



Health & Social Care; Achieving Excellence Together

Are you a care worker or nurse working in social care within Yorkshire and Humber?

This day is for YOU!

Building on the success of our previous conferences we are back and better than before. **Places are FREE** but limited so get booked in asap!

This exciting day will aim to share with you the latest work happening in care homes across York and North Yorkshire and listen to your expertise and suggestions for working together as H&SC colleagues in the future

Programme will include:

- How can staff support residents with their hydration needs?
- How to prevent Urinary Tract Infections and other avoidable harms linked to poor nutrition and hydration
- What new ways of working are happening with community teams
- Liberty Protection Standards
- Some tools to support you in your work
- What digital solutions exist to support your work
- Opportunities to network and share your ideas and experiences with like-minded people

Friday 2nd December 2022
08.30 - 16.30

Venue: The Principal Hotel, Station Road York, YO24 1AA

Speakers amongst many other talented colleagues include;

Deborah Sturdy, Chief Nurse Adult Social Care

Michelle Carrington, Executive Director of Quality and Nursing, Vale of York CCG

Rachel Bowes, Assistant Director Adult Social Care, NYCC

Dr Nigel Wells, GP & Clinical Lead HCV

Dr Helena Ebbs, GP

Nicola Sumpter, Dietician, YSTH

D Burlingham & Team, 5 Whitby Road Care Home, NYCC

Tracy Means, HON Community, YSTH

Tara Kadis, Lead Nurse - Diabetes and Endocrinology, YSTH

David Mills, Head of Digital, NHS NY CCG

And... a very special *Mystery Speaker* announced on the day, so keep in your chair, Laughter is the Best Medicine!

For bookings please contact: sam.varo@nhs.net

Places are limited so don't delay!

This event will count towards your revalidation!