

Partners in Care LD and Autism Forum

Minutes

21 July 2021 13.00-14.00
Microsoft Teams

Organisations Represented: NHS Vale of York CCG, New Concept Care Nursing, Grayling Care Home (Wilf Ward Family Trust), Fulford Nursing Home, MENCAP, The Orchard Care Home (Action For Care), St Leonards Hospice, City of York Council Local Area Coordinators, Primary Care Network Social Prescribers from York Medical Group, Primary Medical Group, Selby Town PCN and Tadcaster and Rural PCN.

Item No.	Items	Action
1.	<p>Welcome and Apologies</p> <p>Attendees were welcomed to the first meeting of the Partners in Care LD Autism Forum, which has been developed to help support the needs of care providers and professionals working with individuals who have LD or Autism. The aim is for this group to meet regularly and focus on needs and gaps identified by members.</p>	Maureen Hole
2.	<p>LD Health Checks Update</p> <p>Carl, the CCG's programme lead for complex care and mental health attended to give an update on LD health checks which are now mandated for all GP practices to provide. The full update can be found in the slides through this link.</p> <p>A reduction in health inequalities faced by people with LD is a key element of the NHS's 10 Year Plan. At present the death rate from COVID-19 is 600% higher for those with LD, and those with Down's Syndrome. On average men with LD die 23 years younger than average and women 27 years younger. The introduction of health checks aims to help identify preventable factors behind this.</p> <p>The national target is for 75% of those with LD to have had a health check, and are offered to all those aged 14 or above who are on the GP LD register. However not everybody is on this register and known to practices, so providers are encouraged to support those in their care to sign up. Equally</p>	Carl Donbavand

	<p>if somebody has waited longer than 12 months since their last health check to follow up with their practice.</p> <p>Reasonable adjustments are legally required to facilitate people accessing appointments, which can include inviting via phone rather than letter, modifying the clinical setting (such as quiet sessions), easy read and joint working with health and social care support workers.</p> <p>These health checks are longer and much more comprehensive than a regular health check and do not focus on just BMI, alcohol consumption and smoking status. There is variety among practices with how these are done but content includes (full list in the slides):</p> <ul style="list-style-type: none"> • Vaccinations • Screening • Swallowing/Dysphagia • Lifestyle • Health Action Planning • Dental Support • Vision and Hearing <p>An action plan is produced out of the appointment which identifies any support or further action which may be beneficial to support health needs.</p> <p>The group was asked how as a system we can improve uptake of and quality of these health checks, responses included:</p> <ul style="list-style-type: none"> • Financial support to get to appointments • Better awareness of LD by staff at GP practices (Not just among clinicians) • Awareness among social workers, possibly make part of their annual reviews? • Taking into account sensory impairments, and preferences on location and type of appointment. • Not insisting on booking online • Reach out to those with LD and not wait for them to make contact. • Promote among community and carers groups. • Social Prescribers and Local Area Coordinators can provide a link between individuals and practices. • MDT working to involve all services involved in a person's care. • Rolling out message in educational settings. 	
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	There are a series of resources in the slides relating to health checks including easy read template. There is also a useful video which shows somebody going to a health check, and how care providers can support people to get on the LD Register and access health checks.	
3.	<p>Red Flag Roadshows</p> <p>People First Manchester are holding a series of interactive roadshows across the country for those with LD to raise signs and symptom of cancer. The dates planned for our area are:</p> <ul style="list-style-type: none"> • Friday 17 September 9.30-11.30 at Priory Street Centre, York • Friday 17 September 1.30-3.30 at Selby Town Hall <p>Posters are available and will be circulate alongside these notes. For more information and to book please contact nyccg.engagement@nhs.net or call 07864 968132</p>	Carl Donbavand
4.	<p>Group Going Forward and Next Meeting</p> <p>The forum will be based around the needs identified by LD provider and professionals, so an anonymous survey will be shared to get feedback from this meeting and will as identify future topics and a frequency to meet.</p>	