Hot Frailty Clinic Criteria

Patients best suited to this service:

- Those with a deterioration in general function who are at risk of acute decline and hospitalisation
- Those with moderate to severe frailty, as defined by the attached Rockwood score
- Those with challenging multimorbidity
- Those with troubling polypharmacy
- Those patients with frequent falls who wish to be assessed nearer to home (there is a dedicated falls clinic in York)

Refer direct to Selby Frailty clinic via Gateway, using AHP pathway (**Specialty**: Geriatric Medicine. **Clinic type**: Not otherwise specified)

These referrals are directed via Gateway to yhs-tr.selbyfrailtyclinic@nhs.net

Please enclose a short letter and summary information

The email account is checked for referrals twice a week

Dr Danielle Ronan Consultant in Elderly Care York and Scarborough Hospitals Foundation Trust June 2021