

Family Services for those affected by another's substance use in York



**CHANGING
LIVES**



Offer support for adult family members affected by a loved one/ friend/ significant other's drug or alcohol misuse. To self-refer, [click here](#).

Offer support to anyone with a dependency to drugs and/or alcohol. Our workers and clinical staff can help to create a recovery programme that aims to achieve each individual's goals. [Refer here](#).

Offer support to anyone who is affected by a family member or friend's drinking, drug use or gambling in York, including parents, partners, children, siblings, grandparents, and friends. [More info here](#).

Family Service clients can move between organisations as they wish: there is no 'wrong door' to obtaining support

Providing...

a range of support options;

- One to one support
- Groups
- Peer groups
- Face to face or virtual
- Platform Families Social
- Information, Advice, Education
- Harm minimisation
- Treatment knowledge and access
- Phone support
- Email Support
- Onward referrals
- Up-skilling sessions
- Be-friending

Providing...

a range of support to those with substance issues, including;

- health screening, signposting to other agencies (including signposting family, children, and carers to services to support them), clinical support,
- access to peer support groups and mutual aid

Support to anyone under 21 who is:

- thinking about using or using drugs/alcohol
- under 18s affected by someone else's use of drugs/alcohol
- 1:1 support anywhere in the community
- A flexible service to meet on your terms at a time that fits around your commitment

Providing..

a range of support options;

- One to one support
- Support groups (daytime and evening)
- Online, phone and face to face support
- Benefits and rights advice from specialist advisers
- Carers Assessments of Need
- Training
- Group, one to one and school-based support for children and young adults affected by a family member's drug use, drinking or gambling
- Information about/referrals to other local and national organisations

THINK SAFETY! Safeguarding is a common consideration across all organisations, if a safeguarding concern is raised at any stage a full assessment must be completed by the organisation working with the individual and safeguarding protocols followed