team award
- Silver award
- Gold award

Find out more

## Get involved - We'd love to hear from you

We Are Social Care Nursing aims to highlight and showcase what is going on in nursing, to give a voice to the nurses and nursing associates who are working in social care, and for colleagues to better understand the complexity of nursing roles.

We'd like the content to be led by the workforce to show what is happening on the ground and in reality, and so if you'd like to contribute by writing about a topic of your choice, maybe something that is particularly important to you, please email <u>SocialCareNursing@skillsforcare.org.uk</u>

You can also get in touch via social media using #WeAreSocialCareNursing and tagging us.



## Research development programmes for social care nurses

There are 2 new and exciting opportunities for nurses who work in social care to improve their research skills and help create a researchfriendly culture at work.

You can apply for funding to work on research for 1 day a week for a year for:

- Social Care Nurse Research Internships 12 places available
- Social Care Nurse Research Champions 24 places available

#### ⇒ Find out more

# Enhancing residential care: how research can make a diferrence to practice

A free national online conference organised by the Hallmark Foundation and Hallmark Luxury Care Homes, with support from the National Institute for Health and Care Research.

This event will feature and showcase practical and policy influencing research projects with care homes, older people, their families and carers.

#### ⇒ Find out more

#### Social care lunchtime seminar: empowering voices

Dr Rachel Harrison, University of Winchester talks about her work aimed at improving the lives of people with Learning Disabilities, she explained:

"I think we don't really understand people with learning disabilities. We can understand older people, we can understand children, but we can't necessarily understand people who for so long were locked away in institutions and haven't been part of our communities or our societies.

"These are people who aren't necessarily understood and who are most often overlooked."

#### ⇒ Find out more



#### Spotting the red flags for harmful cultures in healthcare

The Patient Experience Library has published Responding to challenge, a research report looking at how to identify 'red flags' (early warning signals) and harmful patterns of behaviour in health and social care.

We commissioned the Patient Experience Library to look at warning signals from 10 years of avoidable harm inquiries in health and social care. The report uses real-life examples to show the red flags for what could indicate a poor culture.

The Patient Experience Library also developed a Red Flag Tracker tool. This is an online resource based on the evidence used for the report. The tool can help anyone who feels something is "not quite right" to check their initial concerns against evidence.

#### Click on the links blow for more information.

- News: Responding to challenge report and red flags tracker
- <u>Report: Responding to challenge</u>
- Patient Experience Library: Red Flag Tracker

### **UPDATES FROM INFECTION PREVENTION CONTROL**

The latest Bulletin from the Community Infection Prevention and Control Team focuses on: **'Urinary Catheters'**.

We would be grateful if you would share this information with colleagues as appropriate.

Please follow the link below to view the Bulletin: <u>https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-gp-practice-staff/</u> <u>https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-care-homes/</u> <u>https://www.infectionpreventioncontrol.co.uk/news/ipc-bulletin-for-domiciliary-care/</u>





#### Immedicare training timetable - May 2025

#### **Training features:**

- Monthly training sessions for all staff working in homes with Immedicare service
- Wide range of topics covered
- Post training evaluation available for delegates to submit feedback on the sessions
- Certificates sent to all delegates who complete a full session
- 2 3 pm Tuesdays, Wednesdays and Thursdays
- Free of charge
- Easy to access via web page
- Accessible on any device

#### **Course dates:**

- 21<sup>st</sup> May React to red
- 22<sup>nd</sup> May Diabetes
- 27<sup>th</sup> May Muscular skeletal injuries
- 28<sup>th</sup> May Urinary tract infections
- 29<sup>th</sup> May Nutrition and hydration

#### Accessing the training:

Head to <u>https://involve.moodlecloud.com/</u> or click the link below. You must create an account, and once you have an account you can register for the courses you would like to attend. For any queries relating to training, please contact <u>acunningham@immedicare.co.uk</u>

#### Click here to access the training

#### Certificates:

Each person needs to create a training account with a valid email address and care home name prior to attending a training session, even if you intend to watch the session in a group from a single device. At each training session we also need you to write your name and email address in the chat box. Without an account and confirmation of attendance in the chat box, we cannot issue your certificate. Please allow up to 1 week to receive your certificate.



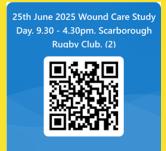
#### **Tissue Viability Skills Workshop Training**

This is free to attend. The day will consist of 30-minute repeated skill stations which clinicians can drop in to at the most convenient time for them and attend relevant stations. Company representatives will be in attendance to discuss formulary products at your leisure.

