



Monday 05 July 2021

# What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues. Please click here to bookmark these pages



# **Trainee Nursing Associate in Social Care Role**

At Partners in Care last week there was a joint update from Humber Coast and Vale Workforce Hub and the Joseph Rowntree Housing Trust, about the relatively new role of trainee nursing associate. This can sit in between the role of senior carer and registered nurse, and providing an opportunity for ambitious carers to develop. The course takes 2 years and a variety of funding opportunities are available for care providers to take advantage of. Providers must have a registered nurse available to help support the TNA, but as discussed there are also opportunities for non-nursing setting to host placements also. The slides detailing the course and application details are available through this link, and a quick guide for interested providers through this link.

Joseph Rowntree Housing Trust have had 2 TNA's in place for the last year across their York homes, and shared how they have benefited from having them in place and it has helped them retain and develop talented staff within their organisation. Ellie and Paul their two TNA's, talked inspiringly about how the course has helped them develop their skills and work closely alongside the nurses within the homes. The slides from their update are available through this link.

For further information or if you would like to discuss what support might be available please contact: <u>Victoria.Wilkins@hey.nhs.uk</u>



### **Audiology and Hearing Aid Update**

Emily Litherland attendees Partners in Care last week, to share an update on how care providers can help support those in their care with hearing impairments (including how to get the most benefit from their hearing aid). The <u>slides</u> from the update and may be useful to share with your teams. The main take home messages from the session were.

- The importance of washing hearing aids daily.
- That hearing aids should be kept in all day to allow an individual to get most benefit, not put in just when having conversations.
- Making sure the hearing aids is put in the correct ear, and inserting correctly to avoid a pressure sore.
- That the symptoms of dementia and a hearing impairment can be confused.
- That wearing of makes of masks means you may have to speak louder to be heard.
- Specialist adjustments for clinics for those with dementia or LD can be made.

For further information or any queries the York audiology team can be contacted through **01904 726741** 



## Cancer Red Flag Roadshows for People with LD

NHS England and Improvement are hosting a series of roadshows across the area in September. These aim to raise awareness for people with Learning Disabilities (and their families and carers) around the signs of symptoms of cancer and has been co-produced by people with Learning Disabilities. If you are interested in attending (or know anyone who would be) then contact details are on the perspective flyers for the dates in our area.

- <u>13 September 2021: 1pm-3pm- Community Centre (The Street),</u> Scarborough
- 14 September 2021: 10am-12pm- Northallerton Town Hall
- 14 September 2021: 1pm-3pm- Wellburn Village Hall
- 16 September 2021: 1pm-3pm- Folifoot Village Hall, Harrogate
- 17 September 2021- 9.30am-11.30am-Priory Street Centre, York
- <u>17 September 2021-1.30pm-3.30pm-Portholme Church, Selby</u>

# **Need to know**



# **York Carers Awareness Training**

Dates (All sessions 10.30-12.30): Monday 26 July, Tuesday 24 August, Wednesday 29 September, Monday 22 November, Wednesday 26 January

York Carers Centre are offering the chance to access their virtual Carer Awareness Training via Zoom. This offers an introduction to the Carers Centre, and how they can identify and support unpaid carers:

• It is an opportunity for professionals to learn more about York Carers Centre and the support available for unpaid carers across the city.

- Increase understanding of carers, their role and its effect on their lives.
- Opportunity to explore how we as professionals working in the health and social care field can help to: identify carers early; recognise them as 'partners' in care; help carers to maintain their own health and wellbeing.

The session will include a presentation, have brief introductions, share information around current carer issues (such as Covid-19/isolation), engage in discussions, include a quiz and share links to carer films on YouTube. One of their Volunteer Carer Champions plans to share her experiences also.

