



Monday 20 September 2021

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues. [Please click here to bookmark these pages](#)

FALLS AWARENESS WEEK
20-26 SEPTEMBER 2021

STAND FIRM

#THINKFALLS **#EndPIparalysis** **STAND FIRM**

NHS
Vale of York
Clinical Commissioning Group

Help raise awareness that falls are not an inevitable part of ageing by taking part in Falls Awareness Week 2021
Preventing falls is everyone's business, so it is important to involve all residents, family and staff. Please feel free to use the attached resources and send any pictures or details of your activities so we can share what you are doing and raise awareness for all!

Please find attached Resources, and a Pledge Card You Can Use to Show Us What You Have Planned

For Queries and to Share Your Pledge Card's- Please contact
h.degnan1@nhs.net or sam.varo@nhs.net



Playlist for Life- How Personal Playlists Can Help Those with Dementia

September 2021 is World Alzheimer's Month. Playlist for Life, a music and dementia charity set up in 2013, is promoting the power of personal playlists in helping to improve the quality of life of people living with dementia. Watch Playlist for Life's short new [video](#), featuring its founder Sally Magnusson to find out more.

Jan Tuson, the Playlist for Life Local Organiser for York and the surrounding areas, will be talking at Partners in Care Forum this week about the range of benefits that having a personal playlist of songs can have for someone living with dementia, including reducing anxiety and depression and improving communication/interaction with loved ones and/or carers. The charity's website contains lots of free resources. Visit <https://www.playlistforlife.org.uk/> for more information or contact Jan at jan.tuson@playlistforlife.org.uk or on 07476342238.

Need to know



Partners in Care Virtual Forum

This week's Partners in Care Virtual Forum, will take place on **Thursday 23 September from 2.00-2.45**. These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues.

Topics on the agenda for this week include end of life care coordination, falls awareness weeks and the power of music playlists to support those with dementia. The sessions are shaped by our care providers so if you have anything you would like to raise for this meeting please get in touch. All care providers and partners agencies are welcome at the forum, please contact sam.varo@nhs.net if you don't have the calendar invite.

Training and Development Opportunities

Skills for Care Webinar- Recovery, Reflection and Moving Forward

When: Thursday 23 September 11.00-11.30

The webinar will share stories, tips and ideas focused on how to support you and your teams to reflect on the past 18 months and move forward together. The webinar will include expert insight and guidance, as well as signposting to useful resources.

To register please follow this [link](#)

Embedding a Wellbeing Culture in the Adult Social Care Workforce Webinar

When: Thursday 30 September 2021 10:00 – 11:00

Care and Health Improvement Programme (CHIP) are hosting a webinar about what is meant by a culture of wellbeing, with examples of actions that can support wellbeing at the personal, managerial, organisational and community level. There will be a chance to hear from those who have taken successful steps in embedding a culture of wellbeing in their organisations at all levels and attendees will be encouraged to share good practice.

To register please follow this [link](#)

Further Information



Capacity Tracker Updated Questions and How is Your Data Used?

Following on from the changes that have recently come into place to reduce number of questions for providers as well as prepare for the upcoming flu and COVID booster programmes, providers were updated at Partners in Care Forum on these changes. Following feedback from providers we also gave an overview of how the data providers submit is used, as well a chance to see what the data your CCG/local authority see looks like and how it is important to helping us to provide support as well as get a overview of any area trends. To see these slides please follow this [link](#).

Care Home Feedback Survey-Digital Connectivity

Over the course of the pandemic we have been working hard to support care homes and your residents through digital care initiatives to increase connectivity between care providers the health and social services who support you.

Ahead of winter, we are re-running a short 5 minute survey we first took last year to see how things have changed in how these are being used across our area, and will also be surveying clinical colleagues to see how they are working from their perspective. This will be a chance to take of stock of these initiatives are working in your setting, and gather feedback (Whether good or bad) to identify how those could work differently to provide the best support possible. For any further feedback please contact sam.varo@nhs.net

The survey can be accessed through this [link](#).

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sam.varo@nhs.net