Book your place today using the QR code below.

**Target Audience:** All Humber Staff, General Practice Nurses & HCAs (within Scarborough, Whitby & Ryedale). All Trained Nursing Home Staff (within Scarborough, Whitby & Ryedale)

- PU categorisation
- K-Two application
- Actico application / hoisery
- Wound bed preparation
- Dressing / formulary
- Dopplers studies



#### **Date:** 25<sup>th</sup> June 2025 **Time:** 0930 - 1630

**Location:** Scarborough Rugby Club (Silver Royd), 569 Scalby Road, Scalby, Scarborough YO13 0NL

#### **TENA VIRTUAL product training**

All sessions start at 2pm for 1 hour

#### Sessions covered

- TENA product assessments
- TENA product range
- Correct fitting of TENA products
- How to get the best of the TENA products
- Technology of TENA products

Email jo.gledhill@essity.com to book a place.

Date

TENA



• 23rd June

## Residential/Nursing Homes and Domiciliary Carers Bladder and Bowel Training Dates 2025

York and Scarborough Teaching Hospitals

This training will cover: 'promoting continence and managing incontinence'.

Session includes: updating carers in residential homes/nursing homes and domiciliary carers on the necessary skills to promote continence and manage incontinence within their work environment.

This training is aimed at non-registered staff from residential homes and nursing homes and all domiciliary carers.

These are the objectives of the session: -

- List the possible causes of incontinence
- Know main functions of the healthy bladder and bowel
- Understand the impact of incontinence on quality of life
- Have an awareness of types of incontinence
- Examine various management options
- Look at how to care for a urinary catheter
- Help within your work environment

To book a place, please email <a href="mailto:clare.markwell@nhs.net">clare.markwell@nhs.net</a>

The Adult Social Care Nursing Team Training Packages

The Adult Social Care Nursing Team offer the following training packages to all providers across York and North Yorkshire.

- Improving Hydration in Care Home Residents
- Recognising and Responding to Deterioration in Residents
- React to Red Pressure Ulcer Prevention
- React to Falls Prevention
- Hand Hygiene and PPE
- Oral health
- Nutrition
- Constipation

If you would like further information or to request training, email the team Hnyicbvoy.yorkplacequalitynursingteam@nhs.net

Please visit our <u>website</u> to view our training packages, Partners in Care bulletins, Care Connected slides and documents and a variety of resources available.

25<sup>th</sup> June 1400 - 1600 27<sup>th</sup> August 1400 - 1600 19<sup>th</sup> November 1400 - 1600

Dates

## LEARNING & Development



#### Digital skills eLearning modules

We've developed a suite of free-to-access 'bitesize' digital skills eLearning modules, in line with the Digital Skills Framework. The modules are designed to support people working in adult social care to gain knowledge and understanding on how digital, data and technology is used in the sector. The titles and themes of these seven modules are:

- using technology to support person-centred care
- technical skills in using technology
- communicating through technology
- using and managing data
- being safe and secure online
- ethical use of technology
- digital learning, development, and wellbeing.

Find out more about the modules



#### Carer Awareness Training - Identifying and supporting carers: Introducing York Carers Centre

Here are the future dates to choose from all 10:30-12:30



Wednesday 23<sup>rd</sup> July 2025 We 1<sup>st</sup> Oct 2025 Tues 21<sup>st</sup> Oct 2025 Wed 5<sup>th</sup> Nov 2025 Wed 14<sup>th</sup> Jan 2026 Tus 20<sup>th</sup> Jan 2026

To book a place access the City of York Council's, York Learning Pool and create a Mylo account if you haven't one already: <u>https://york.learningpool.com/login/index.php</u>



### FURTHER INFORMATION

#### Contacts for Incident Reporting -Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please email yhs-tr.s2s.york@nhs.net This will allow the Trust to continuously receipt, acknowledge, and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please click this <u>link</u> or scan the QR code for a template which you are able to complete, and will ensure they have all the information required to investigate.



#### Chief Nurse for Adult Social Care Awards - Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this <u>link</u> or the QR code. We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, if you submit an application, please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.



This bulletin is produced by York Health and Care Partnership

Do you have...

Thoughts or comments to share? Or news that you would like to feature in the bulletin?

If so please contact hnyicb-voy.yorkplacequalitynursingteam@nhs.net