



Monday 14 June 2021

## What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues. Please click here to bookmark these pages



#### Viral Gastroenteritis- Resources and Handwashing Reminder

The Community IPC Team have recently dealt with a number of outbreaks of suspected viral gastroenteritis in North Yorkshire and York. They have been asked by CCG's to produce a special <u>bulletin</u> for North Yorkshire and York. The bulletin details symptoms of gastroenteritis and what to do when you suspect and outbreak, as well as the importance of handwashing to prevent spread of infection. Please note the alcohol hand gel is not effective against gastroenteritis.

The CCG have also created a <u>poster</u> which can be printed off and displayed in care settings, which reiterates the importance of effective handwashing and contains a case study from the area showing the devastating consequences an outbreak can have on those receiving care as well as staff and their families.



# **CAS Alert- Personal Protective Equipment And Heat: Risk Of Heat Stress**

The MHRA have released an alert regarding wearing personal protective equipment (PPE) in warm/hot environments increasing the risk of heat stress. This occurs when the body is unable to cool itself enough to maintain a healthy temperature. Heat stress can cause heat exhaustion and lead to heat stroke if the person is unable to cool down. For more information on this alert please follow this <u>link</u>.

Measures to control the temperature of clinical environments and enable staff to make behavioural adaptations to stay cool and well hydrated should be made. Staff may require more frequent breaks and the frequency of PPE changes may increase, with a resulting increase in demand.



# Save the Date: Safeguarding Week 21 – 25 June: Programme Now Available

The programme of events taking place from 21-25 June to mark Safeguarding Week 2021 is now available through this <u>link</u>. Sessions taking place range from reducing loneliness and isolation to suicide prevention, modern slavery and domestic abuse.

These are developed for both professional and public audiences, the conference offers a packed schedule of sessions which will be delivered by inspirational and motivational speakers, all of whom are experts in their field. The professional sessions will cover key safeguarding areas and have been designed to stimulate discussion, share best practice, spark innovation and support continuing professional development.

Public-facing sessions will raise awareness of key issues and provide insight into how every member of the public can play a key in safeguarding themselves, their families and the wider community – reinforcing the key message of the week that 'Safeguarding is everybody's business'.

#### **NICE Quick Guides**

NICE have produced a pair of new quick guides appropriate to registered managers in social care services. The first provides advice on <u>training staff about safeguarding</u>. It's designed to help everyone work together to prevent abuse and neglect. The second covers <u>promoting positive mental wellbeing in older people</u>, including around personal identity and meaningful activity.

#### **Need to know**



## IPC Bulletins- Keeping Hydrated

The latest IPC Bulletins from the Community Infection Prevention and Control Team for Care Homes and Domiciliary Care focus on: Summer has arrived – keeping hydrated will help prevent urinary tract infections (UTI's). Please follow the links below to view the bulletins:

<u>Care Home Bulletin</u> <u>Domiciliary Care Bulletin</u>



#### **Partners in Care Virtual Forum**

The Partners in Care Virtual Forum will take place this week on **Thursday 17 June 2021 at 2.00-2.45**. This week the session will focus on gastroenteritis following the recent cases in the local area, as well as oral health for care providers.

As always there will be time at the forum for providers to raise any queries or problems they are having with fellow care providers and health services, and to share good news and shared learning. If you would like to raise something at the forum then either let us know, or feel free to raise during the meeting.



#### "Smoothie Making with Joanne"- Project ECHO Session

When: Friday 18 June 2.00

As part of nutrition and hydration week, the Project ECHO team from St Leonards Hospice are hosting a session on how they in which they will be demonstrating how the St Leonards catering staff make smoothies to support our patients with reduced swallowing abilities. It may be of interest to any staff in your care homes, particularly in the catering departments. To view the poster for the event and how to book please follow this <u>link</u>.

### Training and Development Opportunities

# Supporting People with Everyday Technology

## Leading and co-producing - Thursday 24 June 2021, 11:00 – 12:00

Skills for Care are running a series of workshop webinars to explore how social care staff can support autistic people and people with a learning disability to make choices about using technology to stay connected and contribute to their communities when social distancing restrictions are in place. Visit the website to view the introductory videos to each workshop topic. To book please follow this link.

#### New Registered Manager Webinar- Managing Complaints: Practical Tips in Effectively Responding to Feedback

When: Tuesday 22 June 2021, 11:00 – 11:30

This webinar, in partnership with the Local Government and Social Care Ombudsman, will look at how to manage complaints and feedback effectively, with practical tips and resources. It will explore the relationship between the CQC and the Ombudsman, why effective complaints handling is important and how learning from complaints can be used to drive service improvements. It will be sharing lots of useful ideas and questions from other managers from a variety of services. To book please follow this link.

#### Further Information

#### **Nurse LifeLine**

The new Nurse Lifeline Charity is the first national, free, confidential, peer-led listening service in the UK run by nurses and midwives, for nurses and midwives. This initiative was developed by nurses and midwives, for nurses and midwives and as a peer-led listening service, provided space for those in need to offload and chat with someone who gets it.

## Warmer Weather – Aged Care Sector

With the arrival of warmer weather and the enjoyment that this can bring, it is important to remember that an increase in temperature can also result in increased risk for particular groups in the community.

People in residential and care settings can be at particularly high risk of illness and death especially when temperatures reach 26 degrees or above. It is important The Nurse Lifeline volunteers are there to reduce isolation within our professional community, together. To find out more about this service please visit their <a href="website">website</a> or follow on twitter at <a href="mailto:@nurse\_lifeline">@nurse\_lifeline</a>

A poster is available through this <u>link</u> which you can display. To access the service please call: 0808 801 0455.

to be aware of the increased risk to residents and to know what actions can be taken to address this to keep residents safe during any periods of increased heat. Further information and a handy checklist which may help in preparing for warmer weather and heatwaves can be found by following this link

The Heatwave Plan for England remains unchanged for Summer 2021, however additional actions may be needed due to COVID-19. There are a number of useful resources, including advice for care home managers and staff which you may find helpful. These can be found here

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

#### Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact <a href="mailto:sam.varo@nhs.net">sam.varo@nhs.net</a>