





Our North Yorkshire and York Care Providers

Wednesday 9 October 2024

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. Please click here to bookmark these pages



Do you want to share something in the Partners in Care bulletin? Then, we want to hear from you!

Has something exciting happened you'd like to share? Or perhaps an event you'd like to spread the word about. Achievements, activities or news you'd like others to know about.

Please get in touch hnyicb-voy.yorkplacequalitynursingteam@nhs.net

Updates from Humber and North Yorkshire Integrated Care Board





Care Home Digest

The Food Services Specialist Group and Older People Specialist Group of the BDA are proud to have worked with the National Association of Care Catering to develop the first menu planning and food service guidelines for care homes for older adults, to support residential and nursing care homes to provide high quality food and drink services for residents in their care.

The guidelines provide information and tools that care home managers, nursing staff, carers and catering teams can use to understand how to ensure that menus meet residents' nutritional needs, together with guidance about how food service delivery can both enhance mealtime experience for residents and support them to meet their nutritional needs.

The full, printable PDF version is available online here

World Mental Health Day 2024

World Mental Health Day is celebrated every year on 10 October. This year's theme set by the World Federation of Mental Health is **workplace mental health**. The theme highlights the importance of addressing mental health and wellbeing in the workplace, for the benefit of people, organisations, and communities.

Get involved

There are lots of ways that you can take part in World Mental Health Day. Celebrate with a Tea & Talk! Last year, over 260,000 people had a Tea & Talk for World Mental Health Day - raising vital funds for mental health whilst getting together and talking about mental health. Every donation supports our life-changing work and brings us closer to a world with good mental health for all.

<u>Download the posters and social graphics</u> and share them to help spread the word. You can join us in raising awareness about mental health on social media by following us on <u>Instagram</u>, <u>Facebook</u>, <u>Twitter</u> or <u>LinkedIn</u>.

Whether you're wearing <u>a green ribbon</u> to show your support, holding a <u>Tea & Talk</u>, or getting involved another way – we want to hear from you! Share a photo of what you've been up to on Instagram and tag us at @mentalhealthfoundation and use #WMHD2024

World Mental Health Day 2024 | Mental Health Foundation

2024 North Yorkshire and York Care Provider Olympics

The 2024 Care Provider Olympics has been fantastic.

Congratulations to everyone who took part this year. Our team have enjoyed visiting providers, joining in with your residents and activities and seeing all of your photos. Everyone has had a fantastic time and thoroughly enjoyed the Olympics.

Our 2024 winners are -

Older adults category

1st Kirkwood Hall 2nd Greyfriars Lodge 3rd Abbey Lea Care Home

Younger adults & LD category

1st Sherbutt House 2nd Cauwood Day Service 3rd Harrogate Home Support & Day Services

The closing ceremony is on Friday 8th november at 2pm on Microsoft Teams If you would like to attend, please email hnyicb-voy.yorkplacequalitynursingteam@nhs.net

We look forward to seeing you all again next year!









Your next Care Connected meeting is on **Wednesday 16th October at 1030am – 1130am.**

If you would like to be adding to the mailing list to attend the meeting please email hnyicb-voy.yorkplacequalitynursingteam@nhs.net

Updates from Skills for Care



Personalised workforce training and development

We are running two workshops where we will discuss how personalised workforce training and development, which involves a wide range of care professionals and family members, can improve outcomes for people drawing on services.

The workshops will be held on Monday 2 December, 14:00 - 16:00 and Tuesday 10 December, 10:00 - 12:00. If you're interested in attending either session, please email innovation@skillsforcare.org.uk.

Flagship workforce data report launch event

Thursday 10 October 2024 | 09:30 - 11:30 | Zoom

Join us as we mark the launch of our 'The state of the adult social care sector and workforce in England, 2024' report. We'll share this year's headline findings and an update on the progress of the Workforce Strategy for adult social care that we launched in July. You'll also hear from a range of voices from across the sector.

⇒ Register for the launch event

Other updates and important information



Supporting vulnerable people before and during cold weather: for adult social care managers

Who this guidance is for

This guidance provides advice to managers working in the social care sector on how to reduce the risks of cold weather to the health and wellbeing of those who receive care. It is intended for managers of registered care homes and other residential settings, and for managers of providers that provide care in clients' own homes. Social care managers in these settings should also consult the Cold-Health Alert action card for providers. This card summarises the suggested actions that providers of social care should consider to prepare for and respond to each Cold-Health Alert (CHA) type (yellow, amber or red). It also identifies some of the key long-term strategic actions managers can take which will help minimise harms to health arising from cold weather. Find more information within about the Cold-Health Alert system about the CHAs.

