

An introduction to

My Life, My Goals

A practical guide full of hope to help you set and reach your goals

2 workshops for people with early to moderate stage dementia and their care partners. Hosted by Beetle Bank Social Farm

Venue: Foxwood Community Centre,
Cranfield Place, York, YO24 3HY.
(refreshments included)

Workshop dates and times:

Monday 4th September 2023, 10am - 1pm (introduction to My life, My Goals)

Monday 9th October 2023, 10am - 1pm (meet again to discuss progress)

Click here to see the resource we'll be introducing during the workshop:

http://www.innovationsindementia.org.uk/wp-content/uploads/2022/02/My-Life-My-Goals_Workbook_Feb_2022.pdf. Printed copies will be available

To make an enquiry or booking please contact

Justin- Email: beetlebanksocialfarm@gmail.com; Phone: 07932 420726;

or Damian- Email: damian@myid.org.uk; Phone: 07927 405854

These workshops are generously funded by the National Lottery

Beetle Bank
social farm



