Training for care homes

MUST Training and supporting with nutrition

[Care Home Staff – Malnutrition and Food First (rdash.nhs.uk)](https://malnutritionandfoodfirst.rdash.nhs.uk/courses/care-home-staff/)

[Malnutrition and Dehydration : Reactto](https://www.reactto.co.uk/resources/malnutrition-and-dehydration/)

Hydration

[I-Hydrate | University of West London (uwl.ac.uk)](https://www.uwl.ac.uk/research/research-centres/richard-wells-centre/i-hydrate#resource)

[Hydration at Home (wessexahsn.org.uk)](https://wessexahsn.org.uk/projects/204/hydration-at-home)

[GULP DEHYDRATION RISK SCREENING TOOL.pdf (lscft.nhs.uk)](https://www.lscft.nhs.uk/media/Publications/Hydration%20in%20Care%20Homes/GULP%20Assessment/GULP%20DEHYDRATION%20RISK%20SCREENING%20TOOL.pdf)

[Lancashire and South Cumbria NHS Foundation Trust | GULP Assessment (lscft.nhs.uk)](https://www.lscft.nhs.uk/hydration-gulp)

Catering training

[React To Red: Pressure Ulcer Prevention : Training resources](https://www.reactto.co.uk/resources/react-to-red/)