



Wednesday 28 July 2021

## What's in your Partners in Care LD and Autism Bulletin?

This bulletin provides an update relevant to colleagues supporting individuals with LD or autism, including details of training, guidance, meetings of the LD and Autism Forum. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues. [Please click here to bookmark these pages](#)

### Annual Health Check (AHC)

- Completed by a GP or Nurse supported by GP
- Longer appointment – usually 30-45 min
- Covers key points from National Framework (based on Cardiff protocol)
- Comprehensive full system review to assess for potential clinical red flags
- Vaccinations
- Screening promotion (e.g. cancer screening – cervical, bowel or breast)
- Pain scores and body maps
- Swallowing (dysphagia) and chest infections (**one of the biggest killers**)
- Dental support
- Continence and constipation (may ask about Bristol stool chart)
- Vision and hearing
- Contraception and sexual health
- Carer and social support
- Safeguarding
- General: lifestyle, bloods, basic observations (Weight, BMI, Blood pressure, urinalysis, pulse)
- Health action planning



### Learning Disability Health Checks

At the first meeting of the Partners in Care LD and Autism network last week, we discussed LD health checks which GP Practices are now required to offer all individuals on their LD register annually. These are longer and much more comprehensive than a regular health check, and can incorporate all the factors listed above. They are a key part of the NHS's 10 Year Plan which had reducing LD health inequalities as a key focus.

However we know that not all individuals with LD are on GP registers, so care providers and professionals are encouraged to support them to register. There are a series of useful resources available to support these conversations in the [slides](#) from the meeting. At the meeting the group suggested ways that uptake of health checks can be increased, full minutes can be found through this [link](#).



## How Can We Support You?

The new Partners in Care LD and Autism is designed to support the needs of providers and professionals working in this field. To make sure we can support you as best we can going forward, we are inviting people to complete this anonymous survey on any topics you would find valuable to be covered at future meetings, as well as getting feedback from those who attended the first meeting and how often people would like these meetings to be.

**To access the survey please follow this [link](#). You don't need to have attended the first forum to complete this, we would like to hear from as many people involved in this field as possible on how we can help you.**



### Health is Everybody's Responsibility

This useful [video](#) was discussed at the LD and Autism Forum, and shows which somebody with LD going to a health check and what they can expect. This also provides guidance and advice on how care providers can support people to get on the LD Register and access health checks.

## What's On?



### Red Flag Roadshows York and Selby

**When: Friday 17 September 9.30-11.30 ([Priority Street Centre York](#)) and 1.30-3.30 ([Selby Town Hall](#))**

People First Merseyside are holding a series of roadshows across the country for those with LD to raise signs and symptom of cancer. The roadshows are fun, interactive and free. It has been designed by and is run by people who have learning disabilities. Please spread the word about these sessions to those you support, the posters for each event can be accessed by clicking the above links. For more information and to book please contact [nyccg.engagement@nhs.net](mailto:nyccg.engagement@nhs.net) or call 07864 968132

## Further Information

### Webinar- New Forensic Resource to Support Those with Autism or LD

**When: Thursday 05 August 15:00-17:00**

Health Education England are hosting a webinar to launch a new resource they have created for health and social care professionals to support those with

### Autistic Children, Young People and Adults National Strategy

This week the government launched their new national strategy for autism covering the next 5 years. To read this in full, please follow this [link](#).

autism and LD who have forensic needs.  
To book please view this [flyer](#).

**This bulletin is produced by NHS Vale of York Clinical Commissioning Group.**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care LD and Autism Forum**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)