

# BLADDER AND BOWEL TRAINING

Thursday, 9 November 2023 – 2 – 4pm  
via MS Teams

This training will cover  
'promoting continence and managing incontinence'.

## Session includes:

- updating carers in residential homes/nursing homes and domiciliary carers on the necessary skills to promote continence and manage incontinence within their work environment.

This training is aimed at non-registered staff from residential homes and nursing homes and all domiciliary carers.

These are the objectives of the session:-

- List the possible causes of incontinence;
- Know main functions of the healthy bladder and bowel;
- Understand the impact of incontinence on quality of life;
- Have an awareness of types of incontinence;
- Examine various management options;
- Look at how to care for a urinary catheter;
- Help within your work environment.

To book a place please email [clare.markwell@nhs.net](mailto:clare.markwell@nhs.net), who will send you the Teams meeting invite.