



Positive™  
Approach  
to Care



**Positive Approach to Care™ is a concept to support people living with dementia by equipping both formal and informal carers with specific practical skills.**

- To develop an understanding and insight into the experience of living with Dementia.
- To gain practical skills and knowledge regarding the sensory changes experienced by people living with Dementia.
- To develop skills and knowledge regarding how to use the Positive Physical Approach™ when interacting with people living with Dementia.
- To learn how to practically incorporate Hand under Hand™ into care, to support people living with Dementia.
- Develop understanding of stages of dementia, and the correlating GEM for each (sapphire, diamond, emerald, amber, ruby, pearl).
- Learn to use the GEMS™ to facilitate positive, supportive communication between the care giver and the person being cared for.

**Upcoming training dates:** email [clarejones4@nhs.net](mailto:clarejones4@nhs.net) to book a place

**18 Jan 2023** - 09:30 am to 4pm, North Moor House, Northallerton

**15 Mar 2023** - 09:30 am to 4pm, North Moor House, Northallerton

**10 May 2023** - 09:30 am to 4pm, North Moor House, Northallerton

**26 July 2023** - 09:30 am to 4pm, North Moor House, Northallerton

**13 Sept 2023** - 09:30 am to 4pm, North Moor House, Northallerton

**15 Nov 2023** - 09:30 am to 4pm, North Moor House, Northallerton

The training is a full day where theory regarding the brain and sensory changes will be explored and discussed using the Adult Experiential Learning Cycle, to give you a background about what to expect when a person experiences dementia.

The training also includes practical components such as Hand under Hand (HuH™) and Positive Physical Approach (PPA™). This requires use of PPE, social distancing and infection control measures will be in place for the safety of those attending.

