



Tuesday 27 July 2021

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

Please click here to bookmark these pages



Mandatory Vaccinations for Care Home Staff

The government have decided to make full COVID vaccination a condition of employment in care homes from 11 November, meaning the last date to get a first dose will be 16 September. Please note this will apply to all staff including visiting staff such as hairdressers, maintenance staff and entertainers. This infographic and guidance may help care home manage this in their setting.





Partners in Care Virtual Forum- Public Health COVID-19 Update for Care Providers

When: Thursday 29 July 2021 2.00-2.45

At this weeks Partners in Care Virtual Forum we will be joined by Peter Roderick, who will be attending to give an update to care providers in relation to the current situation of the COVID-19 pandemic. Peter is a Public Health Registrar working for the CCG and City of York Council and has been heavily involved in the COVID-19 response and vaccination programme. There will be updates and the opportunity to ask him questions around topics including:

- Case Rates
- Projections
- Vaccine programme
- Testing
- Workforce Isolation Guidance
- · Masks and approach to social distancing

This forum will be very similar to the update and Q&A sessions hosted by Dr Andrew Lee last year, which were very well received by providers in answering questions they had. All care providers and their staff are very welcome to attend. If you are unable to attend but would like to ask a questions, then please let us know and we can ask it on your behalf. For anybody who wishes to join but does not have the joining details then just let us know.

Working Safely and Visiting Guidance Updates

Care Homes

- Guidance on how to work safely in care homes has been updated to reflect that
 whilst most legal restrictions have been lifted on Covid -19, due to the nature of
 the settings and vulnerability of the population, PPE and other infection
 prevention and control (IPC) measures should continue to be practised in care
 homes.
- <u>Visiting arrangements guidance</u> has been updated to reflect that whilst people visitors should still be 'named', there is no limit on the number of 'named visitors' that a single resident can have and no nationally set limit on the number who can visit in a single day
- <u>Admission guidance</u> has been updated to clarify that where a resident is being admitted from another care home or care setting, care home managers should undertake a risk assessment to determine whether self-isolation is required.

Domiciliary Care and Supported Living

- How to work safely in dom care has been similarly updated to confirm exiting IPC arrangements should remain in place. The guidance has also now clarifies type of masks that can be used for domestic duties include Type I, II or IIR.
 Supported living guidance has been updated to reflect 19 July easing of
- •<u>Supported living guidance</u> has been updated to reflect 19 July easing of restrictions, in context of visiting in and out of people's homes, and close contact alongside discretionary testing arrangements.

Need to know



Urine Colour Guide to Hydration Poster

In the current warm weather it's more important than ever to keep hydrated. Our team have produced a poster which may be useful to display in your setting, showing how different urine colours demonstrate the need for re-hydration. Good hydration can help avoid UTI's, headaches, constipation and pressure ulcers among other complaints.

To access the poster please follow this $\underline{\text{link}}$



Heat Stress and PPE

Wearing personal protective equipment (PPE) in warm/hot environments increases the risk of heat stress. This occurs when the body is unable to cool itself enough to maintain a healthy temperature. Heat stress can cause heat exhaustion and lead to heat stroke if the person is unable to cool down.

Measures to control the temperature of clinical environments and enable staff to make behavioural adaptations to stay cool and well hydrated should be made. Staff may require more frequent breaks and the frequency of PPE changes may increase, with a resulting increase in demand. Further information and actions are available on the CAS website.

Training and Development Opportunities

Health, LeDeR and Constipation Webinar

When: Wednesday 18 August 12.00-1.00

In the 2020 LeDeR Action From Learning report, it was highlighted that "Some people with a learning disability are more at risk of constipation than the general population. Constipation is one of the five most common long-term health conditions reported in completed LeDeR reviews (23%)." Sarah Ormston (Dementia, Health and Wellbeing Manager at MacIntyre) and Sarah Bruce (Lead Clinician

Red Flag Roadshows York and Selby

When: Friday 17 September 9.30-11.30 (<u>Priory Street Centre York</u>) and 1.30-3.30 (<u>Selby Town Hall</u>)

People First Merseyside are holding a series of roadshows across the country for those with LD to recognise signs and symptoms of cancer. The roadshows are fun, interactive and free! It has been designed by and is run by people who have learning disabilities. Please spread the word about these sessions to those you

Physiotherapist for Adults with Learning Disabilities at Guys and St Thomas' Hospital), will be speaking about health, LeDeR and specifically focus on the management of constipation, including the use of abdominal massage.

To register please follow this link

support, the posters for each event can be accessed by clicking the above links. For more information and to book please contact nyccg.engagement@nhs.net or call 07864 968132

Further Information

Apps to Support Care Providers

The slides from the App presentation at the last Partners in Care Forum are available through this <u>link</u> for you. This discusses apps which may help your teams and how you can use them, including IDDSI, React to Falls, React to Red and IStumble.

All these apps are available through CCG provided tablet devices, and can also be downloaded for free.

Nursing Associate Guide for Employers

Skills for Care have launched 'An employer's guide to the deployment of qualified registered nursing associates in social care settings' which aims to support employers, commissioners and registered nursing associates to have a clear understanding of the role of a registered nursing associate and how it can add value to the care being provided. It includes examples of how registered nursing associates are working in different social care settings and how the scope of practice can differ depending on the team and situation.

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact sam.varo@nhs.net