



ILM5 coaching qualification – further information

Free places now available for accredited coaching and mentoring qualification

Humber and North Yorkshire Health and Care Partnership believes in the power of coaching and is committed to growing its network of coaches and mentors who support colleagues across our health and care system.

We are currently seeking applications from colleagues who are interested in attaining an ILM Level 5 qualification in coaching and mentoring and becoming an active member of our network.

Who are we looking for?

We are particularly interested in receiving applications from colleagues in non-NHS organisations such as the voluntary, community and social enterprise (VCSE) sector, social care and local authority partners so that we can ensure our network represents all organisations across our system.

Above all else, we're looking for people with a passion for helping others. Whether you have plenty of experience or you would like to start your journey as a coach and mentor, we would be delighted to hear from you.

About coaching, mentoring and the ILM qualification

About the ILM Level 5 Certificate in Coaching and Mentoring

[ILM \(The Institute of Leadership and Management\)](#) is part of the City and Guilds group and strives to be the gold standard for coaching and mentoring best practice.

The qualification is broken down into three units that allow you to develop your knowledge, skills and awareness before putting everything you've learned into practice. It also includes reflective practice to inform your ongoing development as a coach and mentor.

You can [find out more about the qualification and the power of coaching and mentoring on the ILM website.](#)

What is the difference between coaching and mentoring and which is for me?

Chances are many of the conversations you already have with colleagues, friends and family every day will consist of an element of coaching or mentoring.

With someone who is new to your team, you might have given advice, in which case you've been their mentor.

In other instances, you may have been more of a sounding board, enabling a colleague to think something through, in which case you've been their coach.

Even within a single conversation, you'll often find the need to jump between coaching and mentoring, passing on the benefit of your experience and also helping the person you are speaking with to find their own answers.

Find out more and apply

Join a free information webinar to find out more

You can find out more about this exciting opportunity at one of two one-hour webinars. The sessions will take place on:

- Monday 27 March 2023, 12.30-1.30pm
- Tuesday 28 March 2023, 12.30-1.30pm

You can [book your free place on BookWhen](#).

If you'd like further information but can't make it to one of the sessions above, please email hny.wellbeing@nhs.net and request a link to the recordings.

When will the training begin and where will it take place?

There will be two cohorts for the ILM Certificate in Coaching and Mentoring and both will run over a nine-month period. The first will begin in March and the second in May.

All sessions will be virtual.

How to apply

You can apply for the ILM5 Certificate in Coaching and Mentoring by emailing hny.wellbeing@nhs.net and the team will send you an application form which includes further details.

Please make sure you discuss your application with your line manager too.

The closing date for applications is **12noon on Friday 17 March 2023**.

