



Monday 01 August 2022

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



Care Home and Supported Living Olympics- Week 7 Update

To allow those who had to postpone their events due to last week's heatwave and outbreaks to reschedule, we have set a new closing date for our Olympic competition of **Sunday 07 August**. We'll very much look forward to seeing what our remaining teams get up to in their efforts to go for gold, and to announcing the final medal tables and our overall Olympic champions.

This week's [Olympic Update](#) shows more examples of how providers from across our area have taken up our challenge with such enthusiasm and creativity, to support those in their care in getting have to fight deconditioning this summer: This includes:

- A focus on the personal meaning and enjoyment that physical activity can have to residents in our care- Featuring the story of Trevor from The Orchards in Northallerton, who was a national speedway racer when younger.
- A very creative Hawaiian themed event from Harrogate Home Support
- How United Response brought together all service users and staff from their York LD services together for a full day of sport and activity.
- Alne Hall taking part in our challenge, with a variety of events designed to be inclusive to all in their care.
- How Holgate House supported their residents in choosing how they wanted to take part in their Olympic event.



United Response- Walking for Men's Mental Health

United Response in York are taking up a challenge of walking the 57 miles of the Cleveland Way this September between Saltburn and Helmsley. This is part of wider challenge to raise money for and support men's mental health within the organisation, which they recognise particularly over the pandemic has deteriorated with a rise in depression, anxiety and social isolation. As an area they want to change this, and a group (some of who have suffered with mental ill health in the past) have got together explore starting a men's wellness group for their colleagues.

Planning the project has been a team effort and has given the team something to focus on at times when work has been hard. They have had social get togethers to train for their big hike, which has presented opportunities to talk about what they want their new group to look like. Once their walking challenge is complete, they will then focus on getting the group established.

Well done and good luck to all the team for taking up this challenge, and raising awareness of this issue. If you would like more information please follow this [link](#), where there is also an opportunity to donate and sponsor the team. They have raised a fantastic £655 so far.

Need to know



Capacity Tracker- Provider Demonstration and Training Sessions

Do you have any staff or new starters who would benefit from a demonstration, or refresh of how to complete the Capacity Tracker? A series of 30 minute national training sessions are taking place of the coming months to support providers in completing. This will include guidance to complete your mandatory monthly submission as part of the incoming data requirements from the Department of Health and Social Care. (With the expectation of updating vacancies and other information daily continuing).

[Tuesday 16 August 14:00-14:30- Care Home Session](#)


[Thursday 18 August 14:00-14:30- Home Care Session](#)

[Tuesday 13 September 14:00-14:30- Care Home Session](#)

[Thursday 15 September 14:00-14:30- Home Care Session](#)



[Tuesday 11 October 14:00-14:30- Care Home Session](#)

[Thursday 13 October 14:00-14:30- Home Care Session](#)



**Everything you need
to take care of your wellbeing
in one place**

A new app for health, care, emergency service, local authority and VCSE staff living and working in North and North East Lincolnshire, Humber, East Riding and North Yorkshire.



IOS Android

Download through iOS: <https://apple.co/3ukfZhC> or Google Play: <https://bit.ly/3ugv11q>

New App Launched to Support Health Care and Emergency Staff Across Humber and North Yorkshire Health and Care Partnership

A fantastic new app has launched for health care and emergency service staff across North and North East Lincolnshire, Humber, East Riding and North

Yorkshire. Our People is part of and builds on the existing support provided across the Humber and North Yorkshire Health and Care Partnership and Humber, Coast and Vale Resilience Hub (Soon to become Humber and North Yorkshire Resilience Hub). It's designed to maintain and improve the wellbeing and physical and mental health of staff by providing a range of self-help resources to people 'on the go'.

Centred around the 5 ways to wellbeing (Be Active, Connect, Take Notice, Keep Learning and Give), the app is designed to make looking after your wellbeing fun and interactive and provides you with the tools to build healthy, positive habits into your everyday lives. A series of weekly posts provide you with wellbeing advice and support; and our self-help catalogue, including a range of materials and podcasts, gives you the tools at your fingertips to help manage your wellbeing positively.

For anyone needing more in-depth mental health support, you can also refer into the Hub to receive additional support and advice. Take the next steps to maintain and support your wellbeing and download Our People through [iOS](#) or [Google Play](#)



Would You Like to Join Our Team?

We are seeking applications for 2 positions as Band 6 Project Nurses/Allied Health Professionals, with experience and knowledge in working with Independent Care Providers and quality improvement. These posts will include providing support and promoting quality of care within health and social care across the York and North Yorkshire area. Applications close on **Thursday 18 August**. For more information please follow this [link](#) or contact sarah.fiori@nhs.net.



Funded Training for Adult Social Care- Courses Availability

Please find through this [link](#) a couple of slides kindly shared with us by Skills for Care, which has details of funded training available to adult social care through funding by themselves, NHS Humber and North Yorkshire ICB and Health Education England. The courses available are detailed below, and can be booked by emailing: info@uniquetrainingsolutions.co.uk

- Diabetes – 3 hour
- Drug, Alcohol and Substance Misuse – 4 hours
- Dysphagia – 3 hours
- Epilepsy with the range of medication – 4 hours
- Well-being for those being supported – 3 hours
- Moving and positioning competency assessor – 2 day
- Care and Support Planning - 6 hours
- Falls and Fragility – 3 hours
- Dementia Care – 3 hours
- Medication for Managers – 6 hours
- Catheter Care – 3 Hours
- Stoma Care – 3 hours
- COPD – 3 hours

Learning and Development Opportunities



Project ECHO Palliative Care Clinics- Breathlessness

When: Tuesday 02 August 14.00-15.00

The Project ECHO team run through St Leonards Hospice and St Catherine's Hospice are hosting a series of clinics . These are designed and shaped by the community of Nursing staff working across the region in palliative care. On Zoom, these Hospice-led clinics will provide mutual learning, practical guidance, case studies and support.

To register please contact [The Project ECHO Team](#)



Using TikTok to Boost your Recruitment and Retention

When: Tuesday 2 August 2022:
10:00 – 11:30

Skills for Care and partners have worked together to deliver a series of masterclasses to support social care recruiters in using different social media platforms to find and keep staff. The final session will focus on TikTok, one of the fastest-growing social media platforms and give you the knowledge you need to use the platform effectively.

For more information and to register please follow this [link](#)

Further Information

Contacts for Incident Reporting-Updated Process

- To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#). For York Hospital please send to yhs-tr.s2s@nhs.net or for Scarborough Hospital to freya.oliver@york.nhs.uk. This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.
- To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.



ENRICH- Enabling Research in Care Homes

Please find through this [link](#), a letter on behalf of the National Institute for Healthcare Research (NIHR) Clinical Research Network Yorkshire and Humber. They are inviting care homes to join the register for the ENRICH network, which will enable you to receive updates about research studies for the care sector (with no compulsion to take part). There are over 100 homes across the region already registered for the network- which can enable you to take part in research projects which could benefit your staff team and residents, and to learn about research that can contribute to better care for residents.

Further information on the benefits of joining are available in the letter, as well as how to register. Paul and Tom are our local coordinators for ENRICH, and happy to discuss with any interested homes further.

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sam.varo@nhs.net