

## Exploratory tool for understanding why a fall may have occurred, share learning and good practice to prevent future incidents

- Step 1 – Complete timeline
- Step 2 – Capture the teams (& residents) perspective re why it happened
- Step 3 – Complete the Yorkshire Contributory Factors Framework (YCFF)
- Step 4 – Capture the key contributory factors and areas of good practice
- Step 5 – Share the report

Details		
Setting:		
Name and position of person completing form	Date completed	Date fall occurred

### Step 1 – Timeline of event if appropriate/ Brief description of what happened

Date & Time	Event Overview e.g. relevant information leading up to the incident if appropriate such as medication review/ change in condition, new to the care setting etc and include brief description of what happened	Actions taken

## Step 2 – Gaining a holistic view

Care setting professional perspective on what happened but may also include others (Residents & other visitors i.e. GPs, DNs where possible)

**Step 3 - The Yorkshire Contributory Factors Framework-** (adapted for Care settings by NHS HNY ICB with permission from YHIA)

Domain 1: Situational Factors		
Team factors	Comments	
<p><b>Did a reduction or change in teamwork contribute to the fall?</b></p> <p><i>For example:</i></p> <ul style="list-style-type: none"> <li>• Unclear team aims</li> <li>• Lack of respect for colleagues</li> <li>• Poor adherence to guidance/ policy</li> <li>• Poor delegation for jobs</li> <li>• Absence of feedback</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Maybe <input type="checkbox"/> No	
Individual staff factors		
<p><b>Were there any reasons this fall was more likely to occur with the particular staff involved?</b></p> <p><i>For example:</i></p> <ul style="list-style-type: none"> <li>• Tiredness</li> <li>• Stressed</li> <li>• Rushed</li> <li>• Personal &amp; religious beliefs</li> <li>• Distracted</li> <li>• Inexperience</li> <li>• Agency</li> <li>• Staff moving between different homes</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Maybe <input type="checkbox"/> No	
Task characteristics		
<p><b>Did the care provision make the fall more likely in this setting?</b></p> <p><i>For example:</i></p> <ul style="list-style-type: none"> <li>• Unfamiliar tasks required of care /nursing team</li> <li>• Difficult task</li> <li>• Monotonous task</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Maybe <input type="checkbox"/> No	

**Resident factors**

**Were there any reasons the fall was more likely to occur in this group of residents?**

*For example:*

- Language barrier
- Uncooperative
- Complex medical history
- Learning disability
- Unusual physiology
- Dementia
- Mental health
- Cognitive impairment
- Nursing Needs

Yes

Maybe

No

## Domain 2: Local Working Conditions

### Workload and staffing issues

**Was there a reduction in staff hours, workload and staff numbers around the time of the fall?**

*For example:*

- Increased workload
- Staff absence
- Reduction in staffing levels due to dependency levels at the home.
- Inability to access or use agency staff

Yes

Maybe

No

### Leadership, Supervision and Roles

**Was there visible management and leadership at the time of the fall, with a support network for staff?**

*For example:*

- Unclear responsibilities
- Inappropriate delegation
- No Registered Manager in place
- Role modelling from senior team
- Lack of direction and supervision
- Was wellbeing support provided?

Yes

Maybe

No

### Drugs, Equipment and Supplies

**Were there difficulties obtaining the correct drugs and/or working equipment and/or supplies?**

*For example:*

- Medication supplies
- Moving & Handling equipment not working or access to services
- Unavailable equipment/ delivery issues
- Cleaning & storage of equipment e.g. hoists/ commodes
- Inadequate maintenance

Yes

Maybe

No

### Domain 3: Organisational Factors

#### Physical environment

**Did limitations in the home environment play a part in the fall occurring?**

*For example:*

- Poor layout
- Lack of space
- Shared rooms
- Poor visibility of residents
- Open plan living areas
- Excessive noise/ heat/cold
- Poor lighting
- Poor access to resident

Yes

Maybe

No

#### Support from other professionals

**Did problems from other agencies play a role in the fall occurring?**

*For example:*

- This includes support from clinical services such as DN, GPs, UCPs/YAS, community pharmacy, community therapies, LA, IPC team, PH, CQC, ICB

Yes

Maybe

No

#### Bed management & interface with other agencies

**Were there any issues or concerns with admissions or discharges / bed pressures that may have played a role in the fall?**

*For example:*

- Issues with an admission
- Transfer inappropriate to needs of resident
- Delay in the provision of care
- Lack of out of hours support
- Handover on trusted assessment or conversation tool
- Funding stream issues
- Trusted Transfer Document not used

Yes

Maybe

No

### Staff training and Education

**Did issues with staff skill or knowledge play a role in the fall occurring?**

*For example:*

- Inadequate falls prevention training
- Not enough/ protected time for training and development
- Practice not up to date with falls prevention guidance
- Medication awareness
- No regular updates
- Training nor standardised
- Lack of supervision

Yes

Maybe

No

### Domain 4: External Factors

#### Design of Equipment, Supplies and Drugs

**Did any characteristics of the equipment, disposables or drugs play a role in the fall occurring?**

*For example:*

- Confusing equipment design
- Equipment not fit for purpose i.e. HSE approval
- Unclear labelling and packaging
- Equipment not appropriate to task

Yes

Maybe

No

#### National/local policies & guidance

**Did the lack of implementation of relevant policies, procedure or best practice play a part in the fall occurring?**

*For example:*

- Commissioned resources
- National & Local policy
- Conflict local vs other guidance
- Auditing – Quality Assurance requirements.
- CQC Regulatory Framework
- Organisational guidance/policy
- IPC requirements

Yes

Maybe

No

## Domain 5: Communication and Culture

### Safety culture

Did the safety culture in your home play a part in the fall occurring?

For example:

- Resident capacity for safety awareness
- Documenting errors
- Reporting of incidents
- Staff ownership/responsibility
- Attitude to risk management
- Fear of asking questions
- Business reputation

Yes

Maybe

No

### Verbal and Written communication

Was written and verbal communication effective?

For example:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• Poor communication between staff</li> <li>• Effective handover</li> <li>• Lack of communication/notes</li> <li>• Newsletters &amp; Residents meetings</li> <li>• Keeping relatives and friends informed</li> </ul> | <ul style="list-style-type: none"> <li>• Unable to contact correct staff</li> <li>• Issues with electronic systems</li> <li>• Unable to read notes</li> <li>• Lack of guidance and posters shared with staff re required practice and behaviours</li> </ul> |
|---|---|

Yes

Maybe

No

## Step 4 – Summary of key contributory Factors

Domain 1 – Situational Factors

Domain 2- Local Working Conditions

Domain 3 – Organisational Factors

Domain 4-External Factors

Domain 5- communication



**Areas of good practice to be shared**

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**Are there key actions to be taken following this to support best practice?**

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**Step 5 – Sharing of the learning**

Date	Shared with?