





Monday 06 February 2023

### What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

Please click here to bookmark these pages



## **Indoor Air Quality in Care Homes**

The COVID-19 pandemic revealed just how important <u>ventilation</u> is as part of infection prevention and control, especially for respiratory infections. Good ventilation reduces infection risks and can improve the health and well-being of people living, visiting or working in care homes. Skills for Care have published a recent <u>article</u> highlighting how care homes can Understand and manage the ventilation in their settings. This builds on <u>research</u> from the European

Respiratory Journal exploring ventilation respiratory health in elderly residents living in nursing homes in Europe.

The AFRI-c study is run by the University of Bristol is investigating the clinical and cost effectiveness of portable HEPA air filters in reducing symptomatic winter respiratory infections (including COVID-19) in residents of older people's care homes with 20 or more residents. The study are looking for participants for 2023-and are available to offer payments of £4000 for intervention homes and £3000 for control care homes. Further information including eligibility criteria, FAQ and the expression of interest form can be found through this <u>link</u>.



### **February Health and Wellbeing Sessions**

Time to Talk Day takes place 2 February 2023-and is the nation's biggest mental health conversation. Happening every year, it's a day for friends, families, communities, and workplaces to come together to talk, listen and change lives. Talking about mental health isn't aways easy, but a conversation has the power to change lives. Humber and North Yorkshire Health and Care Partnership are running a number of sessions throughout February focused on mental health which are accessible to also health and social care staff from across the region. Sessions include:

- Supporting Mental Health at Work
- Where are Memories, Emotions and Trauma Really Stored in the Body
- Managing your Emotional Wellbeing and Mental Health in Menopause

To book any of these sessions please visit our booking page



## **Capacity Tracker- DHSC Mandatory Submission Reminder**

A reminder to all CQC registered care homes and providers of domiciliary services, that the window will be opening this week for the mandated Department

of Health and Social Care submission through the Capacity Tracker. All providers **must** complete the tracker at least once during this period at a condition of registration. The window falls between the **8 February** and **14 February**, and there are potential fines as a last resort for providers who do not update- so please be mindful of this. Further information on how the regulations will be enforced can be found through this <u>link</u>. A reminder this doesn't replace the need for more regular (preferably daily) usage to allow local authority and health partners to support providers. For any support regarding the Capacity Tracker-Please contact the national helpdesk on: 0191 691 3729

### **Need to know**



## Be a Video Case Study Star to Promote Careers in Humber and North Yorkshire

To enhance our new Humber and North Yorkshire Careers hub website and to inspire the next generation of health and care workers we are looking to produce a series of video case studies to cover a range of job roles across health and care with organisations across Humber and North Yorkshire (HNY).

As we know, there are ongoing challenges with recruitment to both the health and care sector; we currently have a very competitive labour market and those who are unemployed and looking to enter work are often furthest away from the labour market and need additional support. To address these issues and support people searching, applying and interviewing for jobs in the sector we looking to produce a minimum of:

#### Five Local Employability Videos

• These videos will support people with how to search for jobs in the sector, how to write a curriculum vitae (CV) and covering letter, how to complete an application form, interview techniques and interview etiquette.

#### 10 Employee Video Case Study Videos

• We hope these videos will inspire the next generation of our health and social care workforce. We will target those job roles across our partnership that are difficult to recruit to and where we have identified skill shortages.

#### 10 Apprentice Case Study Videos

• These videos will promote apprenticeships as a pathway into a career in health and care and inspire the next generation of health and care apprentices.

The videos would be featured on the new Humber and North Yorkshire Careers Hub website and will be used as part of our 'job of the month' campaigns as well as in wider recruitment campaigns.

#### The Roles We're Hoping to Cover as Video Case Studies

We are looking for volunteers to cover a broad range of roles across health and social care, from registered nurses and midwifes, to AHP colleagues, to estates and facilities managers to personal assistants. We'd like to represent colleagues from all backgrounds to showcase our diverse workforce.

#### How to Get Involved

If you or someone you know would be interested in taking part, please email <a href="mailto:tina.jenkinson@nhs.net">tina.jenkinson@nhs.net</a> and include:

- Your name
- Your job title
- The best way to contact you (email or telephone number, best time etc)



# **End of Life Care eLearning for Care Workers and Nurses Working in Care**

It's vital those supporting people at the end of their life are suitably trained so they can confidently provide high-quality, personalised care. The End of Life Care for All eLearning programme (e-ELCA) includes specialist learning pathways for care workers and for nurses working in care homes. Modules include advanced care planning, communication skills and spiritual care amongst other topics essential to consider at the end of somebody's life. To access the e-learning please follow this link.



### First Steps Into Research Programme

The First Steps into Research Programme is a great opportunity for someone to enhance the skills, gain the motivation, and develop the knowledge needed to create a pathway to a career in health and social care research. The programme run by the National Institute for Health Research (NIHR) aims to help participants:

- Understand research through observing it in practice
- Have a greater understanding of research and the development of knowledge in how to pursue a future career in research
- Have an awareness of international ethical, scientific and practical standards to which research is conducted.
- Gain an awareness of the NIHR, what we do, and how we support research
- Further your personal development

Applications are now open with further information on the programme available through this <u>link</u>, and cohort dates can be found below:

- NHS (non-medics)- Applications close in May and the course will commence in September
- Local authority, Charity Sector and Social Care- Applications close in October and course will commence in January



Registered Manager Networks for Scarborough and Selby Areas

Would you be interested in having your own Registered Manager's network within the Scarborough and Selby areas ?

Skills for Care are keen to hear from Registered Managers in these areas who would be willing to chair network meetings providing a safe space and peer support. A network chairs development programme is also available. Some administrative support and financial assistance is available, from Skills for Care, to support each network.

If you would interested and would like more information please contact: **Angela.Thompson@skillsforcare.org.uk** 

## **Learning and Development Opportunities**



## Immedicare Virtual Training Sessions

Immedicare offer a range of virtual training sessions (please note these are only available to those providers who have service in place). The February timetable can found through this <u>link</u>, and includes sessions covering:

- Verification of Expected Death
- Medication Issues
- Leg and Foot Ulcers
- UTI's
- Catheter Care
- React to Red
- End of Life
- Diabetes
- Behavioural and Psychological Symptoms of Dementia



## Stoma Case: Back to Basics Roadshow

**When:** 3 May 2023 at Yorkshire Event Centre, Harrogate

Harrogate and District NHS
Foundation Trust are hosting an
event open to care providers as an
introduction to stoma care, including
surgical procedures, how to change
a stoma bag and stoma
complications. Further information
can be found through this <u>link</u>.

To book your place please contact <a href="mailto:hdft.stomacaredept@nhs.net">hdft.stomacaredept@nhs.net</a>.

Please note limited places are available

### Further Information

## **Contacts for Incident Reporting- Updated Process**

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this form and send to <a href="mailto:yhstr.s2s@nhs.net">yhstr.s2s@nhs.net</a> This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email <a href="mailto:yas.patientrelations@nhs.net">yas.patientrelations@nhs.net</a>. Please find through this <a href="mailto:link">link</a> a template which you are able to complete, which will ensure they have all the information required to investigate.

## Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this <u>link</u>. We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

## Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact <a href="mailto:sam.varo@nhs.net">sam.varo@nhs.net</a>