



Tuesday 09 February 2020

Practice Nurse Engagement

What's in your Practice Nurse Engagement Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our practice nursing colleagues. [Please click here to bookmark these pages.](#)



Practice Nurse Forum and Catch Up

When: Thursday 25 Feb. 12.30 – 1.30pm

We'd like to invite you to come together over a brew or lunch if needed. Really conscious of how pressured life is in primary care, so wanted to give you the opportunity to come together as Practice Nurses to consider further how your roles can be supported and any professional aspects you feel would be valuable to explore as a group.

We will keep it informal

Sarah Goode is going to talk briefly regarding the approach to supervision she is leading on across the region and whether this is a model that could be taken forward which can hopefully lead us onto consider any other aspects that we could take forward to help with wellbeing and resilience moving forward.

Put the date in your calendar and make a brew. Look forward to seeing you.

Paula Middlebrook
Deputy Chief Nurse, NHS Vale of York CCG



GPN CARE Program

Regarding EOI for the CARE programme, there has been an update with regards to the dates for the programmes which could mean that more of you would be able to sign up for the programme – if so, please complete the attached EOI form and return as detailed below by **26 February, 2021**. Those who have provided an Expression of Interest to previously have already been advised with regards to dates with the two cohorts now starting on 16 April, 2021 and 11 June, 2021. Please find through the below for your information:

- [Expression of Interest Form](#)
- [Cohort dates / timings](#)
- [Slides from the CARE engagement event on 18 January 2021](#)

If you want expert support to innovate, shape services and strengthen your leadership; the CARE programme is an offering for general practice nurses in HCV and WY to take part in a programme that allows for a practical development that empowers participants to drive innovation, strengthen relationships and develop a bottom-up, population health approach to care. The programme supports GPNs to build self-awareness and resilience, which in turn will help to unlock new and exciting innovation and improved system leadership.

Run in partnership with National Association of Primary Care (NAPC) and specialist coaches ShinyMind, the programme offers practical and holistic

learning through expert-led webinars, quality improvement project support, connectivity and a dedicated community of practice.

If you provide an EOI form to myself I will also arrange for you to have access to an app developed by ShinyMind with the NHS, which will enable you to look after your own wellbeing, build resilience and become part of an active community of support.

The following videos and case studies are available for your information:

- **Karen Storey**, Primary Care Nursing Lead, NHS England and NHS Improvement, explains how the CARE programme is supporting GPNs to reach their leadership potential - click [here](#) to watch
- **Paul Vaughan**, Head of Perceptions and General Practice Nursing, NHS England and NHS Improvement, explains the importance of valuing the talents and role of general practice nurses - click [here](#) to view
- **Dr Johnny Marshall**, President, NAPC, outlines the core elements of the CARE programme - click [here](#) to view
- **Animation** explaining the value GPNs bring to primary care networks and how support like the CARE programme can improve services and the professional experience of GPNs - click [here](#) to view
- **Dr Nina Pearson**, Clinical Transformation Director, BLMK CCGs, discusses how the CARE programme has helped BLMK develop a united primary care community - click [here](#) to view
- **Janet Thornley**, GPN Strategic Lead, BLMK ICS, highlights the impact of the CARE programme in BLMK - click [here](#) to view
- **Dr Nav Chana** MBE, Clinical Director, NAPC, discusses the value in collaborating with general practice nurses to improve patients' health and wellbeing - click [here](#) to view

Case studies

- **Pete Roberts**, Specialist Paramedic Practitioner, Central Milton Keynes Medical Centre, BLMK – click [here](#) to watch.
- **Luci Partridge**, Joint GPN PCN Lead Nurse, Oakridge Park Medical Centre, BLMK - click [here](#) to watch
- **Alexandra McGarvey**, Nursing Services Manager, Leighton Road Surgery, BLMK - click [here](#) to watch

Any further questions or to submit expressions of interest, please don't hesitate to get in with cari.jones@nhs.net. Please also feel free to share this e-mail with colleagues who may be interested in the CARE Programme.

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

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