



**Monday 19 December 2022**

## **What's In Your Partners in Care Bulletin?**

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



## **Merry Christmas to all Our Care Providers and Partner Organisations**

As this is the last bulletin of the year, we would like to take this opportunity to wish a very Merry Christmas to all you and your teams, as well as all your families and those in your care. Thank you to you all for continuing to work tirelessly, and going above and beyond to keep some of the most vulnerable in our communities safe and well despite continued difficult conditions. This year we launched our "Quality Assurance and Improvement Team" with the aim of working collaboratively between health and social care to provide coordinated and joined support to all our care providers across the whole York and North Yorkshire, and have enjoyed working with you and your teams to compliment the proactive and innovative work that you are already doing every day to support great quality of care for those who you support. We've seen the power of how we can come together this year through initiatives such as the Care Provider Olympics where over 600 individuals took part to promote physical activity across the sector, and our recent Achieving Excellence Conference which highlighted new and innovative ways of working and opportunities around hydration, nutrition, digital care and the role of the nurse in social care to name just a few.

We hope you all get a chance to have some well-deserved rest at some point over the Christmas period, and wish you all the best for a happy and safe new year heading into 2023.

On Behalf of All the Members of the Quality Assurance and Improvement Team



**York and Scarborough  
Teaching Hospitals**  
NHS Foundation Trust

**Urgent Care Pressures- York Hospital Discharges**

Your ongoing help and support with accepting people on discharge from hospital continues to be much appreciated by all health and social care partners across North Yorkshire and York. The position at York Hospital is currently very challenging- and any providers who have capacity that could be used for discharges are encouraged to please let the discharge hub know as soon as possible.

This can be regardless of is patients are CYC, NYCC or East Riding or CHC funded- funding will be arranged by the relevant organisation as soon as a bed confirmed



**Care Connected Briefing- Industrial Action by Ambulance Trust Staff**

**When:** Monday 19 December at 12:00 (Today)

North Yorkshire County Council will be holding an additional meeting of their Care Connected Provider Forum today, to provide a briefing on the Industrial Action by Ambulance Trust staff scheduled to take place on 21 and 28 December. Given the content is applicable to all, providers from the York area are also welcome to join today's session should they wish to. The Forum takes place through GoToMeeting and can be accessed using the links below- if you are joining for the first time you will need to download the app.

**Please join my meeting from your computer, tablet or smartphone.**

<https://global.gotomeeting.com/join/210744229>

New to GoToMeeting? Get the app now and be ready when your first meeting starts: <https://global.gotomeeting.com/install/210744229>



## Respiratory Infection Guidance for Providers

During the winter months we are seeing an increase in respiratory infections including outbreaks of Covid-19, Influenza and RSV (Respiratory Syncytial Virus). Unfortunately, many of these are similar in symptoms so differentiating between them can be difficult. When a person with a respiratory spread infection coughs or sneezes, millions of viral or bacterial particles are released from the mouth or nose in respiratory droplets. These droplets travel in the air, contaminating people and surfaces in their path.

Precautions to take include:

- Consider isolating affected individuals
- PPE to be worn when in close contact with individuals with respiratory symptoms will include Type IIR fluid-repellent surgical mask, eye protection such as a visor, plastic apron and gloves.
- Dispose of used PPE in the appropriate waste stream
- Respiratory and cough hygiene ('Catch it, Bin it, Kill it') using disposable tissues
- Good hand hygiene
- Regular cleaning and decontamination of the environment
- Open windows to help ventilate areas with fresh air to disperse virus particles
- Do not attend work if you feel unwell
- Encourage vaccinations for staff and service users

For the latest Covid-19 guidance for adult social care please follow this [link](#).



## **Share Your Thoughts About Working in Social Care**

North Yorkshire County Council, in conjunction with the NHS Humber and North Yorkshire Integrated Care Board are running a short survey among the social care workforce to learn more about your experiences of working in social care. We want to understand what is good and we need to do more of, and what things we need to address – things that would make your experience of working in social care better.

Your responses will shape the workforce plans for the North Yorkshire region but will have a really local impact – we're a diverse county and a diverse group of people, so what works for some, won't work for others – we're looking for big ideas, small ideas and everything in between. **Click [here](#) to access the survey.**

## Need to know



### **Management of Falls Within Care Homes and Community Settings Survey**

The NHS Humber and North Yorkshire Integrated Care Board has recently been asked to review the way in which we respond to falls across our area. As part of this, we have been asked specifically to gather information on how falls are managed within care homes and community settings. We have created a short 5 minute survey for which your help in completing would be greatly appreciated, and will help shape the way we manage falls going forward across the area.

