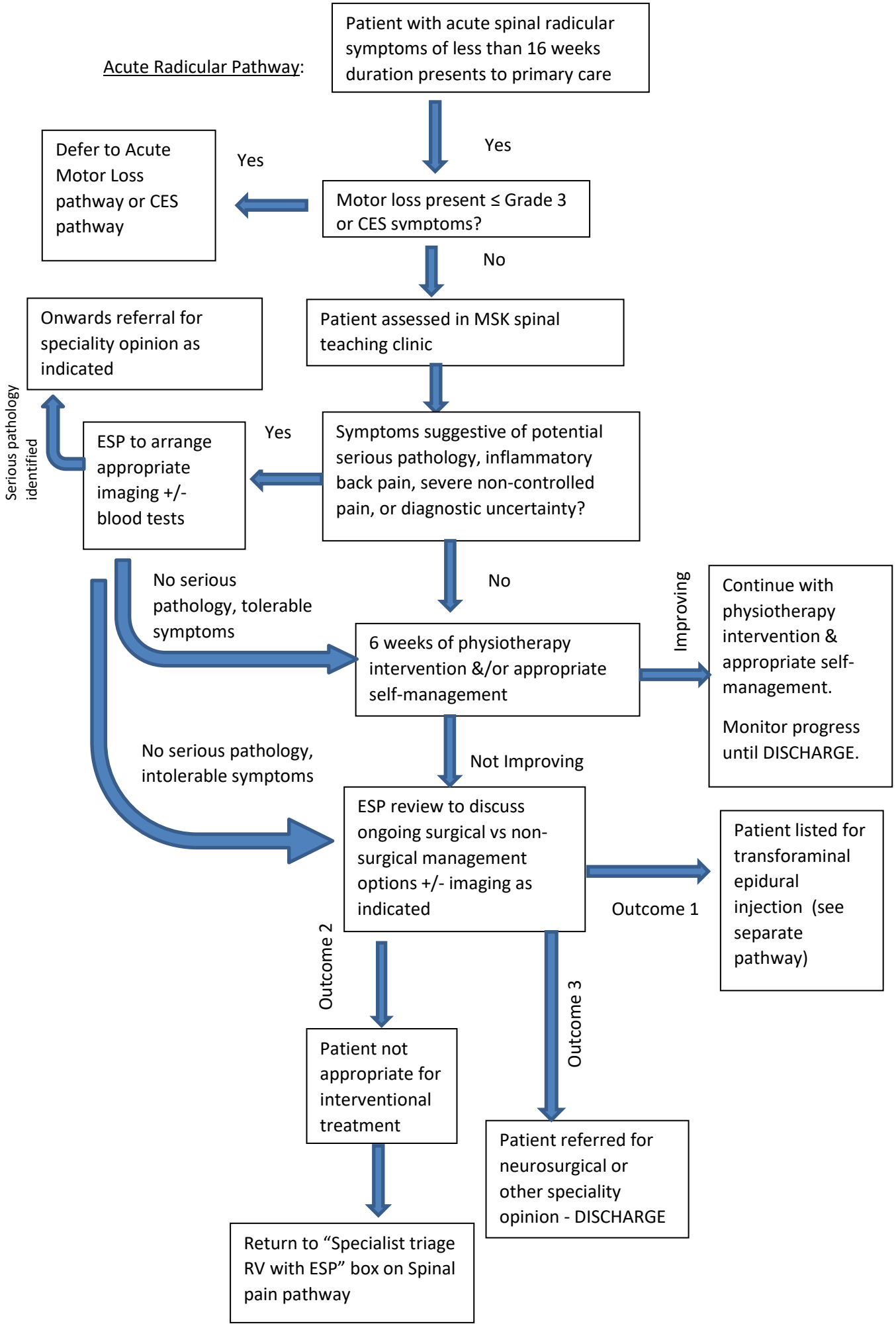
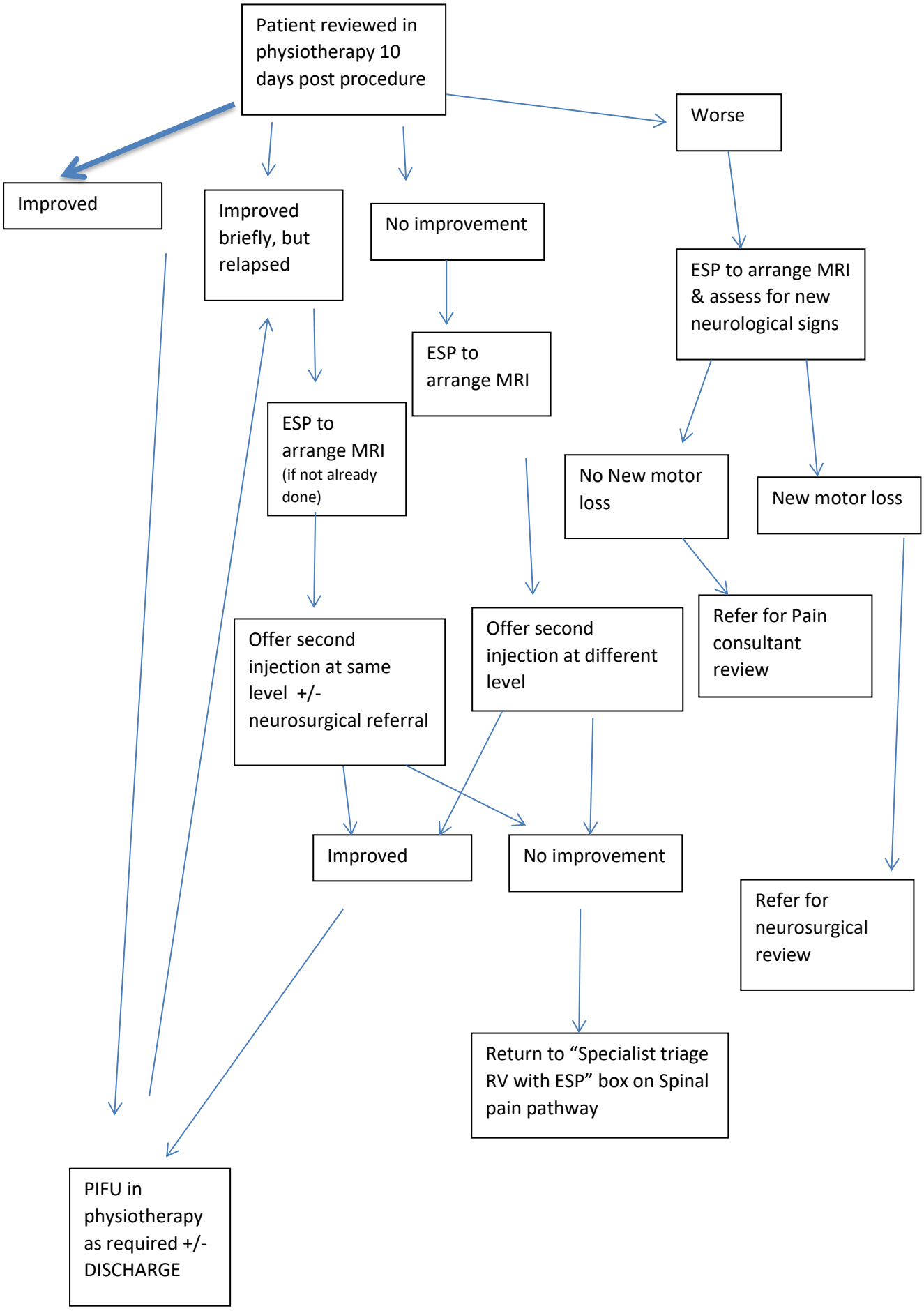

Acute Radicular Pathway:
Patient with acute spinal radicular symptoms of less than 16 weeks duration presents to primary care
Yes
Motor loss present ≤ Grade 3 or CES symptoms?
Yes
Defer to Acute Motor Loss pathway or CES pathway
No
Patient assessed in MSK spinal teaching clinic
Symptoms suggestive of potential serious pathology, inflammatory back pain, severe non-controlled pain, or diagnostic uncertainty?
Yes
ESP to arrange appropriate imaging +/- blood tests
Serious pathology identified
Onwards referral for speciality opinion as indicated
No
No serious pathology, tolerable symptoms
6 weeks of physiotherapy intervention &/or appropriate self-management
Improving
Continue with physiotherapy intervention & appropriate self-management.
Monitor progress until DISCHARGE.
Not Improving
No serious pathology, intolerable symptoms
ESP review to discuss ongoing surgical vs non-surgical management options +/- imaging as indicated
Outcome 1
Patient listed for transforaminal epidural injection (see separate pathway)
Outcome 2
Patient not appropriate for interventional treatment
Return to "Specialist triage RV with ESP" box on Spinal pain pathway
Outcome 3
Patient referred for neurosurgical or other speciality opinion - DISCHARGE

Post Transforaminal Injection Pathway: