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What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)

Food	Carbohydrate Portions		
	20g	40g	60g
Potatoes mashed*	 x1½	 x3	 x4½
boiled	 x2	 x4	 x6
chips	 75g	 150g	 225g
baked	 1x small	 1x med	 1x large
Basmati rice*	 x1	 x2	 x3
Pasta*	 x2	 x4	 x6
Bread	 x1	 x2	 x3
Beans*	 x2	 x4	 x6
Yorkshire Pudding	Small x2, Med x1	Small x4, Med x2	Small x6, Med x3
Dumplings	 x1	 x2	 x3

Nutrition and Dietetics Resources- Updated to Include Vitamin D Poster and Carbohydrate Portion Sizes

We have updated the [resource set](#) that has previously been circulated to include two additional resources kindly provided by York and Scarborough Teaching Hospitals NHS Foundation Trust to include the below posters:

- Poster to help providers identify specific carbohydrate portion sizes for those in their care with diabetes, to help control blood glucose levels.
- Poster highlighting to care homes that they need to offer an over-the-counter vitamin D supplement to care home residents all year round, and the benefits this can provide.



IPC Bulletins- Standard Infection Control Precautions

The latest Bulletin from the Community Infection Prevention and Control Team focuses on: Standard infection control precautions (SICPs). This will be the first of a series of bimonthly bulletins which will each provide an introduction 2 of the 10 SICPS, with this edition covering hand hygiene and Patient placement and assessment for infection risk. The bulletin for care homes and for domiciliary providers can be found through the below links.

[IPC Bulletin for Care Homes](#)

[IPC Bulletin for Domiciliary Care](#)

Reminder- PPE, Testing and Proof of Vaccination for Visiting Professionals

Though restrictions outside of health and social care have relaxed, please can we take this opportunity to remind providers that all current guidance relating to Covid 19 measures for those providing care remains in place and has not changed, Staff must still comply with all guidance until it is reviewed and this includes wearing appropriate PPE at all times while in a care setting. The requirement to check LFD (or LAMP where appropriate) test results for all those entering care homes remains as does the verification of vaccination status for visiting professionals until guidance is revoked from 15 March. The Omicron variant is still circulating in high numbers across the community and continues to pose a risk to the most vulnerable in our care.



Partners in Care Virtual Forum

This week's Partners in Care Virtual Forum, will take place on **Thursday 10 March from 2.00-2.45**. These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues. This weeks forum will include a wide range of updates including around the Social Care Day of Remembrance, a research project being undertaken by Healthwatch North Yorkshire to support registered managers, and an update from Skills for Care on the latest workforce and development initiatives and support available.

These sessions are shaped by our care providers so if you have anything you would like to raise for this meeting please get in touch. All care providers and partners agencies are welcome at the forum, please contact sam.varo@nhs.net if you don't have the calendar invite.

Need to know



Medequip Complaints Process and Equipment Returns

For any providers wishing to make a complaint about the Medequip Community Equipment Service, you are able to do so by calling 01423 226240 or emailing north.yorks@medequip-uk.com. The service will log the complaint, and ensure that providers receive a timely response. Providers are encouraged to chase with the service should there be a delay, and if they are able to obtain the log/reference number of the complaint, know who they reported it to in MQ, be clear about which service user this in relation to and provide as much detailed information as possible this will ensure their complaint is fully addressed. Should they not be satisfied with the response received are able to escalate to the CCG by contacting sam.varo@nhs.net and supplying the above information. The CCG receive a summary of complaints made into the service which are discussed at regular contract review meetings, to help inform service improvements.

A reminder also that equipment is only for the initial person it was prescribed for and not used by others. To return equipment you can do so using the above contact details and supplying serial number/EIN number.

Social Care Day of Remembrance: 17 March 2022

The Care Workers Charity along with a number of partner organisations have launched the Social Care Day of Remembrance and Reflection which will take place on 17 March. This is designed to give people a safe space to remember the people we have sadly lost during pandemic. It is also designed to offer people much needed time to reflect on the vital work the social care sector has done to keep people safe and well. Despite the huge pressures during the pandemic everyone working across social care continued to show incredible skill and tenacity in supporting those who draw on social care across the UK. Further information on the day can be found through this [link](#). Partners involved will be hosting an [event](#) on the day which will include personal stories, plus the reading of a specially written poem dedicated to our workforce. The CCG will participate in recognising the contribution made by social care staff, and a further update will follow.

