



Monday 06 March 2023

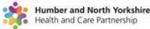
What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)

"You must have a cup of tea!"



 **International Nutrition and Hydration Week**
13-19 March 2023

You can make a difference- Get involved in this years nutrition and hydration week to promote the importance of good nutrition and hydration for those in your care.

Plan	Communicate	Do	Share
Think about what you can do, prepare be as creative as you like	Let us know what you are going to do, we can plan a visit to join in the fun hd@nhs.uk	Do it, make it enjoyable, involve everyone! Have fun and take lots of pictures.	Share with others what you have done, we can help with this by sharing your pictures and activities with all our partners in care





International Nutrition and Hydration Week 2023

Monday 13 - Sunday 19 March marks this year's **International Nutrition and Hydration Week**, which gives us the opportunity highlight, celebrate provision excellence and innovation in how our care providers across North Yorkshire and

York are supporting the nutrition and hydration of those in their care. We all know malnutrition and dehydration can severely impact our residents and service users, including through an increased risk of falls, pressure ulcers, decreased cognition and risk of infection. Further information on how to take part in the week can be found through this [link](#), which includes how we are encouraging providers to:

- Share and celebrate how your team are working to promote nutrition and hydration for those in your care
- Get creative and organise your own event, activity or display to promote the importance of good nutritional and fluid intake. Or take part in the national "Global Tea Party"
- Take part in our Improving Hydration in Care Providers quality importance programme- Designed to help support providers reduce UTI's and other associated conditions
- Access resources to support the care you provide such as the "React to Malnutrition and Dehydration".

We would love to hear what you get up to and share with fellow providers. For further information please contact sam.varo@nhs.net



Humber and North Yorkshire
Health and Care Partnership

Legacy Nursing Mentor for Social Care

- Band 6 £33,706 to £40,588 per annum, pro-rata for part time
- 12 Month Fixed Term Contract. Up to 37.5 hours per week- Monday to Friday
- Flexible working opportunities, Full Time, Part Time, Job-Share Considered

Do you want a rewarding opportunity that makes the most of your experience? Do you want to inspire the next generation newly qualified Registered Nurses?

Legacy Nurse Mentors are experienced nurses, usually in late career, who provide coaching, mentoring and pastoral support to nurses who are at the start of their careers or who are returning to practice. You will be helping newly qualified or returning to practice nursing workforce in adult residential nursing homes across the North Yorkshire and York area by imparting your knowledge,

skills and experience through coaching and supporting them in the early stages of their career. You will be able to work flexibly within residential and nursing homes across North Yorkshire and York to mentor and coach colleagues as well as work from home.

This role will be key in supporting newly qualified colleagues to stay and stay well. You will need to be confident in building relationships and collaborating with others. You will be providing coaching and mentoring, and we will provide training for someone with the right skills and behaviours for this role. You will demonstrate empathy and patience, be passionate about your profession and be able to provide pastoral support to others. We can all reflect on the importance of Mentors and role models in our own careers, and this is an opportunity to have that kind of influence on the incoming generation as they set out on a career in Social Care. The post will be hosted by York and Scarborough Teaching Hospitals NHS Foundation Trust on behalf of the Humber and North Yorkshire Health and Care Partnership.

For further information, and to apply for this position please click this [link](#). If you would like a discussion regarding this post please email Nichola.Greenwood1@nhs.net. The deadline for applications is **Sunday 12 March**.

NIHR | Clinical Research Network
Yorkshire and Humber



ENRICH- Enabling Research in Care Homes

ENRICH has been set up by the National Institute for Health Research (NIHR), the largest funder of research in the UK. Improving the lives of older people living in care homes is a major UK government priority. In 2015 the ENRICH 'Research Ready Care Homes Network' was set up to carry out research with care homes. In the **Yorkshire and Humber, there are currently over 100 homes** signed up and we are looking for further sites to sign up for the network.

What are the benefits of signing up to ENRICH?

Signing up to the network can help you:

- Take part in research projects which can potentially benefit your staff team and residents.

- Enable you and your staff to learn about research that can contribute to better care for residents.
- Receive information on best practice, research and training.
- Have a named link person (your Engagement Officer) to research in Yorkshire and Humber.
- Attend conferences chaired by expert speakers.
- Promote your home through the promotional materials we develop such as blogs, newsletter and videos.

What would your participation involve?

Joining the network is free. If you decide you would like to sign up to the ENRICH 'Research Ready Care Home Network' we would ask that you:

1. Get in touch with your local ENRICH Facilitator Paul Atkin and/or Engagement Officer Tom Smith/Helen Permain (Contact details below).
2. Complete the online application forms to provide the ENRICH team with some basic information about your home (e.g. size, registration and type of residents).
3. Consider taking part in research (However, joining the network does not mean that you are obliged to take part in research). You are able to choose the research that is most important to you and your residents.
4. Display materials such as posters and leaflets in your home.

If you would like to learn more about the ENRICH Research Ready Care Home network then visit www.enrich.nihr.ac.uk

A great video recorded by Lizzie Hancock (Manager of Fulford Nursing Home in York) discussing the benefits of research in care homes can be found through this [link](#).

If you would like to hear more about ENRICH and how we could work with your home, please contact Tom Smith (ART Engagement Officer – Vale of York) tom.smith@nihr.ac.uk (07790771440) or email the ENRICH team on yhs-tr.enrichyh@nhs.net



New Medication Guides for People Working in Adult Social Care

Earlier this month the Department of Health and Social Care published three new adult social care medicines best practice guides. These cover:

- [Managing Medicines in Supported Living](#)
- [Managing Medicines in Shared Lives Schemes](#)
- [Electronic Medicines Administration Records in Adult Social Care](#)

Each guide looks at best practice in managing and recording medicines and can be downloaded from their website using the links above.

