



Monday 29 March 2021

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)

NICE National Institute for
Health and Care Excellence

NICE Safeguarding Adults in Care Homes Guidance

Christine Pearson (Designated Professional for Adult Safeguarding) gave an overview at last week's Partners in Care Virtual Forum on the new NICE safeguarding adults in care homes guidance. The slides from Christine's update can be found through this [link](#), which includes summaries of the main points to consider, visual summaries and audit/improvement resources.

This is designed to support care home providers with practical advice on developing a strong safeguarding culture, helping to keep adults in care homes safe from abuse and neglect. It includes indicators that should alert people to the possibility of abuse or neglect on both an individual and organisational level. It contains advice for care home providers, commissioners, local authorities, Safeguarding Adults Boards and safeguarding practitioners on:

- Care home policy and procedures on safeguarding, whistleblowing and record-keeping
- Safeguarding staff training and support for staff in care homes
- Involving the resident at risk
- Improving the quality of referrals to local authorities
- Cross-agency communication and collaboration.

The recommendations from this guideline have been included in the [NICE Pathway](#) on safeguarding adults in care homes, which brings together everything they have said on safeguarding adults in care homes in an interactive flowchart.

Following this update there was a discussion on how learning from safeguarding adults reviews can be better shared with care providers, and we will working to incorporate a chance to reflect on lessons learned as a recurring feature of future Partners in Care sessions.

Mindfulness for Care Staff and Skills for Care Wellbeing Resource Finder

Rachel Instone from TEVW came to Partners in Care Virtual Forum last week to share the mindfulness courses and support that care staff can access.

Mindfulness is the natural capacity we all have to bring awareness and interest to what is happening in the present moment. There is now very good evidence that becoming more mindful can support out mental health and well-being. During these difficult times, looking after ourselves as well as our residents has never been so important.

The slides from Rachel's update can be found through this [link](#). You can try a taster session (an hour and a half long) via Microsoft Teams where you will join a group led by one of the Trust's Mindfulness teachers. There will be information on what mindfulness is, some mindfulness practice and an exploration of ways that you could practice mindfulness to support your well-being. You can just do this taster session, or you can use it as a stepping stone to the full 9 week course. You can sign up for free and no prior experience is required. For more information, please email: tewv.mindfulness@nhs.net

Additionally, Skills for Care have created a useful [resource finder](#) that allows care colleagues to easily access a wide range of wellbeing tools and advice. The finder helps you access self-help, support for others, or find someone to talk to in confidence, about your mental health or other issues.

Weekend Discharges for Capacity Tracker

Hospital Discharge Hub colleagues have asked if care homes can ensure they are putting a note each Friday in the 'free text' notes field alongside your main entry on the capacity tracker on arrangements for weekend discharge.

Please can you include:

- If you are accepting weekend admissions for the upcoming weekend (if you are not, please can you indicate this to save a call for everyone)
- Who is the named contact for admissions and their contact details (if different to those listed in main entry)

For guidance on how to edit the free text notes field please see page 12 through the [user guide](#)

Need to know



Infection Prevention and Control Bulletin- Beating *E. coli* – What you can do to break the 'Chain of infection'

Please follow this [link](#) to view the latest bulletin for care homes from the community IPC team. This gives an overview of what E.coli is and how to prevent infections in your setting.

Pulse Oximetry Research Study

The National Institute for Health Research are keen to hear from care home managers on their experiences of using pulse oximeters with residents, and have an anonymous [survey](#) running which is open until 6 April.

If you have any specific queries relating to your pulse oximeters or need guidance in using them please let us know. We have spare devices still available

to providers should you need more. Please contact sam.varo@nhs.net for more information.

Training and Development Opportunities

New Masterclass: Caring for your Teams - Compassionate Leadership

When: Wednesday 31 March 2021, 10:30 - 11:30

Join this exciting and practical masterclass. Professor Michael West CBE, a world-renowned speaker and national lead on teams and compassionate leadership will explore:

- How do we create cultures where staff can deliver compassionate care and cultures of compassion?
- How can we care for the health and wellbeing of our teams to ensure their effectiveness and their wellbeing?

To book please follow this [link](#)

Carers Awareness Training

**When: Monday 26 April 10.30-12.30
(Further sessions available monthly until September)**

This offers an introduction to York Carers Centre and how they can identify and support unpaid carers: It is an opportunity for professionals to learn more about York Carers Centre and the support available for unpaid carers across the city. The session will include a presentation, have brief introductions, share information around current carer issues (such as Covid-19/isolation), engage in discussions, include a quiz and share links to carer films on YouTube. One of their Volunteer Carer Champions plans to share her experiences also.

To book please contact sam.varo@nhs.net

Further Information



NHS Mail Discounts

Did you know that your NHS Mail account is able to be used as verification for registering for both [Health Service Discounts](#) and for [Blue Light Card](#)? These websites offer a larger number of special discounts online as well as cards that can be used instore a number of high street brands There are also a number of offers available through the [NHS England and Improvement](#) website which you can access using your NHS Mail account.

Second Dose of COVID Vaccination for Care Home Staff

There have been a number of enquiries recently regarding access to second dose vaccinations by social care workers. We would like to reassure staff that there will be options for vaccination made at a local level and agreed between your Care Home Manager and Care Homes Vaccination Team through the GP Practice

- The Care Home Manager will be asked by the vaccination team to provide numbers of staff to be vaccinated at the same time the vaccination team visits your care setting for residents also;
- Numbers of staff who will require vaccination by attendance at the Askham Bar Vaccination site

This aims to reduce footfall within the home on vaccination day and allow for workforce planning. This approach also allows for the vaccination teams to plan accurate supply, appointments and staffing. If a Care Home Manager has not received notification of a visit within 10 weeks of the 12 week window please contact the Vaccination Team via the GP Practice.

Due to national supplies being centrally controlled this means there are limited opportunities for flexibility in appointments.

The Vaccinations Teams appreciate your patience and support in ensuring your whole home are vaccinated in a timely manner.

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sarah.fiori@nhs.net or sam.varo@nhs.net