Capacity Tracker Update- Deteriorating Residents Survey

A new short survey has gone live on the Capacity Tracker accessible to care homes only, which is exploring the tools you use for identifying for when a resident is deteriorating, how you record personalised care plans and what services you call when concerned about a resident. This survey is open until the month and we would encourage homes to complete if possible, as the results will be shared with the CCG by the Academic Health Sciences Network and be help influence the support we are able to offer to providers in identifying deteriorating residents.

Cooking with Confidence for Dysphagia

A new series of videos are being launched delivered by Nestle in partnership with renowned dysphagia chef Gary Brailsford, to provide support to providers in perfecting textured diet recipes. Across the series they will be providing top tips for preparing and presenting meals for IDDSI levels 4, 5 and 6. From menu planning to ideas on how to change up traditional texture modified potato or present the perfect dessert, they will be covering a range of topics to help you feel confident in getting mealtimes right for those in your care with dysphagia. To view the introductory video please follow this [link](#).



Learning Disability Health Activity Packs

The CCG has worked with North Yorkshire Learning Disability Partnership Board and Self Advocates to make activity packs with helpful health information and fun activities for adults with a learning disability and their families and carers. The first pack created focuses on [health activities](#), which is available to be downloaded and shared. A further pack will also shortly shared which will focus on fitness.

Learning and Development Opportunities

Project ECHO Palliative Care Clinic- Hypercalcaemia (Palliative Care Emergency Clinic)

When: Tuesday 08 March 2.00-3.00

The Project ECHO team run through St Leonards Hospice and St Catherine's Hospice are hosting a series of clinics . These are designed and shaped by the community of Nursing staff working across the region in palliative care. On Zoom, these Hospice-led clinics will provide mutual learning, practical guidance, case studies and support.

For more information and joining details please contact:
ProjectECHOTeam@stleonardshospice.nhs.uk

Moving Beyond COVID: Providing Timely Diagnosis and Support for People Living with Dementia

When: Tuesday 15 March 13.00-16.00

The Clinical Networks in North East and North Cumbria, and Yorkshire and the Humber invite you to join this online event which will provide attendees with the opportunity to reflect on the impact of the pandemic on people affected by dementia and service provision for this group. The session will focus on opportunities to improve diagnosis and support going forward. The session will be chaired by Dr Sara Humphrey, Clinical Lead for Dementia and Older People's Mental Health for Yorkshire and the Humber Clinical Networks. Sessions will include:

- The experiences of a person who is affected by dementia
- How one memory service 'maintained the momentum' by changing their delivery model
- Recommendations and good practice examples from national work with memory services (Leeds Beckett University)
- Management of anti-psychotics for people with dementia - a new toolkit

For more information and to book, please follow this [link](#)

Further Information

Contacts for Incident Reporting- Updated Process

- To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#). For York Hospital please send to yhs-tr.s2s@nhs.net or for Scarborough Hospital to freya.oliver@york.nhs.uk. This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.
- To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

Digital Social Care Update- Elevated Cyber Threat and New Guidance on Digital Surveillance

Care providers are being advised to protect themselves against the elevated cyber threat from the Russian invasion of Ukraine. Digital Social Care and the NHS Transformation Directorate have created the following [advice](#) to refer to, which includes keeping your Data Security and Protection Toolkit (DSPT) up to date, updating your cyber security continuity plan and following good back up procedures.

Separately, the Information Commissioners Office has published guidance on the use of video surveillance technology such as CCTV, smart doorbells, and facial recognition technology. Care services who use this type of technology, or who are considering using it, should make sure they are aware of this [guidance](#) and the [guidance from CQC](#). Digital Social Care and developing a template DPIA that providers will be able to use. To be involved in this work please contact katie@digitalsocialcare.co.uk

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact sam.varo@nhs.net