For more information or to book a place on one of these sessions please contact <a href="mailto:sam.varo@nhs.net">sam.varo@nhs.net</a>

# **Capacity Tracker Update**

Please note the following changes have been made to the PPE questions on the capacity tracker from today:

#### **Care Homes**

• The number of questions providers are asked to complete relating to availability of PPE will reduce. The Blue, Red, Amber & Green (BRAG) rating across the types of PPE type will be removed and instead providers will simply be asked one question "Do you have less than 48 hours supply of any PPE equipment?" Yes or No. Only those replying Yes will be asked to identify the PPE items that have less than 48 hours supply.

#### **Domiciliary Providers**

• Providers will now be asked one question "Do you have less than 48 hours supply of any PPE equipment?" Yes or No.

# Webinars - Responding to Vaccine Hesitancy/Building Vaccine Confidence

PHE have commissioned a series of workshops in the Yorkshire and Humber area around developing skills to "make every contact count" with regard to vaccine hesitancy. The workshops each last **2 hours** and are available from **15 June to 8 July**. These would be a great opportunity if providers have any staff who would want to become "COVID vaccine peer champion's" to help answer questions or concerns colleagues have to develop confidence in the vaccine and combat disinformation and myths, and promote uptake within their service. The skills training covers:

- How can we work together to build vaccine confidence, what we know and how this links to health inequality
- Core skills and processes (OARS, Evoke-Provide-Evoke, Decisional Balance, and the 3As)
- Skills practice Building confidence in the vaccine
- Resources that staff can use to respond to questions and concerns

The session will be interactive and include modelled conversations that showcase the core skills and processes being used. The application of this work can be far-reaching. Although this is focused on the Covid vaccination programme, these skills can be utilised for childhood immunisations, flu vaccine, cancer screening and many other health-promoting activities. To book a place please follow this link.

# **Training and Development Opportunities**

# Supporting People with Everyday Technology

 When: Hardware, software and practical technology -Thursday 8 July 2021 11:00 - 12:00/Safety - Thursday 22 July 2021 11:00 - 12:00

Skills for Care are offering a series of workshop webinars to explore how social care staff can support autistic people and people with a learning disability to make choices about using technology to stay connected and contribute to their communities when social distancing restrictions are in place. Visit their website to view the introductory videos to each workshop topic. To book please follow this link.

# Join The Outstanding Society's Next Virtual Meeting

When: Thursday 8 July 2021, 13:00-14:30

This meeting is open to all services – not just those rated outstanding by the CQC. The Outstanding Society are delighted to announce their next virtual meeting aimed at managers, care and catering staff who are striving to work towards a good or outstanding rating focusing around Regulation 14 – Meeting nutritional and hydration needs. Book your free place or contact The Outstanding Society via info@theoutstandingsociety.co.uk to find out more.

### Further Information

# Psychological Support for Care Home Staff Research

Academics at Northumbria University and the University of Highlands and Islands are conducting research funded by the RCN Foundation, looking at how to offer psychological support for care/nursing staff working in care homes during the COVID-19 pandemic. As a first step they are asking staff to complete a short and anonymous online survey which can be accessed here.

If you have any questions or require further information, please do not hesitate of contact <a href="mailto:claire.l.mcgrogan@northumbria.ac.uk">claire.l.mcgrogan@northumbria.ac.uk</a> or <a href="mailto:m

Physical Activity Champions Training for Older Adults Care

When: Thursday 8 July 7-9pm via Zoom. To book please follow this <u>link</u>

The training works on the same ethos as Making Every Contact Count (MECC) using brief intervention or referral to help change behaviour. The session will be of particular interest for any professionals that work with older adults and those with long term health conditions, and to help with reconditioning associated with the COVID pandemic. This will help address barriers to physical activity for these groups (61% of adults with a long term health condition want to do more activity) and will help suggest problem solving of how to reassure residents and make clear choices for their own health. Did you know? - Physical activity is also an important factor in helping prevent the worst outcomes of coronavirus. Helping get older adults and those with long term health conditions moving more could contribute towards further protecting the most vulnerable. More information here.

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact <a href="mailto:sam.varo@nhs.net">sam.varo@nhs.net</a>