



Monday 30 January 2023

## What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)

## Humber and North Yorkshire Financial Wellbeing Week

This week, Humber and North Yorkshire Health and Care Partnership are hosting a financial wellbeing week open to all staff and volunteers in health and care with a number of fantastic webinars/ workshops taking place including:

- **Monday 30 January 12:30-13:30 Managing the Cost-of-Living Increase-** With the increase in energy bills, food and other essential living costs this year, many of us are going to feel the effect on our finances. To hear what

support is available and the top tips you should follow to manage your money effectively, join us for this 1-hr webinar.

- **Tuesday 31 January 12:00-13:00 Healthy Eating on a Budget-** The rising cost of living means we are all looking to save money and food is a major part of our budget. This positive and interactive workshop leaves no stone unturned, inspiring attendees to try new approaches to meal planning, ingredient choices and food preparation. Eating on a budget doesn't have to mean dull, repetitive or unhealthy meals. On the contrary with some ideas, creativity and smart planning, anyone can eat well while saving money.
- **Wednesday 1 February 12:30-13:30 Money Saving Tips-** With the rising living costs this year it's going to be more important than ever to make sure we're money savvy. Join this 1-hr webinar to hear the latest money saving tips for energy, food, travel and life's nice to haves!
- **Friday 3 February 12:30-13:30 Helping with Debt-** Most people borrow money to manage their finances whether it's a mortgage, finance agreement, loan or credit card. But how can you make sure debt doesn't build up to a level where it starts to affect your health and wellbeing? This 1-hr webinar is designed to give you lots of ideas and practical advice to help improve your money management.

There will be more financial wellbeing webinars taking place in the coming months including

- Your Relationship with Money, Managing Money on Divorce and Separation, Money and Pay in the UK for Employees from Overseas, Your Money Timeline and Being Better with Money at Christmas

To secure your place on any of these webinars/workshops please visit our [booking page](#)

There are also opportunities coming up for a 'financial wellbeing' 1-to-1 with a financial coach from the independent financial education firm 'Better with Money'. These 1-to-1s are aimed at helping you to take control of your personal finances and reducing money stress. They aim to give you the tools and knowledge to take action around your personal finances. The experts can discuss various topics, such as budgeting, saving, debt, pensions, benefits, protection insurance, home-buying and investing. **If you are interested in a 1-to-1 please email us at [hny.wellbeing@nhs.net](mailto:hny.wellbeing@nhs.net)**



## Registered Manager Networks for Scarborough and Selby Areas

Would you be interested in having your own Registered Manager's network within the Scarborough and Selby areas ?

Skills for Care are keen to hear from Registered Managers in these areas who would be willing to chair network meetings providing a safe space and peer support. A network chairs development programme is also available. Some administrative support and financial assistance is available, from Skills for Care, to support each network.

If you would interested and would like more information please contact:

[Angela.Thompson@skillsforcare.org.uk](mailto:Angela.Thompson@skillsforcare.org.uk)



## Immedicare Virtual Training Sessions

Immedicare offer a range of virtual training sessions (please note these are only available to those providers who have service in place). The February timetable can found through this [link](#), and includes sessions covering:

- Verification of Expected Death
- Medication Issues
- Leg and Foot Ulcers
- UTI's
- Catheter Care
- React to Red
- End of Life
- Diabetes
- Behavioural and Psychological Symptoms of Dementia



## Palliative Care Clinic- Constipation in Palliative Care

St Leonard's and St Catherine's Hospices are offering the below opportunity to all registered nurses working across North Yorkshire.

• **Monday 30 January 2.00- 3.30: Palliative Care Clinic.** This session will be discussing 'Constipation in Palliative Care' and follow a Zoom based curriculum providing all the information and skills needed in preparation for competence

For more information and for joining details please contact:

[Colette.Doherty@stleonardshospice.nhs.uk](mailto:Colette.Doherty@stleonardshospice.nhs.uk)

## Need to know



**Harrogate and District**  
NHS Foundation Trust

### Stoma Case: Back to Basics Roadshow

**When:** 3 May 2023 at Yorkshire Event Centre, Harrogate

Harrogate and District NHS Foundation Trust are hosting an event open to care providers as an introduction to stoma care, including surgical procedures, how to change a stoma bag and stoma complications. Further information can be found through this [link](#).

To book your place please contact [hdft.stomacaredept@nhs.net](mailto:hdft.stomacaredept@nhs.net). Please note limited places are available.



## World Cancer Day - Supporting Someone You Know Through Cancer

To mark World Cancer Day 2023 on Saturday 4 February, Humber and North Yorkshire Cancer Alliance is supporting the theme of #closethecaregap by launching our 'Supporting someone you know through cancer' resource and are delivering online awareness sessions about this.

Since we started delivering Cancer Champions awareness sessions, we have often been asked for guidance about how people can support someone they know, which is why the resource was developed. The document has been developed in conjunction with our partners and patient and carer representatives from the Humber and North Yorkshire Cancer Alliance.

The aim of the awareness sessions and supporting digital resource is to help people feel confident in providing relevant support to someone who has cancer, help people to engage in conversations about cancer and highlight some of the support services and organisations which are available for people

Sessions are to be delivered online and are open to anyone living or working in Humber and North Yorkshire, not just Cancer Champions. To reserve your place for our 45 minute session, please visit our [Eventbrite page](#).

If you have any questions about this, please contact the Cancer Champions Team at [hny.cancerchampions@nhs.net](mailto:hny.cancerchampions@nhs.net)



## **Type 2 Diabetes in Shift Work- Research Study**

Kings College London are looking hear from any individual with Type 2 diabetes working regular night shifts in a residential or hospital setting to take part in a study designed to shape diet and lifestyle advice for those with Type 2 Diabetes. Participants will be asked to wear a continuous glucose monitoring device for 10 days and record diet and exercise, and will receive a small payment and a health report. For more information please contact [shift-diabetes@kcl.ac.uk](mailto:shift-diabetes@kcl.ac.uk). A poster than can be displayed in your setting is available through this [link](#).

## **Learning and Development Opportunities**

### **Verification of Expected Death Network- Scarborough, Ryedale and Whitby Providers**

**When:** Thursday 2 February 2.00-3.30

St Catherine's Hospice will this week be delivering their monthly Verification of Expected Adult Death training network which is open to all providers from the Scarborough, Ryedale and Whitby locality. This session will provide all the skills and knowledge required in preparation for competence.

For more information and for joining details please contact:

[Colette.Doherty@stleonardshospice.nhs.uk](mailto:Colette.Doherty@stleonardshospice.nhs.uk)

### **York Core Diabetes Curriculum (YCDS) Education Sessions- Vale of York Area Providers**

The Diabetes Team from York and Scarborough Teaching Hospitals NHS Foundation Trust have arranged a series of free training events and update sessions running throughout 2023. These are designed for the primary care sector, however may also be useful for social care staff. A summary of the curriculum can be found through this [link](#).

To book your place and for any queries please contact:

[tara.kadis@york.nhs.uk](mailto:tara.kadis@york.nhs.uk)

## Further Information

### Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#). For York Hospital please send to [yhstr.s2s@nhs.net](mailto:yhstr.s2s@nhs.net) or for Scarborough Hospital to [freya.oliver@york.nhs.uk](mailto:freya.oliver@york.nhs.uk). This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email [yas.patientrelations@nhs.net](mailto:yas.patientrelations@nhs.net). Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.



Department  
of Health &  
Social Care

### Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

**This bulletin is produced by York Health and Care Partnership**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)