

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues. Please click here to bookmark these pages



Webinars - Responding to Vaccine Hesitancy/Building Vaccine Confidence

PHE have commissioned a series of workshops in the Yorkshire and Humber area around developing skills to "make every contact count" with regard to vaccine hesitancy. The workshops each last **2 hours** and are available from **15 June to 8 July**. These would be a great opportunity if providers have any staff who would want to become "COVID vaccine peer champion's" to help answer questions or concerns colleagues have to develop confidence in the vaccine and combat disinformation and myths, and promote uptake within their service.

The skills training covers:

- How can we work together to build vaccine confidence, what we know and how this links to health inequality
- Core skills and processes (OARS, Evoke-Provide-Evoke, Decisional Balance, and the 3As)
- Skills practice Building confidence in the vaccine
- Resources that staff can use to respond to questions and concerns

The session will be interactive and include modelled conversations that showcase the core skills and processes being used. The application of this work can be far-reaching. Although this is focused on the Covid vaccination programme, these skills can be utilised for childhood immunisations, flu vaccine, cancer screening and many other health-promoting activities. To book a place please follow this link.



Next Forum Launch: Partners in Care Forum- LD and Autism Focused

The CCG are launching a quarterly forum designed specifically around the needs and challenges of our care providers who support those with learning disabilities and autism. We have directly invited providers who fit into that cohort, but are aware that many of you in predominantly older adults focused care will also help support individuals in these groups. **Therefore if you have any staff from your service who would find it valuable to join this network please let us know.**

The first meeting will take place on **Wednesday 21 July** from **2.00-3.00 through Zoom**. There will be an update around the annual health checks that GP practices now provide for those with LD, including what is a good health check, what to expect and how to prepare and support your service users when having one. We will also be getting feedback from providers on how you are finding these so far and the role of action plans that come out of them. The forum is open to all, and if anybody would like to suggest any topics to cover or ask any questions then either let us know or raise at the forum itself.



York People First-Self Advocacy 'Open Mic' Meeting

When and Where: Monday 12 July 11-1pm. Folk Hall, New Earswick, York, YO32 4AQ.

York People are hosting an upcoming safe space to speak up about, share, and listen to things that are important to people with learning difficulties in York. At the meeting they will talk about: What is self advocacy? What barriers do people with learning difficulties in York face? What needs to change? They will pass the 'Mic' round for people to share and speak up about things important to them. The meeting is for people with learning difficulties and their 'allies' too. And there will be a free LUNCH! If you can't make it in person, you can also join by Zoom video link. If you would like to come along, please contact **speakingup@yorkpeoplefirst.co.uk** or call or text Stephen on **07951050153**.

A poster which may be useful to share with any individuals with LD in your care can be found through this <u>link</u>.

Need to know



Partners in Care Virtual Forum

This week's Partners in Care Virtual Forum, will take place on **Thursday 01 June from 2.00-2.45.** These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues. The sessions are shaped by our care providers so if you have anything you would like to raise for this meeting please get in touch. All care providers and partners agencies are welcome at the forum, please contact <u>sam.varo@nhs.net</u> if you don't have the calendar invite.

This week we will have an update from the audiology service focusing on supporting those with hearing aids or hearing impairments, which you may also find helpful to answer any queries you or your teams may have. There will also be an update on the trainee nursing apprenticeship (TNA) role, which a new position sitting in between carers and nurses which can provide an opportunity for ambitious carers to progress. We will be hearing from Joseph Rowntree Housing Trust have had TNA's in place for a year around their experiences, and from the TNA's themselves on how the role have benefited them.

EU Settlement Scheme Reminder and Webinars

<u>The EU Settlement Scheme</u>, which is open to all EU, EEA and Swiss citizens in the UK closes on 30 June 2021. The Settlement Scheme will allow EU, EEA and Swiss citizens to continue to live and work in the UK beyond June 2021 further details on what people will get from the scheme are available <u>here</u>. NHS Employers has a dedicated <u>page of resources</u> employers can use to support their EU/EEA staff.

The Home Office has recently updated their <u>guidance on employer right to work</u> <u>checks</u> in light of the end of the Scheme. The Home Office will be hosting webinars to prepare employers and their EU/EEA staff for the end of the grace period for the EU Settlement Scheme on 30 June 2021. Spaces on these event can be booked via the following the links:

29 June 2021: <u>EU Settlement Scheme and the end of the Grace Period on the</u> <u>30 June 2021 Tickets, Tue 29 Jun 2021 at 09:30</u>
30 June 2021: <u>EU Settlement Scheme and the end of the Grace Period on the</u>

30 June 2021 Tickets, Wed 30 Jun 2021 at 13:00

Physical Activity Champions Training for Older Adults Care

When: Thursday 8 July 7-9pm via Zoom. To book please follow this link

The training works on the same ethos as Making Every Contact Count (MECC) using brief intervention or referral to help change behaviour. The session will be of particular interest for any professionals that work with older adults and those with long term health conditions, and to help with re-conditioning associated with the COVID pandemic. This will help address barriers to physical activity for these groups (61% of adults with a long term health condition want to do more activity) and will help suggest problem solving of how to reassure residents and make clear choices for their own health. *Did you know?* – Physical activity is also an important factor in helping prevent the worst outcomes of coronavirus. Helping get older adults and those with long term health conditions moving more could contribute towards further protecting the most vulnerable. More information <u>here</u>.

The training session will provide professionals with:

- An up to date knowledge on the guidelines around physical activity
- An understanding of the current national physical activity levels
- Evidence around the wide ranging health benefits of physical activity on residents
- A chance to explore how to talk about physical activity with residents

Training and Development Opportunities

Supporting People with

Everyday Technology

 When: Hardware, software and practical technology -Thursday 8 July 2021 11:00
 - 12:00/Safety - Thursday 22
 July 2021 11:00 - 12:00

Skills for Care are offering a series of workshop webinars to explore how social care staff can support autistic people and people with a learning disability to make choices about using technology to stay connected and contribute to their communities when social distancing restrictions are in place. Visit their <u>website</u> to view the introductory videos to each workshop topic. To book please follow this <u>link</u>.

Join The Outstanding

Society's next virtual meeting

When: Thursday 8 July 2021, 13:00-14:30

This meeting is open to all services – not just those rated outstanding by the CQC. The Outstanding Society are delighted to announce their next virtual meeting aimed at managers, care and catering staff who are striving to work towards a good or outstanding rating focusing around Regulation 14 – Meeting nutritional and hydration needs. <u>Book your free place</u> or contact The Outstanding Society via <u>info@theoutstandingsociety.co.uk</u> to find out more.

Further Information

Psychological Support for Care Home Staff Research

Academics at Northumbria University and the University of Highlands and Islands are conducting research funded by the RCN Foundation, looking at how to offer psychological support for care/nursing staff working in care homes during the COVID-19 pandemic. As a first step they are asking staff to complete a short and anonymous online survey which can be accessed <u>here</u>.

If you have any questions or require further information, please do not hesitate of contact

claire.l.mcgrogan@northumbria.ac.uk or mariyana.schoultz@northumbria.ac.uk.

Oral Health Resources for Care Homes

At least weeks Partners in Care Virtual Forum we discussed with care providers how they are supporting residents with their oral health needs. There are series of national resources available through this <u>link</u> which may prove useful, including training slides for care staff, an assessment tool and a quick guide for managers. We are happy to discuss this training in more detail with homes who would find that helpful. For more information please contact <u>h.degnan1@nhs.net</u> This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact sam.varo@nhs.net