

Have you been diagnosed with Type 2 diabetes in the last 6 years?

Are you...

- Overweight
- Aged 18-65

You may be eligible to join the NHS Low Calorie Diet Programme.

The NHS Low Calorie Diet Programme is a new treatment for people who are overweight and living with Type 2 diabetes.

Research trials have shown that people who are overweight and living with Type 2 diabetes could achieve remission (no longer have diabetes) — or reduce their anti-diabetic drugs after restricting their calorie intake.

To join the programme, please speak to your GP practice for a referral.

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