Need to know



Capacity Tracker- DHSC Mandatory Submission Reminder

A reminder to all CQC registered care homes and providers of domiciliary services, that the window will be opening this week for the mandated Department of Health and Social Care submission through the Capacity Tracker. All providers **must** complete the tracker at least once during this period at a condition of registration. The window falls between the **8 March** and **14 March**, and there are potential fines as a last resort for providers who do not update- so please be mindful of this. Further information on how the regulations will be enforced can be found through this [link](#). A reminder this doesn't replace the need for more regular (preferably daily) usage to allow local authority and health partners to support providers. For any support regarding the Capacity Tracker- Please contact the national helpdesk on: 0191 691 3729



Access New Qualifications Through DN Colleges Group- Open to All Health and Care Staff Across Humber and North Yorkshire

Through our partnership with DN Colleges, NHS Humber and North Yorkshire ICB are offering you the opportunity to gain new skills and qualifications via a bespoke online learning portal. This exciting offer is fully funded and open to all health, care and VCSE staff and volunteers across our system.

The qualifications available are at academic levels 1, 2 and 3 and cover a diverse range of subjects relevant to clinical and non-clinical roles. There are also qualifications around quality improvement, leadership, equality and diversity and personal wellbeing.

To be eligible to enrol, staff and volunteers must be employed (paid or unpaid) by one of the HNY's health, social care (including independent sector) or voluntary, community and social enterprise (VCSE) organisations. You do not have to be NHS staff to access the training.

Please note, there are no restrictions on the number of level 1 or 2 qualifications an individual member of staff or volunteer can complete. Level 3 qualifications are available to those who do not presently hold a level 3 (A-Level or equivalent) qualification.

Paper-based course materials and additional learning support is available for some courses. Please request this via the enquiry form [here](#). Click [here](#) to find out more about the courses available and how to enrol.

enhance

Humber Generalist School- Applications Open for North Yorkshire and York

Following the successful launch of a initial two cohorts, The Humber Generalist School are inviting expressions of interest for staff involved in health and social care across the Humber (in any role, including non-clinical) to take part in the third cohort of this exciting, year-long trailblazer project of professional development, which is part of a national programme to enhance generalist skills. The programme is offered by Health Education England and is designed to fit around normal work with an estimated commitment of four hours per week. There will be expert talks, workshops, and access to on-line and physical learning resources. Participants can learn at their own pace and in their own way, and additionally will be offered the opportunity to spend time outside their usual working environment by learning on 'field trips'. Having completed the programme, you will (among others) be able to:

- Champion a person-centred approach to care that invites and supports personalisation, empowerment and shared decision making.
- Work effectively and flexibly within and across different disciplines, contexts, and systems to ensure high quality, coordinated care for individuals with multiple long-term conditions and/or complex needs; this will entail complex decision making while managing risk and uncertainty.
- Access, critically appraise and champion innovations and digital health technologies to promote and transform sustainable improvements in practice; this means acting as a catalyst for change within, across and beyond healthcare systems.
- Communicate complex information in a range of ways, for a range of purposes, to diverse audiences; this includes with individuals (patients, carers, other healthcare professionals), communities and agencies involved in health and social care.
- Lead collaboratively, inclusively, and compassionately, creating shared purpose that enables multi-professional teams to deliver the best possible health outcomes for the individuals and populations they serve.

Further information can be found through this [link](#) or by contacting hyp-tr.enhance.yorkshire@nhs.net



Bowel Cancer- Help Us, Help You

In a new 'Help Us, Help You' campaign, NHS England is encouraging people who have been sent an NHS bowel cancer screening kit to complete the test. Bowel cancer is the fourth most common cancer in the UK and detecting it at the earliest stage makes you up to nine times more likely to be successfully treated. But, almost one third of people who were sent an NHS bowel cancer screening test in England last year did not go on to complete it.

Just a tiny sample detects signs of cancer before you notice anything wrong. The test is simple to complete and can be done in the privacy of your own bathroom. Anyone aged 60 to 74, who lives in England and is registered with a GP practice will be sent a test in the post automatically, every two years. NHS England is also extending this to include all 50-to-59-year-olds by 2025.

So, the NHS is asking anyone who is sent a bowel cancer screening test to remember to complete it. Put it by the loo. Don't put it off. Your next poo could save your life. [More information here.](#)

Learning and Development Opportunities



Moving Up Programme Now Open for Registrations

This programme run by Skills for Care is aimed at Black, Asian and minority ethnic leaders who want to develop themselves and progress in their career at all levels. The Moving Up programme has had a significant impact on the participants who've taken part over the last 11 years. More than ever before, it's important to offer opportunities and support to those from diverse backgrounds who wish to fulfil their career goals.

Registrations are now open for a new cohort beginning on **Wednesday 3 May 2023**. You can register yourself and/or others on the programme.

[Find out more about Moving Up](#)



Immedicare Training- March 2023

All care homes who have the Immedicare service in place are able to access a range of virtual training sessions. This month training available includes the below. For more information and to book please follow this [link](#). A reminder this training is not available to homes who don't have the service.

- Verification of Expected Death
- React to Red
- UTI's
- Catheter Care
- Nutrition and Dehydration
- Diabetes
- End of Life Care
- Behavioural and Psychological Symptoms of Dementia
- Leg and Foot Ulcers

Further Information

Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#) and send to yhstr.s2s@nhs.net This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sam.varo@nhs.net