



Monday 19 June 2023

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. [Please click here to bookmark these pages](#)



Launching The Janet Station- Keeping Hydrated at Sowerby House!

The team at Sowerby House in Thirsk proudly unveiled their fantastic new hydration station last week, which is jam packed full of creative ways to support residents achieve a healthy nutritional intake including a wide variety of fruit, canned and dispensable drinks. The station was named in memory of resident Janet, who's feedback about the availability of drinks helped inspire and shape the team to create the new station. Staff have worked hard alongside nurse Charlotte Collister from our Quality Assurance and Improvement Team to really embed knowledge and culture to support hydration for all within the home- well done team!

For more information on our Improving Hydration in Care Homes Project and how you can get involved please follow this [link](#).



Get Protected: Deadline for COVID-19 Spring Booster Vaccination Approaching

A reminder than anybody who is 75 or above, or those with a weakened immune system, can get their spring COVID-19 vaccine until **Friday 30 June**. You can book [online](#), through the NHS App, or by calling 119.



North Yorkshire and York Care Provider Olympics- Getting Moving Together This Summer

It's now Week 2 of our Olympic Challenge, and teams from across North Yorkshire and York are well underway with planning and hosting some incredible events jam packed full of amazing ideas to get staff and residents moving. The mission is simple, to promote physical activity for those in our care, support reconditioning, sharing best practice and having fun competing against fellow providers! It's not too late to enter your provider to get moving this summer, all the details you need to register and keep up to the date with the competition can be found through our [website](#). This weeks Olympic Bulletin contains some great reminders about how to be creative with keeping residents hydrated while taking part in activity, and some photos from the fantastic event hosted by Hambleton Grange in Thirsk where both residents and staff threw themselves into the challenge to get active and fight de-conditioning together.

UKHSA Launches New Alerting System in Collaboration with the Met Office

The UK Health Security Agency (UKHSA) has launched a new [Heat-Health Alerting](#) (HHA) service in partnership with the Met Office. The new system will focus on the health impacts that high temperatures could have on the health of the population. A platform for these alerts has gone live which includes the current alert status for all regions of England. Any HHAs will contain the following information when issued:

- Headline weather conditions expected in the coming days
- An outline of what impacts might be expected
- A brief overview of the regional impact assessment
- Links to additional information, advice and guidance

During the core alerting season, which is between 1 June and 30 September, UKHSA and the Met Office will monitor the weather forecasts and issue the appropriate alert where necessary



#Talk Suicide

Anyone can suffer from suicidal thoughts but every one of us can make a difference. A life is lost through suicide every two hours in the UK but suicidal thoughts and feelings affect thousands of us every single day. The [#TalkSuicide](#) campaign has been created by the Humber and North Yorkshire Health and Care Partnership to reduce the stigma around talking about suicide by raising awareness of free suicide prevention training available from the Zero Suicide Alliance.

Need to know



York Brain Health Café

When: Every Friday 10.00-12.00 (Except Bank Holidays) at Acomb Garth Community Centre

Dementia Forward in collaboration with the ICB, City of York Council and Nimbuscare host the weekly York Brain Health Café, which a fun and friendly social event open to all to access support, advice and activities exploring how we can keep our brains healthy. It's a chance to meet your local health and social care services, community groups and colleagues from the local memory service. A flyer is available through this [link](#) which details upcoming sessions which include an inclusive and fun dance based exercise class, a chance to meet the memory assessment team, a green fingers focused session and a session hosted by The Wilberforce Trust covering everything hearing related.



New One-Stop-Shop Launches for All Things LGBTQ+ Health and Care

For the first time in Humber and North Yorkshire, knowing where to turn for health and wellbeing support as a member of the LGBTQ+ community will be at your fingertips. A new digital hub has launched to make finding support easier for people who identify as LGBTQ+. Launched this Pride month, you can quickly find useful information, services, and support to help you to live a healthy life, as well as contact details for services near you. Visit www.prideinourhealth.co.uk to find tailored information on mental health and emotional wellbeing, screening programmes, sexual health, drug and alcohol use, and eating disorders. You'll also find information on how to register with a GP practice near you and how to change your name and gender on your medical record.

