



**Tuesday 20 July 2021**

## **What's in your Partners in Care bulletin?**

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



Please join our first  
meeting on  
Wednesday 21 July  
2-3pm  
Through Zoom

We would like to welcome you to  
join our Partners In Care - LD &  
Autism Focus

All Welcome

## **Partners in Care Forum LD and Autism Focused- This Week**

**When: Wednesday 21 July from 2.00-3.00 through Zoom**

The CCG are launching a new quarterly forum designed specifically around the needs and challenges of our care providers who support individuals living with

learning disabilities and autism. This is open to all in adult services and health professionals who support care providers. Please feel free to forward details to onto anybody within your teams who may find it useful to join us.

At the first meeting this week we will focus on annual health checks that GP practices provide for those with LD, including what does a good health check look like, what to expect and how to prepare and support your service users when having one. We will also be asking for feedback on the experience of health checks and the role of action plans that arise from them.

If anybody would like to suggest any topics to cover or ask any questions then either let us know or raise at the forum itself. **If you do not have the joining details but would like to attend this just let us know.**



## Introducing Kate

Kate has recently joined the team as a Project Assistant where she will be supporting the delivery of quality improvement programmes across our care providers. Her previous roles prior to joining the team was as a Smoking Cessation Practitioner with North Yorkshire County Council and also with Leeds Teaching Hospitals NHS Trust delivering support within a clinicals trials team for the Leeds Lung Health Check. Her most recent role was as a Health Trainer within the Public Health Team at City Of York Council where she supported clients to make healthy lifestyle changes in respect of diet, exercise, and smoking cessation.

To contact Kate please contact: [kate.fraser10@nhs.net](mailto:kate.fraser10@nhs.net)

## How Care Homes Can Engage in Research Studies

Carla Bratten from NIHR attended last week's Partners in Care Virtual Forum to discuss how care homes can engage in research, and the benefits this can provide for the organisation and its residents and staff. This includes as a learning and development opportunity for staff, service improvement and encouraging residents to take an increased interest in their health and wellbeing.

- To receive communications about research trials you may be interested in (including questionnaires, interviews and interventions) you can join the ENRiCH register through this [link](#).
- Any individual can register for [Join Dementia Research](#), which is a partnership between NIHR and Alzheimer's Society. This is a database where people can register their interest in taking part in dementia research, contributing to our understanding of the disease and how we can manage it.

The full slides from the session can be found through this [link](#). For any queries please contact [carla.bratten@nihr.ac.uk](mailto:carla.bratten@nihr.ac.uk)

## Need to know



## What's My Step Campaign-New Videos

The [What's My Step Campaign](#) has been set up by local authority and health partners in York to help residents to rebuild the fitness that many of us have lost during lockdown. The NHS recommends at least 150 minutes of moderate intensity activity a week or 75 minutes of vigorous intensity activity a week for adults. Adults should do some type of physical activity every day and any type of activity is good: in fact the more you do, the better.

York and Scarborough Teaching Hospital NHS Foundation Trust have added 3 new videos which may be helpful for your teams and those in your care:

[What's My Next Step - Balance](#)

[What's My Next Step - Stair Stepping](#)

[What's My Next Step - High Knees](#)

## **Nursing Associate Guide for Employers**

Skills for Care have launched '[An employer's guide to the deployment of qualified registered nursing associates in social care settings](#)' which aims to support employers, commissioners and registered nursing associates to have a clear understanding of the role of a registered nursing associate and how it can add value to the care being provided. It includes examples of how registered nursing associates are working in different social care settings and how the scope of practice can differ depending on the team and situation.



## **Data Collection in Care Homes Study (DACHA)**

University of Newcastle are interested in hearing from managers and care staff, who spare a few minutes to complete a survey on data collection in care homes? Everyone knows that care homes already collect a vast amount of information, but its not clear how much variation there is, in what is collected. Other countries specify a minimum set of data to be collected by care homes. There is growing interest in whether this would be a good thing for the UK to do.

