

### What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues. <u>Please click here to bookmark these pages</u>



Health and Social Care: Achieving Excellence Together- Don't Miss Your Chance to Join Us!

**When:** Friday 2 December 2022 8.30-4.30 at The Principal Hotel, Station Road York, YO24 1AA (Or join us virtually)

We excited to welcome all those planning to join us out the Achieving Excellence Together Conference- which will take place **this week**! The day will share the latest work happening in the care sector across York and North Yorkshire, and a chance for us to listen to your expertise and suggestions for working together as health and social care colleagues in the future. The event will include updates ranging from new ways of working in our area to support providers, to digital care, the role of GP's in care homes, advance care planning, learning from medication incidents, pilot working around hydration, continence, insulin administration. Further information including the agenda can be found through this <u>link</u>.

**It's not too late to book your place!** All who would like to join us are able to register to attend virtually, and can be added to our waiting list to attend the event in person should places become free. For any queries about this event please contact <u>sam.varo@nhs.net</u>.





# Trusted Assessment Forms (TAFs)- Quality Improvement and Survey

North Yorkshire and City of York Council are working in partnership with York and Scarborough Hospital Foundation Trust to improve the quality and contained information of the Trusted Assessment Forms (TAFs). The TAFs are the supporting documents, sent to providers, when a patient is deemed as medically optimised and fit for discharge. The aim of the improvement work, is to support providers to speed up their decision making around accepting a person into a Residential / Nursing establishment or for a package of care in the person's own home.

The aim of this improvement work is to reduce the number of delays at the acute hospital sites, who are under the extreme pressures due to delays in discharging people at the right time. As part of this work, we would like to offer our providers a voice in this work and the chance to engage in the development of a 'gold standard TAF'. Please can we ask that you complete the short survey below, this will only take 5 minutes of you time and this will feed into the on-going development workshops.

Please click this link to access <u>Survey</u>. If you would like to discuss this work further, please contact:

<u>Mark Galloway</u>, Service Manager Integrated Health and Social Care – NYCC <u>Francesca Floris</u>, Integration Officer – NYCC



### **Controlled Drug Incident Reporting**

Incidents and concerns involving controlled drugs should be reported to the Local Controlled Drugs Accountable Officer (CDAO). This is **in addition** to your usual incident reporting processes.

Reports to the CDAO are made online at <u>www.cdreporting.co.uk</u>. If you have not registered with the website previously you will need to register if you need to report a CD incident.

The website is being upgraded on the **1 December 2022** and if you are currently registered you will need to reregister after that date, however you will still be able to see any past reports once you are logged in.

Details about the upcoming changes are provided on the <u>CDAO reporting</u> website when you log in. If you have any questions please email <u>karenlepper@nhs.net</u>



### **NHS Mail- Account Deletion Period Changes**

Given recent cyber security risks, nationally changes have made to reduce the time NHS Mail accounts can be inactive to maximise protection against malicious attacks. Accounts will now be classed as inactive if they haven't been used in the last 30 days, and will be deleted if not used within 60 days. Accounts can still be

re-activated by contacting the helpdesk for a further 30 days- but after 90 days they will be permanently be wiped. **We would therefore encourage care sector colleagues who have accounts to please continue to log in regularly to ensure you retain access.** 

The national "Better Security, Better Care" Team hold regular NHSmail drop in sessions for care providers- which are available for staff who have any questions regarding NHS Mail. The next upcoming dates for the sessions can be found below:

• Wednesday 7 December, 2 - 2:30pm

• Wednesday 21 December, 2 - 2:30

### Need to know



### Celebrating our Olympic Champions- Getting Moving to Fight De-Conditioning

Over the last month our team have been touring the area to hand out trophies to our fantastic Olympic champions from the 2022 North Yorkshire and York Care Provider Olympics- to celebrate how their staff and residents valiantly competed against other providers to get active this summer and highlight the health benefits of physical activity for those in our care .It really inspiring to hear from teams how much they enjoyed taking part in the events, and being able to come together to celebrate their success.

Photos from the presentations and the competition as a whole, as well our final medal table and recording from the Olympic prizegiving ceremony in September can be found through our <u>website</u>. North Yorkshire County Council have also published an article showcasing how the event captured the imagination of providers across our locality. We're already looking forward to the 2023 running of the competition- which promises to be equally well contested for the care provider Olympic title.



**ENRICH- Enabling Research in Care Homes** 

The National Institute for Health Research (NIHR), the research arm of the NHS, helps to increase the opportunities for people to take part in health and social care research. The Agile Research Team, funded by the Clinical Research Network Yorkshire & Humber is part of the NIHR. Their objective is to increase opportunities for patients to take part in health and social care research and working alongside you and your home is one way to achieve this. The Agile Research Team is made up of staff from a broad range of backgrounds who all have significant experience in delivering research in a range of settings and across a number of clinical specialisms. Improving the lives and health of people living in care homes is a major priority for the UK government. As a response to this, the NIHR has set up the **Enabling Research in Care Homes Network** (ENRICH). Please note care homes settings include nursing homes, residential homes, learning disabilities homes and childrens' homes.

