





Our North Yorkshire and York Care Providers

18 March 2024

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. Please click here to bookmark these pages



CQC is changing

An update on how we're implementing our new regulatory approach



Our new assessment approach has launched - share your feedback

We have now started using our <u>new assessment approach</u> in your area and we want to hear how you are finding it.

We hope that you feel prepared for an assessment under the new approach and that your experience has been positive so far.

Please help us improve and share your experiences with us by taking this short survey.

Share your feedback







Save the date: Clinical assembly for Health, Learning Disabilities and Aut Collaborative Programme

The next clinical assembly for the Mental Health, Learning Disabilities and Autism Collaborative, 'Our future direction and how you can help shape it', will be held on **Wednesday 20 March 2024**, 12:30–1:15pm via Teams.

This is an opportunity for those attending the assembly to hear about the future plans of our collaborative programme and equally important, how you can be involved, be heard and shape things.

We are delighted to welcome Brent Kilmurray, Chair of the Collaborative and Chief Executive of Tees, Esk and Wear Valleys NHS Foundation Trust, and Alison Flack, Collaborative Programme Director, who will both be talking at this assembly and there will be ample time for questions and answers.

For further information and to receive the link to join the meeting, please email hnf-tr.hnymhpmo@nhs.net.



Mindfulness Sessions Available for Humber and North Yorkshire Health and Social Care Staff

A reminder - Mindfulness Taster Sessions

These two-hour sessions will give you a taste of what mindfulness is all about and the variety of offerings our service provides. Sessions include information, discussion, and brief guided meditations. You need to attend a taster before applying for one of our longer courses. A range of sessions will be running from March until September 2024. Click here to book onto a taster session.

Staff Introduction to Mindfulness Course

This short course consists of 3 sessions over a 3-week period. Each online session is an hour long and will include brief guided meditations, as well as some theory and discussion. You will be invited to use the mindfulness practices at home between sessions. This course is designed for people who are new to mindfulness or who only have limited time to attend a mindfulness course.

Click here to complete the registration form to book onto the course.

Weekly Drop-In Mindfulness Sessions

These regular 30 minute online drop-in sessions aim to support staff wellbeing and include:

- A guided meditation
- An opportunity for some brief discussion

Sessions currently take place on Mondays at 10-10.30am and Tuesdays at 8.30-9am via Microsoft Teams. You don't need to book in advance, and no previous experience of mindfulness is necessary. To register for the drop-in sessions, please contact tewv.mindfulness@nhs.net.



Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the "red bordered" DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- 17.5.24 10. 00 The ReSPECT process: a guide for care staff held on MS Teams; suitable for all working in the social care sector
- 6.6.24 10.00- The ReSPECT process: a guide for care staff held face to face in the Education Centre, Saint Catherine's Hospice, Scarborough; suitable for all working in the social care sector
- 19.7.24 10.00- The ReSPECT process: a guide for LD and autism providers held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- 17.9.24 10.00- The ReSPECT process: a guide for care staff held on MS Teams and suitable for all working in the social care sector
- 14.10.24 10.00- The ReSPECT process: a guide for LD and autism providers –
 held face to face in the Education Centre, Saint Catherine's Hospice, Scarborough;
 suitable on MS teams for any staff caring for clients with learning disabilities and/or
 autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine's on 8 July

Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months.

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: sarah.holloway@saintcatherines.org.uk.





Good News Story from The Wilf Ward Trust!!



#achievements #ProudToBeWilfWard #WWFT #Winner #SwimmingGala #WilfWardAdventures #goals #empowerment





Learning and Development Opportunities



Introductory modules for managers

Based on the Manager Induction Standards, we offer 11 introductory eLearning modules covering topics including supporting and developing teams, effective communication, making decisions and managing resources. Each module aims to support new and aspiring managers in becoming an effective leader and can be completed flexibly.

⇒ Find out more about the introductory modules for managers



Developing your workforce Don't miss out on funded essential training

The rapid induction programme (for new staff), refresher training (for existing staff) and a volunteer programme were set up as a COVID-19 response and will be discontinued at the end of the financial year. The training is available from six endorsed providers and must be completed by 31 March 2024. Sign learners up as soon as possible so you don't miss out.

⇒ Find out more about the funded essential training

Further Information

Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this <u>form</u> and send to <u>yhstr.s2s@nhs.net</u> This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this link a template which you are able to complete, which will ensure they have all the information required to investigate.

Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this <u>link</u>. We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact hnyicb-
voy.yorkplacequalitynursingteam@nhs.net