The study aims to identify what data are already being collected, and help us to understand how a minimum dataset would impact on workloads in care homes. This should take no longer than 10-15 minutes and a certificate of participation will be provided

TO take part please follow this [link](#). When you have completed the survey, please email [ejbm@kent.ac.uk](mailto:ejbm@kent.ac.uk) to receive your certificate of participation. If you would like to find out more please access the [study website](#).

## Community Equipment Shortages

Due to ongoing high demand and raw material shortages there are a number of standard community equipment out of stock. A reminder that if you have and equipment you no longer need (in particular the items below), then you can call Medequip direct to ask for the item(s) to be collected on 01423 226240 or email [north.yorks@medequip-uk.com](mailto:north.yorks@medequip-uk.com). It would be really helpful to provide the barcode numbers that are on each item, so Medequip are aware of which items they are collecting.

For those who are awaiting items below, the initial prescriber of the item will be contacted directly by Medequip if it is likely the equipment will not be delivered within the timescale required to ensure they can adequately manage patients to ensure their safety.

- MOB647: Bariatric Walking Frame (OUT OF STOCK)
- BAT212: Adjustable Height Shower Chair (OUT OF STOCK)
- BAT210: Shower Stool (OUT OF STOCK)
- BED519 Bed lever and BED529 the CTE (OUT OF STOCK)
- BAT499 Shower Commode and BAT473 the CTE (LOW STOCK)
- MOB507 4 Wheeled Walkers (LOW STOCK)

## Training and Development Opportunities

### Health, LeDeR and Constipation Webinar

**When: Wednesday 18 August 12.00-1.00**

In the 2020 LeDeR Action From Learning report, it was highlighted that "Some people with a learning disability are more at risk of constipation than the general population. Constipation is one of the five most common long-term



### Palliative Care for People with Learning Disability Network (PCPLD) Annual Conference

health conditions reported in completed LeDeR reviews (23%)." Sarah Ormston (Dementia, Health and Wellbeing Manager at MacIntyre) and Sarah Bruce (Lead Clinician Physiotherapist for Adults with Learning Disabilities at Guys and St Thomas' Hospital), will be speaking about health, LeDeR and specifically focus on the management of constipation, including the use of abdominal massage.

To register please follow this [link](#)

**When: Thursday 16 September  
10.00-3.00**

Focus on the conference will be:  
Finding the gaps and closing the gaps: Dying, death, bereavement, COVID-19 and people with learning disabilities

For more information please follow this [link](#)

## Further Information



### Long COVID Support for Staff

Many staff are now returning to work who may have been away from the workplace for some time due to the effects of COVID-19 and Long COVID, and many other staff are continuing to balance the pressures of work alongside a Long COVID diagnosis. The Humber, Coast and Vale Resilience Hub has set up Long COVID Peer Support Groups. These groups are delivered remotely and take place weekly on a Wednesday afternoon in blocks of 8 sessions.

Staff can access the group through referring themselves into the Resilience Hub by completing the [wellbeing questionnaire online](#).

### Infection Control Fund and Capacity Tracker Update

It has been announced that the government are extending the Infection Control Fund and Rapid Testing Fund to the end of September. The full guidance around this can be found [here](#). As previously, access to the fund is conditional on timely completion of the Capacity Tracker. To align with the new guidance and make easier to complete, there will be changes to the IPC questions that care homes are required to complete from **Monday 19 July**. These will include around how many residents are self-isolating to help DHSC understand how many visits out of your settings are considered by providers to be high-risk. Providers will also be asked about barriers to visiting, regardless of whether they have been able to facilitate visiting over the past 7 days. The options

for highlighting the burdens and / or barriers being experienced with visiting will also be updated.

**This bulletin is produced by NHS Vale of York Clinical Commissioning Group.**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)