



**Tuesday 13 December 2022**

## **What's In Your Partners in Care Bulletin?**

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)

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## **Achieving Excellence in Health and Social Care Conference: Slides Now Available**

Thank you again to all who joining us at the Achieving Excellence Conference in York last week, and contributing to a really collaborative and positive day bringing together nearly 200 attendees from across the sector, and highlighting some of the amazing practices and joint work taking place within North Yorkshire and York. It was great to meet so many of you face to face and to discuss how what we can do together drive quality improvement and support those in our care. The links to all the slides from the event can now be found through this now through our [website](#)- which includes presentations on the opportunities for nursing within social care, the role of the care home lead GP, pilots around hydration, nutrition and insulin administration, advance care planning, digital opportunities for care providers, the use of Immedicare in care homes and public health developments among others.

## **Urgent Care Pressures- Admissions Requests**

Your ongoing help and support with accepting people on discharge from hospital continues to be much appreciated by all health and social care partners across North Yorkshire and York. The level of pressure on the entire system continues to increase and this communication is shared with you following what has been an exceptionally challenging weekend.

Can we please ask that on receipt of requests for admission into care and residential facilities that you have arrangements in place to consider these with the highest level of urgency, preferably on the same day wherever possible; whether it is to accept or decline.

Expediating this part of the process and reaching decisions quickly will help the whole system with patient flow through our acute and community bed bases.

Thank you for your help – it continues to be very much appreciated.

### **Cleaning someone else's teeth**

Gently move the lips and cheek so you can see

Try to start in the same part of the mouth each time, and clean every tooth in order

Angle the toothbrush towards the gums & include the part where the tooth meets the gum

Brush the outside, inside and biting surfaces of the teeth in a methodical way it should take about two minutes

Include cleaning the tongue

Be aware of any loose teeth and brush with care

If gums bleed, continue to brush gently but thoroughly

Encourage the resident to spit out after brushing, and ideally not rinse

Keep a record of any changes seen



## **Oral Health in Care Home Residents Presentation and Slides- Resources for Staff**

Maureen Hole presented an in depth and informative session at a recent Care Connected forum providing guidance on how to assist the oral health of residents in your care, which may be helpful to show or cascade to staff. The session covers why good oral health is important, how to prevent disease, how to assess the mouth and plan and record mouth care, how to support with delivering daily

care (including for those with a learning disability, dementia or at end of life), denture care and accessing dental support. The recording of the session and slides along with a number of other resources you may find useful are available through our [website](#).

For any further queries please contact [maureen.hole@nhs.net](mailto:maureen.hole@nhs.net)



## Community Pharmacy- Festive Opening Hours

A summary of opening hours for community pharmacies across the Christmas Period across North Yorkshire and York can be found through this [link](#).



## Health and Social Care Worker Seasonal Flu and COVID-19 Vaccinations

Health and care services face a challenging winter and, as we enter the colder months, we could face a twin threat from flu and COVID-19 with both viruses in greater circulation.

Health or social care professionals are more likely to be exposed to both viruses, which can be dangerous and even life-threatening. Up to one in four healthcare professionals can get infected with the flu virus during a mild season and flu is

now circulating at higher levels than recent seasons. This is why frontline professionals are among millions who can get a further dose of the COVID-19 booster and the flu vaccine this season.

To help our hard-working frontline professionals find out why they need these vaccines and how to get them, our seasonal vaccination toolkit has been updated to inform conversations about both vaccinations. It includes tailored messages for a wide range of professional groups and a host of creative content encouraging staff to get both vaccinations. The updated content is available on the [Campaign Resource Centre](#) which includes material local sites can order. Please continue to share these resources with your networks.

### **Social Care Providers**

Social care services face a challenging winter and are likely to experience significant staff and capacity pressures in the coming months. The people who work in health and care are of course our most important asset and encouraging them to get vaccinated will help keep services resilient during winter, and minimise staff pressures, as well as keeping frontline professional and those they care for safe.

Frontline social care professionals are more likely to be exposed to the flu and COVID-19 viruses, which can be life threatening, and they can pass these viruses on without knowing to people who may be at greater risk. Please do continue to remind colleagues come forward for both of these winter vaccinations if they have not already.

Frontline social care professionals should be encouraged to book the COVID-19 vaccine through the [National Booking Service](#), by calling 119, or using [the online vaccination walk-in finder](#) through a simple self-referral process. Social care providers should ensure that all frontline social care professionals in their employment are offered every opportunity to receive a flu vaccine at work this season via an occupational health vaccination scheme. Where a scheme does not exist, encourage staff to book their vaccine through their GP surgery, local pharmacy or the [flu national booking system](#).

Please encourage your staff to get vaccinated as soon as possible.

