



'Oh Yay Oh Yay' its Stop the Pressure Day!
Thursday 18 November 2021

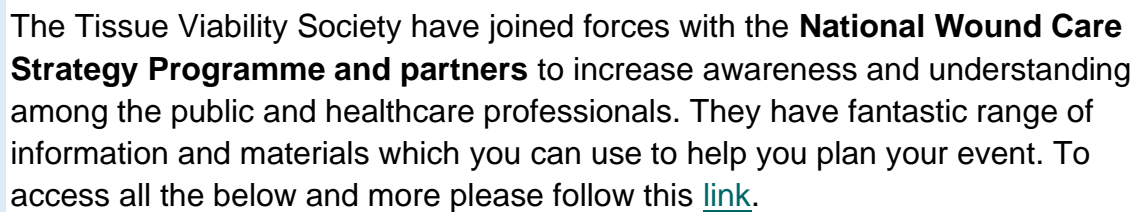
You can make a difference - get involved on **'Stop the Pressure Day'** to raise awareness of the dangers of pressure damage, how to prevent it and stop it in its tracks.

Plan	Communicate	Do	Share
Think about what you can do, prepare be as creative as you like 	Let us know what you are going to do, we can plan a visit to join in the fun h.degnan1@nhs.net	Do it, make it enjoyable, involve everyone! Have fun and take lots of pictures.	Share with others what you have done, we can help with this by sharing your pictures and activities with all our partners in care

Thursday 18 November marks International Stop The Pressure Day. We have pulled together this bulletin which has some ideas on how providers can raise awareness of the dangers of pressure damage in their services. We would love to hear about any activities you have planned, so please share any photos with us and we can share these with others how the care sector have come together to fight and stop pressure ulcers in their tracks.

The Tissue Viability Society have range of activities and resources available, including your chance to take the "Great Skin Pledge" for your organisation with pledge cards you can share across social media. At the CCG we are also hosting a Stop the Pressure Day themed Partners in Care Virtual Forum in the day itself which will include contributions from care providers on how they have been working to prevent pressure ulcers in their settings.

To share how you are taking part and any photos of your activities please contact h.degnan1@nhs.net



- ## #LoveGreatSkin Webinar Series!

- **Monday 15 November, 1230-1330 - Skin Assessment: Assessing skin on patients with darker skin tones in relation to pressure ulcer prevention**
- **Tuesday 16 November, 1230-1330 - Pressure injury prevention, trends and lessons learnt from the COVID-19 pandemic**
- **Wednesday 17 November 1230-1330 - Increased**



Providers are invited to join us for the Partners in Care Virtual Forum on 18 November where we will be devoting part of the session to Stop the Pressure Day. We will be hearing from Sam Haigh (Community Tissue Viability Nurse, York and Scarborough Teaching Hospitals NHS Foundation Trust)

moisture - details coming soon!

- **Thursday 18 November 1230-1330 - Let's have a drink to celebrate Stop Pressure Ulcer Day**
- **Friday 19 November 1230-1330 - Pressure Ulcer Prevention - Panel Discussion - details coming soon!**

Attendance is free via the Zoom Webinar platform, and we will be streaming to Facebook Live and the TVS website. Don't worry if you miss a session, they will all be available to view on catch-up. To register for any of these sessions please follow this [link](#).

on how to distinguish between moisture and pressure damage. We will also be hearing from two of our care home managers, one of whom will be updating on how the React to Red training programme has provided support in preventing damage and another on how they implemented dietary changes to boost nutrition and reduce the risks of pressure damage.

To join the forum please follow the link in your calendar invitation, or if you don't have the invite please contact sam.varo@nhs.net

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

For more information please contact: sam.varo@nhs.net