

# Governing Body: 4 July 2019

## A review of the meeting by its GP members



### Dr Nigel Wells Clinical Chair of the Governing Body

The July meeting once again incorporated a patient story into our agenda and this allowed us to hear the challenges that families, carers and service users face when they move from parts of our system to other parts of the system. It generated a lot of questions and debate and we are pleased that Ros was able to come and chat with us about her experiences.

This month we heard and discussed:

- The continued positive feedback from the primary care protected learning times.
- The new fixed financial contract with York Teaching Hospital NHS Foundation Trust and how this is opening up clinical conversations.
- The Better Care Fund and how we assure ourselves of the outputs and value in these projects.
- Ongoing legacy issues with NHS Property Services for the CCG and how we can resolve these.
- #mentionmemory and how we as a clinical community can ask patients and carers about memory issues.

- The improved performance in some mental health delivery after added financial investment
- The IAPT referral rates and the fact that these are not increasing despite there being capacity in the system; this is a mandated investment and we are concerned that there may be unnecessary duplication of services within practice settings.
- The role of research within primary care and the CCG and why this is important and how we can help it.
- The continued pressure we see on the whole system and the work that is being done in partnership to start to understand and help this.

I'll leave you with some reflections of the meeting from my Governing Body GP colleagues.



### Dr Helena Ebbs North Locality GP representative

This month's meeting continued with a strong emphasis on clinical improvement, working as a system and a clear plan for the year ahead. There was a consensus that all stakeholders in the Vale of York area will benefit from aligned strategies, such as with dementia.

I would highlight to GPs and Allied Health Professionals across our area to discuss concerns and ideas about system changes with your Governing Body GP representative as this helps us make sure the needs of your patients are heard.

This Governing Body meeting started with a powerful story from a parent of a patient living with psychosis. It described her journey through different care settings, her struggles and the struggles of clinicians and the system.

The meeting was packed, with no apologies received, and this message was received by everyone in the room - we need to focus on the patient at the centre of everything we do. This is no mean feat when the agenda contains detailed reports on performance, quality, finance, engagement and audit however we managed to keep the focus we aimed for.

We discussed the financial plans and how they have reached a point where conversations around payments can be side lined to make way for some innovative clinician led discussions around patient journeys through our local health and care system and how these can be improved through joined-up working. The discussions covered everything from dementia, delayed discharges, CAMHS, imaging, MSK services and so much more.

*If you are a GP or patient in central York I would love to hear what is important to you – so please do get in touch.*



**Dr Christopher Stanley, York / Central Locality GP representative**



**Dr Ruth Walker, South locality GP representative**

It was great to have Dr Chris Stanley representing the York / Central Locality at his first Governing Body that met in public. We discussed the success of the recent Protected Learning Time event and the general positive feedback for both for the educational element but also the networking opportunities it provides.

I would like to thank the CCG for their commitment to making these events so successful. There were some good clinical conversations cropping up throughout all agenda items this month. Focus was drawn to delayed discharges and ongoing work to understand and improve these, dementia and the importance of supporting people and their carers to raise memory issues and IAPT.

I would like to take this opportunity to encourage colleagues to refer to IAPT. IAPT performance has improved significantly and they are hitting their targets for time to first treatment and recovery but there are not enough referrals coming into the service. It is really important that we all continue to signpost / refer patients into this service.