There are a number of benefits of joining ENRICH:

- Research gives residents self worth and adds to self esteem
- The well-being of residents is Enriched when you join ENRICH
- Give you care home a voice and be part of shaping the future
- One click can make a difference to you, your home and your staff

# *Since joining ENRICH we have worked on a number of projects large and small. Every study has been positive and the home and our residents benefit from our mission to always look to improve and learn. Elizabeth Hancock MD Fulford Nursing Home*

The ENRICH register is free to join by <u>clicking here</u>, and brings together care homes, residents and researchers to support research, by inviting your Care Home to participate in a variety of studies. There is no obligation for you to accept these study invitations unless you find the studies interesting and easy to support. Once registered, the home will be issued with an ENRICH certificate which can be displayed in the your Home setting. The ENRICH membership will help support your CQC inspection rating.

#### **Current Care Home Studies**

There are currently a <u>variety of studies</u> looking for support which may interest you, including:

Defining and Measuring Safety in Older Adult Residential Care Homes
THE VOICE - Study aims to explore care home staff experiences of providing continence care to older adult care home residents

•Development of core outcome sets for effectiveness trials of interventions to prevent and/or treat delirium



### Helping You Stay Well This Winter

If you're worried about your health, don't delay, your NHS wants to see you – help us help you get the care you need this winter. Winter conditions can be bad for our health, especially for people aged 65 or older, and people with long-term conditions such as heart or kidney disease, COPD (including emphysema and chronic bronchitis), asthma or diabetes. A leaflet produced by the NHS with important information that can help you stay well this winter can be found through this link, which may be particularly useful to those colleagues visiting who visit residents in their own homes. This covers how to access winter vaccinations, staying warm, accessing prescriptions, keeping active and mental support among others.

A reminder that support and guidance to help with living costs is available from our local authorities, and can be found through the below links:

<u>Government help with energy costs – City of York (york.gov.uk)</u> <u>Cost of living support – North Yorkshire (northyorks.gov.uk)</u> <u>Help for households – East Riding (eastriding.gov.uk)</u>



# Verification of Expected Death Training Network- (Scarborough, Ryedale and Whitby Providers)

When: Thursday December 1, 2022 2 - 3:30pm

A reminder that Project ECHO will delivering their monthly Verification of Expected Adult Death training network on Thursday.

These sessions are Zoom-based and led by Saint Catherine's Hospice to provide what you need in preparation for competence.

Please be ready to bring some examples of communication successes or challenges that you have had in your role as we can all benefit from these experiences. For further information please contact: ProjectECHOTeam@stleonardshospice.nhs.uk

### Learning and Development Opportunities

### Skills for Care- National Event for Nominated Individuals

When: Wednesday 30 November | 11:00 – 13:00 through Zoom

At this event Skills for Care be joined by the Care Quality Commission (CQC), who will update on its new single assessment framework, with a particular focus on well-led. We'll also provide an update on Integrated Care Systems (ICS) implementation and share examples of social care engagement and collaboration with ICSs.

To register your place, please follow this link.



### Immedicare Training-December

The latest virtual training sessions available from Immedicare can be accessed through this <u>link</u>. These are designed for both registered and non-registered staff from any service who utilises the Immedicare Telemedicine service. Sessions coming up include Verification of Expected Death, End of Life Care, UTI's, Nutrition and Hydration and Catheter Care.

#### Further Information



### Access to Winter Vaccination for Social Care Staff

A reminder that all frontline social care staff are eligible for both the COVID-19 booster and flu vaccination this winter, and staff are strongly encouraged to take up this offer. Vaccination remains the best way to protect yourself and those in your care from serious illness this winter, and strengthen our health and care system against infection.

- Through this <u>link</u> you can access a set of slides shared at the recent Partners in Care Virtual Forum, which detail how staff across the area can access this winter.
- Information around access in the wider North Yorkshire area can be found through this <u>link.</u>

Remember to please bring work ID to guarantee you will be accepted for vaccination. There are a series of <u>resources</u> available which can be shared with staff or displayed to support vaccination uptake. Are you struggling to access vaccinations for your staff or need further support? Please for contact <u>sam.varo@nhs.net</u> and we will endeavour to help.



### Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this <u>link</u>. We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area. This bulletin is produced by York Health and Care Partnership

### Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact <a href="mailto:sam.varo@nhs.net">sam.varo@nhs.net</a>