





Monday 09 October 2023

### What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. Please click here to bookmark these pages



#### **Getting into the Swing with Harcourt Gardens**

This week we're sharing a story from Harcourt Gardens in Harrogate who have recently launched their own 9 hole putting green, following the recommendation of 93 year old resident Alistair Scott. Mr Scott has lived at the home since 2021 and is a keen and enthusiastic gardener, even being appointed head gardener at home. As many residents at the home were keen golfers throughout their lives, Alistair suggested the home develop the putting green as a space safe space where residents and their friends and family could enjoy a round of golf together. The home rose to the challenge and opened the course in August. Mr Scott, who got a hole in one on the day of the official opening of the putting green, said: "I didn't play golf until later in life during my retirement – in my day it was classed as a rich man's sport, but I'm really enjoying it now."

To read the full story please follow this <u>link</u>. Thank you very much for the home for allowing us to share this story, which is a fantastic example of putting the resident voice at the heart of their service, to coproduce activities alongside those in their care and support different ways of getting active too.



### **Outbreak Management Update**

As we head in the winter period, Community Infection Prevention Colleagues presented at last weeks to discuss how we can all prepare within our setting to manage and respond to outbreaks. The full slides from the session can be found through this link. The team encouraged providers to be mindful of:

- Ensuring that staff are aware of IPC policies and they are accessible
- Ensuring a good supply of PPE is available
- Ensuring staff are trained in PPE, including donning and doffing procedures

- Good hand hygiene for staff and residents/service users
- Training audits
- Staff to be aware of how to recognise an outbreak of infection within their area
- Respiratory and cough etiquette



### Preparing for the Influenza Season – (Online/MS teams) Information Sessions for Care Homes

The UKHSA Y&H Health Protection Team would like to offer the opportunity for colleagues to attend this short information session to support partnership working and early identification and management of influenza outbreaks in Care Homes.

#### The sessions will cover:

- Influenza what it is and why it matters
- A review of care home influenza outbreaks across Y&H in 2022/23
- Identification of influenza outbreaks in a care home
- Notification to the Y&H Health Protection Team (HPT)
- Actions by the HPT following notification
- Q and A Session

Dates available are below. Please note you may attend any session if the one designed for your local area is not convenient for you.

- <u>17 October 2023 11.00-11.45 (Humber and North Yorkshire)</u>
- <u>18 October 2023 11.00-11.45 (West Yorkshire)</u>
- <u>19 October 2023 11.00-11.45 (South Yorkshire)</u>



#### **Capacity Tracker- DHSC Mandatory Submission Reminder**

A reminder to all CQC registered care homes and providers of domiciliary services, that the window will be opening this week for the mandated Department of Health and Social Care submission through the Capacity Tracker. All providers must complete the tracker at least once during this period at a condition of registration. The window this month falls between the **8 October** and **16 October**, and there are potential fines as a last resort for providers who do not update- so please be mindful of this. Further information on how the regulations will be enforced can be found through this link. A reminder this doesn't replace the need for more regular (preferably daily) usage to allow local authority and health partners to support providers. For any support regarding the Capacity Tracker please contact the national helpdesk on: 0191 691 3729



### **Advance Care Planning Skills Training (Vale of York Providers)**

When: Third Thursday of the Month 9.30-12.00 at St Leonards Hospice

St Leonards Hospice are hosting monthly advance care planning skills sessions to support care provider staff in empowering people's choice and wishes. Open to all, the training session is designed to normalise and enhance decision making in end of life care. You will gain an insight into the types of decisions we make, your legal protections and how best to support friends, families, and patients. For further information please follow this <u>link</u> or contact <u>christopher.charters@nhs.net</u>



### **Introducing the Personalised Care Institute**

At Care Connected last week, providers were introduced to the Personalised Care Institute (PCI) which is the NHS-endorsed home of personalised care education. It has a growing number of free eLearning modules, developed and peer-reviewed by national subject leaders and each one takes just 30-60 mins to complete. It sets the standards for third-party courses with its robust quality-assured accreditation programme, signposting clinicians to the very highest quality training. Its partners include NHS England and more than 40 royal colleges and professional health and care associations, and it provides a range of services including consultancy and research

To find out more please follow this <u>link</u>, or view the <u>slides</u> from last weeks session.



#### **Suicide Prevention in Care Homes Webinar**

When: Tuesday 24th October, 13:00 - 14:00PM

Providers are invited to join this webinar hosted OHID and the Northern England and Yorkshire and the Humber Clinical Networks

No registration is required prior to the event. The session will include presentations on managing suicide risk among the residents of older adult care homes and promote a new publication: *Promoting Emotional Health and Wellbeing and Preventing Suicide: A Resource for Care Home Settings.* The sessions are intended to be informal and interactive so that staff across the North East and Yorkshire have the chance to share their experiences of supporting people using dementia and older people's mental health services. You're welcome to talk about challenges, share successes, or just come and listen and provide and receive some peer support.

