



**Monday 23 May 2022**

## **What's in your Partners in Care bulletin?**

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



## **Post Covid Inter Care Home and Supported Living Summer Olympics**

Last week we launched our summer Olympics challenge for care providers, to support residents in getting active and moving to fight de-conditioning. All care homes and supported living services are able to take part and host their own event on any day between **Monday 13 June** and **Friday 24 July**. Providers can

fill their day with events of their choosing (the more creative the better!), but there also a set of "medal events" which are your chance to compete with other providers in these events to rise up our overall medal table! The provider with most medals overall will be presented with our prestigious trophy, as well as overall gold, silver, and bronze medals to celebrate their achievements.

We want this to be a fun way to promote health and wellbeing following what has been a dreadful couple of years, and we very much look forward to joining you at your events. We will be sharing a weekly update showing how providers have been taking part, including top tips and videos on how you can get moving. Further information including the competitors guide can be found through this [link](#), and you can register by contacting [sam.varo@nhs.net](mailto:sam.varo@nhs.net)

**The message is simply... "*Get up, get dressed, keep moving - your muscles, your strengths, your abilities: Use them or lose them*".** Exercise or regular physical activity can reduce the risks of major illness, such as heart disease, stroke, diabetes, cancer, and lower the risk of early death by up to 30%. It is an essential factor in weight management and shown to be beneficial in reducing pain, maintaining bone and muscle strength, and even improving skin health. In addition, it can improve self-esteem, mood, sleep quality and energy levels, as well as reducing the risks of stress, depression, and dementia.



## Partners in Care Prompt and Information Cards

The CCG have produced a set of information cards for care home settings, that condense key messages from programmes such as React to Red, React to Falls Prevention, Improving Hydration and Identifying and Responding to Hydration into a resource that can be used as reference in the settings for staff and to reinforce learning. These will be distributed to all homes in due course and can be accessed digitally through this [link](#).



## **Safeguarding Week: 20-24 June 2022**

Safeguarding Week will take place in June across North Yorkshire, City of York and the East Riding. Developed for both professional and public audiences, the online programme of seminars offers a [packed schedule of over 50 sessions](#) across the week, which will each be delivered by inspirational and motivational speakers, all of whom are experts in their field. The programme of events will be delivered virtually allowing attendees to fit the sessions into their working day or evening activities..

The sessions designed for the public will raise awareness of key issues and provide insight into how every member of the public can safeguard themselves, their families and support the wider community.

## Need to know



### Withdrawal of Reuse of Medicines During Covid-19 Guidance

During the Covid 19 pandemic [national guidance](#) was put in place to enable the safe re use of medicines between residents living in the same care home or staying at the same hospice in **exceptional** circumstances. Local guidance was also made available to support its use. **This national and local guidance has now been withdrawn and the scheme is no longer operational.**

If you currently have the scheme in place

- Please dispose of any supplies being held under the scheme safely in line with your usual disposal policy for the home. Keep a record of the medication disposed of in your usual medication disposed of/returned records.
- If the medication is a controlled drug recorded in the register please also ensure that the register clearly shows the disposal and the balance is zeroed.
- Please withdraw the guidance and scheme from use in the home and archive any protocols, guidance and documentation.
- Please archive any consents still in place from residents for reuse of their medication. As the scheme is no longer running these consents are no longer appropriate.

If you have any queries please email the Medicines Management Team - [nyccg.Rxline@nhs.net](mailto:nyccg.Rxline@nhs.net). **Thank you to all the homes that participated in the scheme during the pandemic**



## Heatwave Planning and Hydration Prompts

With summer approaching, it has been confirmed that the [Heatwave Plan](#) for England for 2022 will remain unchanged from last year. The plan also includes some useful resources aimed specifically at the aged Care sector, and please also find reminder about wearing PPE in warmer weather through this [link](#).

The CCG's Improving Hydration Programme is also available to support any providers who would find it valuable in their setting. Keeping hydrated is more important than ever at this time of year, so please find a set of useful pocket cards through this [link](#) to support in spotting the signs of dehydration as well as some top tips. For more information the programme please contact: [h.degnan1@nhs.net](mailto:h.degnan1@nhs.net).

## Learning and Development Opportunities

### Skills for Care- Five Ways to Wellbeing Webinars

This two-part webinar series is designed to get you thinking about you and your team's wellbeing using the 'Five ways to wellbeing' approach. You'll hear what works well for others and be signposted to relevant resources to further help you when looking after yourself and the teams you work with.

- Connect and be active:  
**Wednesday 25 May 2022,**

### Project ECHO Sessions- May, June and July 2022

The following sessions are available over the coming months through the Project ECHO Team.

- Palliative Care Skills
- Learning Disabilities
- Verification of Expected Adult Death
- Palliative Care Clinics
- Advanced Care Planning
- Coaching Network

**14:00 – 14:30** - [book your place](#)

- Keep learning, take notice and give: **Thursday 30 June 2022, 10:00 - 10:30** - [book your place](#)

The webinars have been developed to coincide with their current focus on creating a happy and healthy workplace. You don't need to attend both workshops to benefit, but it will help if you're looking to take a holistic approach to wellbeing at work.

- Syringe Driver (Scarborough, Ryedale only)

ECHO is *All teach All learn*

For more information or to book contact Chris or Colette at

[ProjectECHOTeam@stleonardshospice.nhs.uk](mailto:ProjectECHOTeam@stleonardshospice.nhs.uk)

## Further Information

### Contacts for Incident Reporting- Updated Process

- To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#). For York Hospital please send to [yhs-tr.s2s@nhs.net](mailto:yhs-tr.s2s@nhs.net) or for Scarborough Hospital to [freya.oliver@york.nhs.uk](mailto:freya.oliver@york.nhs.uk). This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.
- To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email

### CPAP Respiratory Equipment Available

The CCG has the following equipment in stock which would be available free to any providers who may have residents/client using this particular model. The stock is manufactured by Intersurgical and consists of the below- which has a shelf life until summer 2024.

- FDC317- Breathing System for Bi Level CPAP 1.6m length adult smoothbore 22m/15f with swivel and proximal monitoring line (Box of 25)
- FDB857- Breathing system 22mm smoothbore breathing system with monitoring line and exhalation valve 1.6m (Box of 20)

For further information please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)

[yas.patientrelations@nhs.net](mailto:yas.patientrelations@nhs.net). Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

**This bulletin is produced by NHS Vale of York Clinical Commissioning Group.**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)