Carers providing direct care to people, including in their own homes, are recommended to review UK Health Security Agency (UKHSA) guidance on keeping warm and well: staying safe in cold weather for advice on keeping buildings warm during periods of cold weather, and other general measures to help protect social care clients.

Click here for more information

Al and Social Care Discover Day

18th October 2024 – Harrogate Convention Centre - North Yorkshire Council are hosting an Al and Social Care Discovery Day.

There is a lot of hype about Artificial Intelligence and how it is going to radically change the way we live and work. It is true that there is a lot of opportunity, and we can start to imagine a world where we all have our own personal assistants to help us with the work we find too time consuming or laborious. Perhaps AI can help make the technology we use every day easier to manage or the support we provide to be more flexible. The opportunities are endless and developing each day. What we are very clear on is that as we look towards what social care of the future might look like we need social care expertise to shape the discussion, to inform and inspire it so that we are led not by what technology can do but about what it should do.

Please come and be a part of the conversation, learn about new opportunities and how NYC are making sure we take an innovative yet ethical approach, talk to others and share the time to learn, reflect and contribute to the future of social care.

To book or to raise any queries please contact Cath.ritchie@northyorks.gov.uk



Dementia and OAMH lunch and learn sessions

North East and Yorkshire Regional Mental Health Team are pleased to announce the 2024-25 'Lunch and Learn' education series people with an interest in dementia and older adult's mental health. All with an interest in North-East and North Cumbria Region are invited to attend.

For joining details, propose future topics or any other info please email David.newman7@nhs.net

| 24/10/2024 | 12:30 - 13:30 | Proactive support for carers and avoidance of anti- psychotic medication Speaker - Gary Lewis |
|------------|---------------|--|
| 21/11/2024 | 12:30 - 13:30 | Dementia and physical health: how can we address frailty? Speaker: Prof Alison Yarnall |
| 12/12/2024 | 12:30 - 13:30 | Admiral nursing and opportunities for post-diagnostic dementia care Speaker: Kirsty de Bono-Hume & Sue Gilbertson |
| 23/01/2025 | 12:30 - 13:30 | YouTube as a tool to enhance public education and promote health in dementia Speaker: Dr James O'Donovan |
| 13/02/2025 | 12:30 - 13:30 | Dementia Research: regional opportunities for patient and staff participation Speaker: Prof John-Paul Taylor |
| 20/03/2025 | 12:30 - 13:30 | Pan North Dementia Education Meeting: National Adult of Dementia: Key findings from the Memory Services Spotlight report Speaker: Dr Jeremy Isaacs |

Each session will begin with a short presentation followed by a facilitated interactive discussion for everyone to join in. These sessions are intended to be informal and interactive so that people from different backgrounds across NEY with an interest in the subject have the chance to share their experiences, ideas, and positive practice. You're welcome to talk about challenges, share successes or just come and listen and provide and receive some peer support. The session will be led by the NEY Clinical Lead, Dr Charlotte Deasy



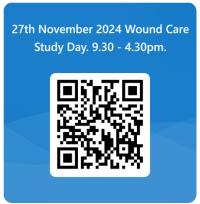
To book a place click here



Tissue Viability Skills Workshop Training

This is free to attend. The day will consist of 30 minute repeated skill stations which clinicians can drop in to at the most convenient time for them and attend relevant stations. Company representatives will be in attendance to discuss formulary products at your leisure.

Book your place today using the QR code below



Date - 27th November 2024

Time -9.30 - 16.30

Location – Silver Royd, The J M Gutherie Clubhouse, Scalby Road, Scalby, Scarborough YO13 0NL

Please note this is available to NH trained staff and practice nurse staff from Whitby, Scarborough and Ryedale only.

- Dopplers studies
- PU categorisation
- Wound bed preparation
- Dressing / formulary
- Actico / hosiery
- K-TWO / K-FOUR



Adult Social Care winter letter 2024 - 25. A section of the letter is below, to read the full letter from Stephen Kinnock, Minster of State for Care <u>click here</u>

Workforce

We recognise that the adult social care sector faces ongoing workforce challenges - and we are committed to working with the sector, both in the short term and over the course of this Parliament, to tackle these challenges together. The government recently launched an additional workforce recruitment and retention survey on Capacity Tracker for Care Quality Commission (CQC) registered providers to complete. The survey has been designed with the purpose of increasing understanding about the current workforce picture within local areas and we would ask you to encourage providers to share their views and experiences with recruiting and retaining staff.