## Need to know



### Capacity Tracker- DHSC Mandatory Submission Reminder

A reminder to all CQC registered care homes and providers of domiciliary services, that the window will be opening this window for the mandated Department of Health and Social Care submission through the Capacity Tracker.

**All providers must complete the tracker at least once between the 8th and midday on the 14th of the month as condition of registration.** There are potential fines as a last resort for providers who do not update- so please be mindful of this. Further information on how the regulations will be enforced can be found through this [link](#). A reminder this doesn't replace the need for more regular (preferably daily) usage to allow local authority and health partners to support providers. For any support regarding the Capacity Tracker- Please contact the national helpdesk on: 0191 691 3729



### Community Infection Prevention and Control Team- Seasonal Decorations Bulletin

Please find through this [link](#), the latest bulletin from the Community Infection, Prevention and Control Team which provides some practical suggestions on the use of festive decorations which will allow residents and staff to enjoy a festive period.



## **Launch of the Oliver McGowan Mandatory Training eLearning**

The training has been co-produced, trialled with over 8300 health and care staff and independently evaluated. The training is now a requirement for all health and social care staff.

- The eLearning package is the first part of training, which has now been launched.
- It is being delivered by eLearning for healthcare (elfh)
- Visit the [Health Education England website](#) to find out more and find answers to FAQs.

Enquiries on The Oliver McGowan Mandatory Training on Learning Disability and Autism should be directed to [ommtprogramme@hee.nhs.uk](mailto:ommtprogramme@hee.nhs.uk)



## **Funding Available- Implementation of Digital Social Care Records and Sensor-Based Falls Technology (Available to Care Homes)**

The Digitising Social Care programme is a place based approach, with funding to be used for delivery and care home digitisation. This funding will support increasing digitisation within social care by enabling the adoption of care technologies that will enhance the quality, safety, and efficiency of social care. This is solely for the implementation of new Digital Social Care Records



from a supplier on the NHS Assured Supplier List and Sensor-Based Falls Technologies. Ongoing costs will need to be picked up by providers.

In order to be eligible for the funding providers need to engage with the DREaMS Team, if they haven't already, to establish their current Digital Maturity Level. Providers will then be issued an application form to request funding for a product supplying quotes to ensure validity. There will then be an approval process and upon successful applications the provider will have to sign a contract before release of funding, it has an agreement to ensure an invoice is submitted after implementation. This will prove appropriate spend and will provide transparency and auditable trails of expenditure and outcomes.

For more information and to express an interest please contact:  
[dreamsteam@eastriding.gov.uk](mailto:dreamsteam@eastriding.gov.uk)



## Getting in the Festive Spirit with Sowerby House

As Christmas approaches, we know many of your teams have exciting and creative plans to spread festive cheer for those in your care. Sowerby House in Thirsk have sent us this lovely photo of the team dressed up for elf day- and have also recently held a pantomime and festive jumper day, with Christmas now in full swing across the home.

If you have any good news stories from your service we would love to share them- Please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net) to include in a future bulletin.



## Learning and Development Opportunities

### Networking for Learning Disability Nurses in Social Care

Many learning disability nurses work in social care settings, in a wide variety of roles. It can be isolating sometimes, particularly if you don't have other learning disability nurses in your organisation.

The Royal College of Nursing (RCN) Learning Disability Nursing Forum has organised an online networking event for learning disability nurses working in social care to help nurses connect with each other, share experiences, and identify ways to support each other.

For more information please follow this [link](#).



### Immedicare Training-December

The latest virtual training sessions available from Immedicare can be accessed through this [link](#). These are designed for both registered and non-registered staff from any service who utilises the Immedicare Telemedicine service. Sessions coming up include Verification of Expected Death, End of Life Care, UTI's, Nutrition and Hydration and Catheter Care.

## Further Information

## Helping to Improve Access to Cancer Screening for People with a Learning Disability

Marie Kotzur from the University of Glasgow is looking for paid and family carers in England to take part in an interview. The researchers are offering participants a gift card of £30 as a thank you for giving their time.

The study aims to understand the experience of screening for breast, bowel, and cervical cancers among people with learning disabilities, how their access to screening can be improved, and what could make cancer screening easier for people with learning disabilities.

The researchers are keen to speak with carers who support women with learning disabilities aged 25 to 75 years and/or men with learning disabilities aged 60-75 years. The interview can be by telephone or video call and the interviews will last between 30 and 60 minutes.

To find out more please follow this [link](#).

If you would like to ask any questions about the study, or if you are interested in taking part, please call or text Marie on 07432828458 or by email: [marie.kotzur@glasgow.ac.uk](mailto:marie.kotzur@glasgow.ac.uk).



## Department of Health & Social Care

### Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

**This bulletin is produced by York Health and Care Partnership**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)