Follow Let's Get Better on Facebook for more tailored LGBTQ+ health and wellbeing information throughout June 2023.



Cervical Screening Bitesize Awareness Sessions

To mark Cervical Screening Awareness Week (Monday 19th June – 24th June) Humber and North Yorkshire Cancer Alliance is supporting Jo's Cervical Cancer Trust campaign to raise awareness of NHS Cervical Screening by offering free bitesize cervical screening awareness sessions. Cervical cancer is the most

preventable cancer and cervical screening can help identify changes in your cervix and the cells, before cervical cancer starts, yet almost one in three people with a cervix don't take up their cervical screening invite.

These sessions are open to anyone living or working in Humber and North Yorkshire. To reserve your place, please visit our [Eventbrite booking page](#). If you have any questions about this, please contact the Cancer Champions Team at: hny.cancerchampions@nhs.net



Safeguarding Programme of Free On-Line Sessions Announced for Safeguarding Week- 19-23 June 2023

Partners from Safeguarding Adults Boards, Children's Safeguarding Partnerships, Community Safety Partnerships across North Yorkshire, the City of York and East Riding have come together and developed an extensive programme of learning events, seminars and interactive sessions. Spurred on by the success of Safeguarding Week 2022, the safeguarding partners have worked to extend the range of topics being covered this year. Whilst a number of the sessions are open only to professionals working in the safeguarding sector, the majority of the sessions are also open to the public. The week-long programme of over 40 sessions caters for members of the public who want to learn more about safeguarding. Click [here](#) to find out more and book



Continence Awareness Week: 19 June-23 June

The Bowel and Bladder Team at York and Scarborough NHS Foundation Trust are holding a series of [webinars](#) to mark Continence Awareness Week, which are available to all care providers in the York and Scarborough area. These cover topics including catheter care, bladder and bowel training, and continence products and alternatives. The team have also shared a [poster](#) focusing on how we can support continence for ourselves and those in our care.

One of the suppliers of continence products to our local area are also running a series of free to attend educational webinars. To register please follow this [link](#). Sessions taking place include: Prostate Cancer and Male Incontinence: Tackling the Taboo Together , Continence Assessment in Today's World and Dementia and Incontinence.



Care Connected- Slides from the Meeting

Thank you to all those who joined us last week at Care Connected. The slides from the meeting can be found through this [link](#) along with slides from all previous meetings.

Care Connected is open to all care providers and partner organisations from across North Yorkshire and York. The group is facilitated jointly by City of York Council, North Yorkshire Council and NHS Humber and North Yorkshire ICB and designed to help you access the updates relevant to you and your teams from across health and social care in one single place. The meeting takes place through Microsoft Teams every two weeks and the next session will take place on **Wednesday 28 June**.

Learning and Development Opportunities

Tissue Viability Skills Workshop Training (Scarborough, Ryedale and Whitby Area Registered Nurses)

When: Wednesday 12 July 09.30-16.30 in Scarborough

Following a series of successful study days in 2022, Humber Teaching NHS Foundation Trust will be holding these sessions again in 2023 which are open to any registered nurses working within Scarborough, Ryedale and Whitby Area providers. These are repeats of last years events, with additional sessions around foot health and soft cast application.

For further information please follow this [link](#)



Strength-Based Approaches: General Awareness for Frontline Staff

When: Tuesday 20 June, Friday 21 July and Thursday 21 September

This introductory session will explore what a strength-based approach is and how staff can apply this person-centred way of working to ensure better lives for individuals they support. Find out more and book a place [here](#).

Further Information

Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#) and send to yhstr.s2s@nhs.net This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.



Department
of Health &
Social Care

Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact sam.varo@nhs.net