Alongside improving domestic recruitment and retention, we are also committed to improving the way international recruitment works in adult social care, ensuring individuals work for legitimate providers, and tackling the exploitation of workers. Regional partnerships have received £16 million this financial year to support them to prevent and respond to unethical practices in the sector. This includes funding support for international recruits to understand their rights and establishing operational processes with regional partnerships to support individuals to switch employers and remain working in the care sector when they have been impacted by their sponsor's licence being revoked.

Care workers deserve to be recognised and supported for the important work they do. They are essential to those who draw on care and support, helping them maintain their quality of life, independence and connection to the things that matter to them. Looking beyond this winter, we will engage with the sector including workers and trade unions over establishing the first ever Fair Pay Agreement for care professionals. We will shortly be reaching out to sector partners about this and look forward to engaging with local government representatives and drawing on the wealth of expertise within local authorities to help shape these landmark reforms.



Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the "red bordered" DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

• 14.10.24 - 10.00- The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine's Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: sarah.holloway@saintcatherines.org.uk

Dates for your diary

OCTOBER

- ➤ QNI annual conference 7th 10th October 2024 Conference programme REGISTER HERE
- ► Improving your CQC rating seminar Tuesday 22 October | 10:00 15:30 |
 Zoom ⇒ Register now
- ➤ **IPC Champions Meeting** Tuesday 22nd October 2pm 4pm

NOVEMBER

- ➤ Bladder and Bowel training for carers in residential and nursing homes in the Vale of York. Training sessions 7th November 14.00-16.00 To book a place, please email clare.markwell@nhs.net, who will send you the Teams meeting invite.
- ➤ Olympics closing ceremony 8th November 1400 Microsoft teams. Email hnyicb-voy.yorkplacequalitynursingteam@nhs.net to book a place.
- Being prepared for CQC assessment seminar Thursday 14 November | 10:00
 15:30 | Zoom ⇒ Register now

DECEMBER

➤ Health and Social Care: Achieving Excellence Together Conference – 6th December 2024 at The Principal Hotel York (more info to follow)

Training and Resources

The Quality and Nursing Team Training Packages

The Quality and Nursing Team offer the following training packages to all providers across York and North Yorkshire.

- Improving Hydration in Care Home Residents
- Recognising and Responding to Deterioration in Residents
- React to Red Pressure Ulcer Prevention
- React to Falls Prevention
- Hand Hygiene and PPE
- Oral health
- Nutrition

If you would like further information or to request training, email the team Hnyicb-voy.yorkplacequalitynursingteam@nhs.net

Please visit our <u>website</u> to view our training packages, Partners in Care bulletins, Care Connected slides and documents and a variety of resources available.

Learning and Development opportunities

Digital skills eLearning modules

We've developed a suite of free-to-access 'bitesize' digital skills eLearning modules, in line with the Digital Skills Framework. The modules are designed to support people working in adult social care to gain knowledge and understanding on how digital, data and technology is used in the sector. The titles and themes of these seven modules are:

- using technology to support person-centred care
- technical skills in using technology
- communicating through technology
- using and managing data
- being safe and secure online
- ethical use of technology
- digital learning, development and wellbeing.

⇒ Find out more about the modules

The Workforce Development Fund 2024-25 is now open

The Workforce Development Fund (WDF) is now open to organisations that provide adult social care services and directly employ care staff within England. The fund is being scaled down in 2024-25 and it will only be possible to claim WDF for qualifications and apprenticeships which started on or before 31 March 2024 and which will complete by 31 March 2025. This year, WDF will be distributed exclusively by Skills for Care.

⇒ Find out more about WDF

Carer Awareness Training (online)

York Carers Centre are providing Carer Awareness Training via Zoom on the following dates:

5th November 10.30-12.30 14th January 10.30-12.30

To book a place, please access York Learning Pool and create an account, if you haven't already signed up: https://york.learningpool.com/login/index.php

Further Information

Contacts for Incident Reporting - Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please email yhs-tr.s2s.york@nhs.net This will allow the Trust to continuously receipt, acknowledge, and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this link a template which you are able to complete, which will ensure they have all the information required to investigate.

This bulletin is produced by York Health and Care Partnership

Do you have...

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact hnyicb-voy.yorkplacequalitynursingteam@nhs.net