



Partners in Care Olympic Update

Monday 26 September 2022



Summer Olympic Update- It's Time to Crown Our 2022 Olympic Champions

We're delighted to announce the final results from our Summer Olympic challenge. Staff and residents have risen to the challenge, demonstrating the huge amount of creativity in our care sector to interpret the brief in countless different ways to host events big and small and meet the differing needs of our residents. The competition has seen everything from Hawaiian themed events, to creative hydration challenges, based bed challenges up to everything from limbo, paper plane competitions, baton relays, distance walk challenges and more. We're really proud of how the event has captured the imagination and how providers have used ideas from others to support physical activity of those in our care. A big congratulations to all who competed this year, you are all winners.

We held our celebration event last Thursday to recognise the achievements of all our Olympic competitors, which included the showing of a highlight video featuring all the amazing photos of the competition and also a video message from Deborah Sturdy (Chief Nurse for Adult Social Care, Department of Health and Social Care). We heard some amazing stories on how both those in our care as well as staff have risen to the challenge this year, and some

outstanding achievements from certain individuals within our sector who have been recognised with a series of awards.

[Click Here to View the Full Care Provider Olympic Results](#)

[Click Here to View our 2022 Olympic Highlights Video](#)

[Click Here to View the Celebration and Awards Event](#)



Older Adults Category- 1st Place

The **Orchards Champions in Northallerton** take our first overall trophy, impressively finishing in the podium positions of all but one event! This includes gold medals in distance race, chair basketball, paper plate discus and the paper straw blow. A massive congratulations to all staff and residents who fully got into the Olympic spirit, including celebrating the value sport can have for those in our care- Creating a display telling the personal story of former speedway racer Trevor.



Older Adults Category- 2nd Place

Kirkwood Hall Extra Care from Leyburn are our very worthy runners up, taking top 3 placings in 5 events including picking up our gold medal in the hoopla. All those in their care participated even those who thought they couldn't, and have fed back how much they enjoyed the day. They have even managed to now get a curling set for the service, by popular demand having been enjoyed so much on the day.



Older Adults Category- 3rd Place

Finally, a big congratulations to **Abbey Lea in Barlby** who take 3rd place including gold medals in balloon volleyball and the beanbag catch. The team took part twice to make sure they got onto our podium! This including an Olympic knit by one resident for their summer fair, and epic weightlifting achievements for staff members Natalie and Zoe.



Younger Adults and LD Category- 1st Place

Sherbutt Residential and Home Care in Pocklington are our inaugural younger adults champions this year, having thrown themselves into our Olympic challenge. This included some very creative paper plate discus's that the residents designed for the event, alongside valiant effort in our distance race, wheelchair basketball and many other events.



Younger Adults and LD Category- 2nd Place

The Gravers from York are close on their heels, with their day going ahead despite the weather (and a last minute change of venue!). The residents gave it their all, which included class gold medals in balloon volleyball, paper plate discus and the beanbag catch!



Younger Adults and LD Category- 3rd Place

The Botton Community with Ryedale MENCAP from Whitby came together to hold a series of sporting activities as part of their summer fayre, and take gold in our distance race, hoopla and beanbag toss. Well done to all staff and residents all their creativity and hard work in making the event happen.



Honourable Mentions Go To....

There have been so many amazing achievements and creative ideas this year, that we've awarded a series of awards to recognise them too:

- **Biggest Achievement by a Resident Award-** Resident Winnie from Silver Birches in Filey valiantly taking part in all their events at the age of 104
- **Biggest Achievement by a Staff Member Award-** Omega Oak Barn near Kirkbymoorside measured the most steps walked by their staff in an hour whilst on duty, with the winner Gemma clocking up an impressive 4000

- **Biggest Olympic Display-** The Orchards in Northallerton creating a fantastic display showcasing the story of resident Trevor, who was a national level speedway racer
- **Most Creative Event-** United Response York bringing together all their service users, staff and families in a brilliant summer sports day in Rowntree Park
- **Most Creative Activity-** Hilltop Hurricanes holding a baton relay around the whole home
- **Hydration Award-** Fantastic looking summer mocktails made for residents at New Lodge in York, as part of their Olympic afternoon
- **Personalised Care Award-** Joint Winners: Both Abbey Lea and Fulford Nursing Home included bed-based events designed to involve all residents. These activities included number of hand squeezes, facial expression changes and a scent guessing challenge.



See You in 2023!

We're planning for the Care Provider Olympics to be an annual event to celebrate and promote physical activity in our care sector- so will look forward to seeing what our providers can achieve in 2023.

This bulletin is produced by NHS Humber and North Yorkshire Integrated Care Board.

Do you have.....

- **Updates or photos from how your service is taking part in the event?**
- **Activities that you use to support your residents in getting activities (or useful resources) that you would like to share with others**
- **Any sports men or women in your service that you would like to celebrate, whether they be residents or staff**

If so please contact sam.varo@nhs.net