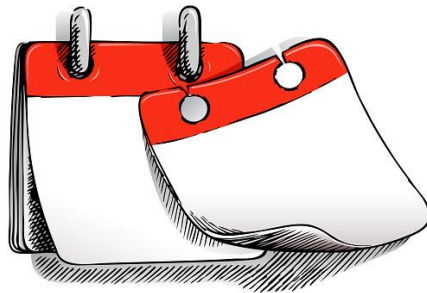




## Partners in Care Olympic Update

Tuesday 26 July 2022



### Summer Olympic Update Week 7- New Closing Date

To allow those who had to postpone their events due to last week's heatwave and outbreaks to reschedule, we have set a new closing date for our Olympic competition of **Sunday 07 August**. We'll very much look forward to seeing what our remaining teams get up to in their efforts to go for gold, and to announcing the final medal tables and our overall Olympic champions!



## Trevor's Story

Throughout this year's competition we've seen plenty of examples of the meaning and importance that sports and physical activity can have for people, as well some of the personal stories behind this for those receiving care as well as staff across our region. The Orchard's in Northallerton have put this at the centre of their event, by creating a brilliant display based around the achievements of their tenant Trevor, who has kindly have agreed we can also share his inspiring story.

In his youth Trevor was a speedway racer, and also did a lot of fundraising for both the Bedale swimming pool and The Dales Centre. In 1968 Trevor joined Northallerton Motor club and began competing at local events. In his first year he received the most improved rider of the year award for grass track and he was so over the moon with this. Later in February 1976, Trevor received his contract to ride speedway for Halifax which he thought was a great achievement.

That same year Trevor went to Halifax speedway and competed against the likes of Ivan Mauger from New Zealand (a six time world champion). Trevor's International Speedway Team captain was Kenny Carter, who was also a great rider and became speedway world champion in 1977.

On 13th June 1976, Trevor went to Pickering grass track to race, Trevor was in the lead and unfortunately he came off his bike. Another rider was close behind Trevor and didn't have anywhere to go when Trevor came off his bike and resulted in the other riders bike riding over him. The other rider also came off his bike and broke his collar bone.

Following Trevor's accident he was in intensive care for six weeks unconscious and spent a lot of time in hospital, finally getting discharged in the September 1976. Trevor then went to Catterick Military for physiotherapy where he learnt to walk again. Trevor's accident ended his racing career just as Trevor was getting

established, but Trevor still enjoys watching the racing on the television.

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## Team News, Tips and Ideas for Getting Active



### United Response- United for Physical Activity

The team at United Response York had the brilliant idea of using the Olympic competition as the basis of a sports day, which they held in Rowntree Park and used as an opportunity to bring together service users, staff and families from across all their York supported living sites! Everybody involved had an amazing day, which demonstrates the power of sport and activity to bring people together. Well done to all those involved in making this really exciting and enjoyable event happen, as well as all the service users who took part in the challenges. The scores are in and we'll look forward to seeing where the team come in our younger adult and LD medal table.



### The Orchards Champions in Action

We've been really impressed by the hard work of all the team at The Orchards in Northallerton to plan their challenge for the Olympic title.

The Orchards Champions definitely lived up to their name and gave each event a go regardless of abilities. Their day was filled with fun and laughter, with strong results in events including the distance walk, chair basketball and beanbag catch among others. Everyone finished the day with a water pistol based challenge, and used team member Gemma as a target! All the final scores from our teams and the medal table will be revealed once the competition closes.



## **Alne Hall Athletes**

Our contenders from Alne Hall near Easingwold had a wonderful morning competing in their "Alne Hall Summer Games". The home provide care for young physically disabled residents, and engaged them in a game of quoits, followed by bowls and then a water pistol challenge to beat the heat (won by resident Charlie). The team also made their own gold, silver and bronze medals, and held a podium ceremony with the national anthem playing as they awarded the medals. Well done to all the team and resident for taking part in this year's competition.



## **Olympics The Holgate House Way**

The team at Holgate House in York supported their service users in choosing the events they wished to take part in as part of their Olympic challenge day. The home care for individuals with a mental health support need, or a learning disability and autism; and enjoyed badminton, noughts and crosses and a very energetic looking game of limbo! Well done to all the team for organising their events and for taking part in the competition.

## **Harrogate Meets Hawaii**

Harrogate Home Support had a very unique interpretation of our competition, which they turned into a fantastic looking Hawaiian Olympics day! Everybody had a brilliant day, spread across 5 activities which were discussed and bean bag through from our medal events as well as boccia, a fishing challenge and a penalty shootout. The event was really special, and everybody learned a lot about just how capable and talented the people they support are which will help to inspire the care and support team moving forwards.

**This bulletin is produced by NHS Humber and North Yorkshire Integrated Care Board.**

## **Do you have.....**

- **Updates or photos from how your service is taking part in the event?**
- **Activities that you use to support your residents in getting activities (or useful resources) that you would like to share with others**
- **Any sports men or women in your service that you would like to celebrate, whether they be residents or staff**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)