To join the webinar please follow this link



### **Care Connected- Slides from the Meeting**

Thank you to all those who joined us last week at Care Connected. The slides from the meeting can be found through this <u>link</u> along with slides from all previous meetings. Care Connected is open to all care providers and partner organisations

from across North Yorkshire and York. The group is facilitated jointly by City of York Council, North Yorkshire Council and NHS Humber and North Yorkshire ICB and designed to help you access the updates relevant to you and your teams from across health and social care in one single place. The meeting takes place through Microsoft Teams every two weeks and the next session will take place on **Wednesday 18 October**.



Breast cancer awareness session for Breast cancer awareness month October 2023

### Free Breast Cancer Awareness Sessions

During Breast Cancer month, Humber and North Yorkshire Cancer Alliance is supporting national campaigns to raise awareness about breast cancer and the NHS breast screening service, by offering short 15 minute breast cancer awareness sessions. Breast cancer is the most commonly diagnosed cancer in women, with around 55,000 people being diagnosed each year. Did you know that men can also be diagnosed with breast cancer?

Please come and join one of our short 15 minute sessions and learn more about;

- the signs and symptoms of breast cancer
- how to do a breast check
- when is breast cancer screening offered
- what happens at a breast cancer screening

Sessions are open to anyone living or working in Humber and North Yorkshire. To reserve your place visit our <u>Eventbrite booking page</u>.



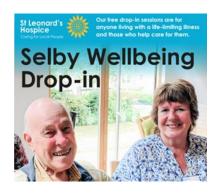
### **Legacy Nurse and Legacy Registered Manager Mentoring Programme- Expressions of Interest Open**

Legacy mentors are experienced individuals who provide coaching, mentoring and pastoral support to defined groups of individuals. They provide essential professional advice, education and guidance and pass on a 'legacy' to the next generation. They play a crucial role in supporting staff health and wellbeing and career progression. We have recently launched a new Legacy Nursing Mentoring Programme that we have launched in North Yorkshire and York.

We ae now seeking expressions of interest for both programmes- with a closing date of 31 October 2023. Further information on both schemes can be found below or by contacting Nichola.Greenwood1@nhs.net

Legacy Nurse Flyer
Legacy Nurse Expression of Interest
Legacy Manager Flyer
Legacy Manager Expression of Interest

For further information please follow this <u>link</u> or contact. The application form can be found through this <u>link</u> and the closing date of returns is **31 October 2023.** 



### Selby Wellbeing Drop In- Tuesdays 1.30-4:00 at Selby Summit

St Leonards Hospice's Sunflower Wellbeing Hub are commencing weekly wellbeing drop in sessions designed for individuals with a life limiting illness and

those involved in their care. This will be an opportunity to talk about your problems and concerns in a relaxed environment, meet those going through the same experiences and learn about support groups specific to your needs. For more information please follow this link. For more information please follow this link.

### **Learning and Development Opportunities**

### **CQC Webinar: Introducing Quality Statements and Evidence Categories**

When: Thursday 12th October, 15:30 - 16:30

CQC will be holding a free online webinar to help providers and professionals understand the quality statements and evidence categories, and how they fit in with their new approach to assessment. The webinar will give you the information you need to understand the evidence CQC will use to assess each of the new quality statements. It will be a good opportunity for you to get the latest updates and ask questions. Reserve your spot

CQC will let you know when the new assessment framework will affect you. You can learn more about the new approach to assessment <a href="here">here</a>

# Integrated Care Webinar: Practical Ways to Raise the Voice of the Adult Social Care Sector

When: Wednesday 25 October 14.00-15.00

This webinar is aimed at frontline managers, nominated individuals, and CEOs who want to learn more about health and social care systems working together and what the benefits to integration are, including practical ways to get involved.

Drawing on experiences of Skills for Care's integration lead and providers benefitting from working with Integrated Care Systems, this webinar will look at person-centered approaches and what the CQC might expect. It will also focus on practical ways to build mutually beneficial relationships to enable communities to work together in delivering integrated care.

To book your place please follow this link.

#### Further Information

### **Contacts for Incident Reporting- Updated Process**

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this <u>form</u> and send to <u>yhstr.s2s@nhs.net</u> This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email <a href="mailto:yas.patientrelations@nhs.net">yas.patientrelations@nhs.net</a>. Please find through this <a href="mailto:link">link</a> a template which you are able to complete, which will ensure they have all the information required to investigate.

## Chief Nurse for Adult Social Care Awards-Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this <u>link</u>. We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area. This bulletin is produced by York Health and Care Partnership

### Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact <a href="mailto:sam.varo@nhs.net">sam.varo@nhs.net</a>