







## **Information for parents and carers**

A team of experienced professionals at the Paediatric Ambulatory Treatment Hub will provide a follow up review of your child.

During your initial assessment with a primary care practitioner a further review has been advised so it is important that you attend this appointment.

The team will be able to provide advice, information and support. You will have the opportunity to ask any questions you may have about your child's condition. Children can change quickly and if at any time your child displays any of the 'Red' features in the box below you should seek EMERGENCY HELP.

RED	<ul> <li>If your child</li> <li>has blue lips</li> <li>or is unresponsive or very irritable</li> <li>is struggling to breathe <ul> <li>pulling in of the chest or neck muscles</li> <li>using tummy muscles</li> </ul> </li> <li>or has unusually long pauses in breathing</li> <li>or has an irregular breathing pattern</li> <li>or is unable to swallow or is drooling</li> <li>is too breathless to feed or speak</li> <li>is unable to take fluids</li> <li>is pale, drowsy, weak or quiet</li> </ul>	YOU NEED EMERGENCY HELP CALL 999 You need to be seen at the hospital Emergency Department
AMBER	<ul> <li>If your child has any one of these features</li> <li>Appears to be getting worse or you are worried</li> <li>Restless or irritable</li> <li>Increased difficulty in breathing such as <ul> <li>Rapid breathing</li> <li>Taking more effort to breathe</li> <li>Flaring of nostrils</li> </ul> </li> <li>Becoming unusually pale</li> <li>Temperature of 39°C despite paracetamol and/or ibuprofen</li> <li>Reduced fluid intake by half usual amount</li> <li>Passed urine less than twice in 12 hours</li> <li>Vomiting</li> <li>Mild wheeze and breathlessness not helped by usual reliever (blue inhaler)</li> </ul>	SEEK MEDICAL ADVICE TODAY Please call your GP surgery, or, if it is closed call NHS 111 Your GP may want to speak to you on the phone first to give you medical advice. They will arrange to see your child if it is appropriate.
	If none of the features in the red or amber boxes above are present	<b>SELF-CARE</b> Using the advice on this leaflet you can care for your child at

**GREEN** 

home.

advice.

or GP surgery.

The most important advice is to

keep your child well hydrated.

You can also call NHS 111 for

If you feel you need more advice, please contact your local pharmacy, Health Visitor

# **Getting there**



# **Getting there**



By car

### Postcode: YO24 1LW

Once you get close to the destination follow the signs for the 'Paediatric Ambulatory Treatment Hub'.

When you reach the site, wardens will be present to greet and direct you to the section of the car park being used as the reception area. Please also note that the Askham Bar park and ride site is still in use as a park and ride terminal – be aware of buses and other users of the site.



On foot/ by bike The 'Paediatric Ambulatory Treatment Hub' can be accessed by foot or bike (there is some parking for cycles). Moor Lane car park is reached from the Tesco's/ Moor Lane roundabout on Tadcaster Road.



By bus

There is a frequent bus service from the city centre between 06:00 and 19:45 Monday to Saturday; 09:30 and 18:00 on Sundays.

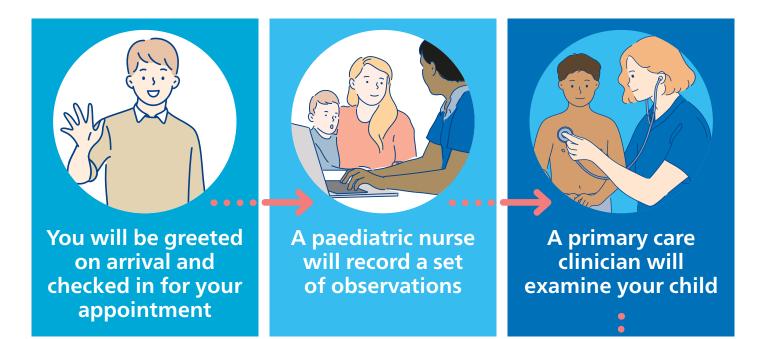
There are some bus services into the evening but these are more limited/less frequent See **www.itravelyork.info/buses** for links to all bus timetables.

Toilets are available at the reception area.

### **Contacting the clinic**

If for some reason you are unable to attend the clinic once your appointment has been booked, please contact the clinic on 01904295315, the line is open Monday to Friday between 9.00 – 20.30.

# What will happen at the clinic



#### The team will observe your child



#### After a period of observation



Discharged home and advised to follow the guidance in the information leaflet



A small number of children will need to attend hospital for closer monitoring, breathing and feeding support