



Vale of York
Clinical Commissioning Group



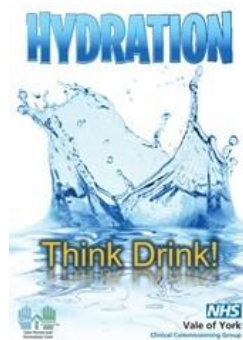
**Care Homes and
Domiciliary Care**

Monday 07 February 2022

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



Improving Hydration in Care Home Residents- Programme Launch

As part of the CCG commitment to supporting independent care providers the nursing team are leading on a quality improvement programme aimed at reducing the incidence of E.Coli bacteraemia across NHS Vale of York CCG and North Yorkshire CCG care homes. Literature acknowledges poor hydration as a major contributory factor to a higher rate of E.coli bacteraemia across the locality, and with this in mind, the team will be embarking on a programme of working with care staff to focus on supporting optimum hydration in residents of care homes. The team recognise many homes have innovative ways of working to help support residents with their drinking, homes will be approached by the nursing team with the offer to participate should they wish.

The programme will involve face to face training and the use of workbooks to explore ways of improving service user hydration. As part of the project care homes will be supported to evaluate their current hydration assessment and monitoring tools and progress improvements where appropriate. The training includes good continence care, catheter hygiene and includes advice around the 'No Dip' principles for testing urine in suspected UTI. Through improving recognition and response to hydration needs of residents in care homes, it is anticipated that the following outcomes might be achieved:

- Reduce avoidable harm caused through poor hydration
- Enhance clinical outcomes (reduce need for antimicrobial treatment, hospital conveyance/ admissions)
- Improve experience for residents in care homes
- Improve staff experience/ safety culture
- Improve antimicrobial stewardship

For further information and to see the workbook and resources developed to support this programme, please follow this [link](#). To express an interest please contact h.degnan1@nhs.net or sarah.fiori@nhs.net.

Reminder- LAMP Testing for Entry to Care Homes

We've had feedback from clinical services that some homes haven't been aware of LAMP testing process, and staff have been asked to do an LFD instead. If homes would be able to reiterate the below to staff that would be much appreciated to ensure these staff are able to be admitted to homes. A [letter](#) was circulated in November on behalf of the CCG and York and Scarborough Teaching Hospitals NHS Foundation Trust. This details revised guidance for NHS professionals working for the Trust in visiting care homes, which was strengthened following [Department of Health and Social Care guidance](#) in order to reduce risks from visits by NHS professionals. Entry should be granted providing one of the below is satisfied:

- Care homes should see evidence from the professional of a negative rapid lateral flow test within the last 72hrs, which shows they are following the NHS staff testing regime
- or**
- NHS professionals visiting care homes should be granted entry if they have a negative test result as part of regular weekly staff testing using LAMP technology.



Partners in Care Virtual Forum

This week's Partners in Care Virtual Forum, will take place on **Thursday 10 February from 2.00-2.45**. These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues. These sessions are shaped by our care providers so if you have anything you would like to raise for this meeting please get in touch. All care providers and partners agencies are welcome at the forum, please contact sam.varo@nhs.net if you don't have the calendar invite.

Need to know



Data Security Protection Toolkit- New Animation

Digital Social Care have released a pared down animation on what care providers really need to know about the Data Security and Protection Toolkit and produced a [short, snappy animated film](#). In less than four minutes, the film looks at how the Data Security and Protection Toolkit helps you to check your data and cyber security policies, procedures and practices – and demonstrate that you have good systems in place. helps you to check your data and cyber security policies, procedures and practices – and demonstrate that you have good systems in place. The DSPT is mandatory for providers who hold a CCG contract, as well as requirement for initiatives such as proxy ordering of medication and NHS Mail which are designed to help health services and social care work more closely together. Regional support and training is available through a designated NHS England and Improvement Regional Team. For more information please email: england.dsptney@nhs.net

Mindfulness Courses for Health, Care and Emergency Service Staff

Mindfulness is the natural capacity we have, to bring awareness and interest to what is happening in the present moment. There is good evidence that becoming more mindful can support our mental health and wellbeing. During these difficult times, looking after ourselves as well as our those we care for has never been so important. The Mindfulness Team from Tees, Esk and Wear Valleys NHS Foundation Trust have announced more free mindfulness courses for all health, care and emergency service staff across Humberside, North Yorkshire and The Vale of York. Courses take place via the Humber Coast and Vale Resilience Hub over an 8-week period. For course dates and further information please follow this [link](#).

There's also a range of 2hr taster sessions available on the below dates:

- Monday 14 February 2022, 3 - 5pm

- Tuesday 1 March 2022, 3 – 5pm
- Monday 28 March 2022, 3 -5pm
- Tuesday 5 April 2022, 10am – 12pm
- Wednesday 6 April 2022, 10am – 12pm



Cancer Alliance

Virtual Cancer Champion Awareness Training

Early diagnosis saves lives. The Humber Coast and Vale virtual Cancer Champion training sessions help raise awareness of signs and symptoms of cancer to encourage early detection within local communities. The 90-minute session will be available to both organisations and individuals across Hull, York, East Riding of Yorkshire, Scarborough and Ryedale. Each week, 95 families within the Humber, Coast and Vale region lose a loved one to cancer. The Cancer Champion Programme aims to save lives by promoting healthy lifestyle choices and encouraging early detection of cancer, when treatment could be simpler and more successful.

The easily accessible sessions are hosted on Microsoft Teams, which is free to use. To book your free place please follow this [link](#):

February Dates: Wednesday 9 Feb at 11.30, Friday 18 Feb at 13:00, Monday 21 Feb at 10.00 and Friday 25 Feb at 12.30

Learning and Development Opportunities

Skills for Care Yorkshire and Humber Webinar- Role of the Registered Manager and Nominated Individual

When: Thursday 17 February 10.00-11.30

The role of the registered manager and nominated individual is becoming increasingly challenging. This session will explore the development opportunities and support available to you such as continuing professional development programmes, registered manager networks and our membership programme. You will also hear about Skills for Care's endorsed learning providers.

To register please follow this [link](#)



Join the Next Virtual Meeting of The Outstanding Society

When: Thursday 17 February 2022 13:00 – 14:30

The Outstanding Society welcomes all regulated care providers regardless of rating to join their regular online events and learn about the latest best practice. The next meeting includes Digital Social Care and Skills for Care looking at how digital skills and resources can help achieve an outstanding rating in Effective and Responsive, as well as further insight into how to achieve an Outstanding rating in Safe.

To book your place please follow this [link](#)

Further Information

Contacts for Incident Reporting-Updated Process

- To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#). For York Hospital please send to yhs-tr.s2s@nhs.net or for Scarborough Hospital to freya.oliver@york.nhs.uk. This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.
- To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email vas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.



York MIND Free Wellbeing Activities

The York Mental Health and Wellbeing Programme is delivered by York MIND in partnership with charity organisations from across the City. The activities programme is open access for people resident in the City of York, aged 18 and over, who have a mental health and wellbeing need, or are an unpaid carer where the activities attended support their wellbeing. Activities include Nordic walking, aquatic activity for health creative journaling, woodland crafts or hatha yoga. [See the brochure for more information](#)

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sam.varo@nhs.net