The survey can be accessed through this [link](#).

The deadline for this survey is **Tuesday 20 December**. For any questions please contact: [sam.varo@nhs.net](mailto:sam.varo@nhs.net)



### **Care Relationships Between Support Staff and Adults with a Learning Disability Research Study**

Participants being sought for this study between run by the University of Kent to understand care relationships and inform care practice and staff and resident outcomes. They want to hear the thoughts of staff on what makes their relationships with people they support positive , how positive relationships are established, the Impact they have on people's lives and what factors can facilitate or hinder good care relationships.

The study is looking to hear from paid care or support workers and personal assistants working in adult learning disability long-term social care residential settings (EG: care home, supported living, homecare). There will be a short online questionnaire prior to an online or in person interview lasting approximately 1hr 15 minutes. For more information please follow this [link](#) or contact: [gm518@kent.ac.uk](mailto:gm518@kent.ac.uk)



## **Healthwatch York- Winter Newsletter and Support Available Over Festive Period**

Heading into the Christmas and New Year Period, Healthwatch York has produced a guide to support services available during the coming weeks including access to medical care, mental health support, community support, support for carers and support with food among others. The guide can be view through this [link](#). The winter newsletter from Healthwatch York is also now available and can be accessed through this [link](#).



## **Urgent Care Pressures- Admissions Requests**

Your ongoing help and support with accepting people on discharge from hospital continues to be much appreciated by all health and social care partners across North Yorkshire and York. The level of pressure on the entire system continues to increase and this communication is shared with you following what has been an exceptionally challenging weekend.

Can we please ask that on receipt of requests for admission into care and residential facilities that you have arrangements in place to consider these with the highest level of urgency, preferably on the same day wherever possible; whether it is to accept or decline.

Expediating this part of the process and reaching decisions quickly will help the whole system with patient flow through our acute and community bed bases.

Thank you for your help – it continues to be very much appreciated.



## Community Pharmacy- Festive Opening Hours

A summary of opening hours for community pharmacies across the Christmas Period across North Yorkshire and York can be found through this [link](#).

## Learning and Development Opportunities



### Skills for Care- Yorkshire and Humber and the North East Themed Local Area Briefings

Your local Skills for Care Team are running a series of virtual events to support the adult social care workforce to lead, deliver and grow. The events are aimed at registered managers, deputy managers and

#### Cleaning someone else's teeth

- Gently move the lips and cheek so you can see
- Try to start in the same part of the mouth each time, and clean every tooth in order
- Angle the toothbrush towards the gums & include the part where the tooth meets the gum
- Brush the outside, inside and biting surfaces of the teeth in a methodical way it should take about two minutes
- Include cleaning the tongue
- Be aware of any loose teeth and brush with care
- If gums bleed, continue to brush gently but thoroughly
- Encourage the resident to spit out after brushing, and ideally not rinse
- Keep a record of any changes seen



### Oral Health in Care Home Residents Presentation and Slides- Resources for Staff

Maureen Hole presented an in depth and informative session at a recent Care Connected forum providing guidance on how to assist the oral health of residents in your care, which

those with a responsibility for learning and development working for an adult social care provider. Upcoming Events include:

### **Leadership**

Wednesday 25 January 2023, 13:30 - 15:00

### **CQC and Quality improvement**

Wednesday 22 March 2023, 13:30 - 15:00

For more information please follow this [link](#)

may be helpful to show or cascade to staff. The session covers why good oral health is important, how to prevent disease, how to assess the mouth and plan and record mouth care, how to support with delivering daily care (including for those with a learning disability, dementia or at end of life), denture care and accessing dental support. The recording of the session and slides along with a number of other resources you may find useful are available through our [website](#).

For any further queries please contact [maureen.hole@nhs.net](mailto:maureen.hole@nhs.net)

## Further Information



### **Launch of the Oliver McGowan Mandatory Training eLearning**

The training has been co-produced, trialled with over 8300 health and care staff and independently evaluated. The training is now a requirement for all health and social care staff.

- The eLearning package is the first part of training, which has now been launched.
- It is being delivered by eLearning for healthcare (elfh)



## Department of Health & Social Care

### **Get Nominating- Chief Nurse for Adult Social Care Awards**

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

- Visit the [Health Education England website](#) to find out more and find answers to FAQs.

Enquiries on The Oliver McGowan Mandatory Training on Learning Disability and Autism should be directed to [ommtprogramme@hee.nhs.uk](mailto:ommtprogramme@hee.nhs.uk)

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

**This bulletin is produced by York Health and Care Partnership**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)