



Vale of York
Clinical Commissioning Group



Care Homes and
Domiciliary Care

Tuesday 5 January 2021

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



Digital Eagles

Barclays Digital Eagles

Barclays Digital Eagles are supporting Care Providers across the UK to provide free training on using iPads to connect residents with families and Care Workers with Clinicians.

From week commencing the 11 January and over the following 6 months, Barclays Digital Eagles will be running live online training sessions for you to attend. Each training session will be designed to help you get started and how to

access some of the systems in place for conversations and consultations for your residents and team.

Training sessions are held every weekday from the 11 January 2021. Please see the description of the training below:

1. **Getting started** - Learn how to connect your iPad/Tablet and discover what it can do
- 2) **Entertainment** - An introduction to apps and games you'll find in the App Store. Great for residents to become familiar and comfortable with the device.
- 3) **Digital safety** - Find out how to stay safe online by using secure email and avoid scams with our top tips
- 4) **Connectivity** - Learn how to use apps to connect with your loved ones, GP's and Clinicians. This will include a popular platform run through and then offer signposted training resources for others not covered in the session.
- 5) **Rapid run through** – If you're an advanced user and just need a quick run through of the above

The online training sessions are designed to be fun and informative! Barclays Digital Eagles can adapt the training to suit those that class themselves as an absolute beginner or a more advanced user, so you'll be in good company whatever your current understanding.

To book your free space on the training via Microsoft Teams, you just need to email the following details to digitaleagleshq@barclays.com

- Full name and role of person(s) who are interested in this training
- Training session (s) to attend (1 - Getting started, 2- Entertainment, 3 - Digital Safety, 4 - Connectivity or ALL or 5 – Rapid run through for advanced users)
- Please state whether you/they consider to be a beginner, intermediate user or advanced level user of an iPad/Tablet
- Organisation name and site post code
- Your ODS code if known (if not, find it here by entering your organisation name and post code only
<https://odsportal.hscic.gov.uk/Organisation/Search> - Will begin with the letter V. - e.g. VLH6Q)

Barclays Digital Eagles will then confirm your training session details by email with a Microsoft Teams invite.

P.S. - Don't forget to send that request from your NHSmail account. (If you do not have an NHSmail account yet, please email sam.varo@nhs.net)



Partners in Care Virtual Forum

This week's Partners in Care Virtual Forum, will take place on **Thursday 07 January** from **2.00-2.45**.

Topics that will be discussed include an update on COVID-19 vaccinations for care providers and technical support available from Barclays Digital Eagles. If you have any other topics you would like us to discuss, please let us know.

These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues. The sessions are shaped by our care providers so if you have anything you would like to raise for this meeting please get in touch.

All care providers and partners agencies are welcome at the forum, please contact

sam.varo@nhs.net if you don't have the calendar invite.

Need to know

Admission to Care Homes Guidance

- Guidance on [admissions and care](#) has been updated (23 Dec) following increase in community transmissions .
- Residents should be isolated on admission unless they have already undergone isolation for a 14-day period in another setting, and even then, the care home may wish to isolate new residents for a further 14 days
- Care home isolation periods remain at 14 days for contacts , new admissions and confirmed positive cases as outlined in the updated [admission and care of people in care homes](#)

- Annex K: moving from the community to care homes of the guidance sets out that the care home manager should ensure the individual has not had close contact with someone with COVID-19 symptoms within the last 14 days and as currently, PCR tests should be completed within the 2 days prior to - or in an emergency on admission .

Visiting and Staff Testing in Care Homes

- [Testing guidance](#) has been updated on 23 December for care homes introducing additional 2 x weekly staff testing with LFD alongside the regular weekly PCR tests.
- The new [flow chart](#) for Coronavirus (COVID-19) tests available for adult social care in England shows LFD testing to be used for
 1. Weekly testing of all staff on the same day at the same time as PCR tests , including bank and agency staff
 2. *Additional* mid weekly testing between PCR tests
 3. Any staff returning to work after a period of leave which has resulted in them missing their weekly PCR test should take an LFD test at the beginning of their shift.
 4. Where staff work in multiple locations, (e.g. unavoidable agency use to ensure safe staffing levels) test staff with LFD immediately before shift if individual has worked somewhere else since the last time they worked in that care home
- Alongside the updated guidance was the [announcement of additional funding](#) for care homes to support with setting up safe testing areas, provide staff training and contribute towards staff time spent on administering and receiving the tests. This is due in the new year , and will be distributed through Local Authorities . As we find out more about this we will keep you updated .
- [Visiting Guidance](#) has been updated 19 December 2020. This new guidance introduces Lateral Flow Device tests as another measure that care providers can use to keep people safe. The advice states that no direct contact face-to-face indoor visiting can take place without a Lateral Flow Device test.
- Visiting Professionals are defined as anyone visiting the care home in a professional capacity, for example a chiropodist. Some visiting professionals, including NHS staff and CQC inspectors will already be part of a regular testing regime, and therefore they will not need testing on the door of the care home. Professionals not part of a regular testing regime will need to be tested every time they visit a care home

- Although LFD will reduce the risk of virus transmission, it is an enhancement to and not a replacement for already established safe visiting practices in care homes.
- LFT visitor guidance can be found [here](#) , the webinars [here](#) and training [here](#) . The token for this portal is: 3wkcVi4UTX. Please note that the token is not your password. Please follow the link, create your own username and password and then you will be prompted to add the token
- If your delivery has not arrived, please call 119 as a matter of urgency so you can get a replacement order. More lateral flow kits are being sent out to all care homes by central Gov in January, however if you have already used a significant amount (over 25%) of your lateral flow devices please call 119 to request more kits are sent to you sooner
- If a care setting experiences a Covid-19 outbreak, care providers should suspend all but essential visits, for example visits to residents who are, sadly, at the end of their lives. If an outbreak occurs, in-person visits are restricted until the outbreak is under control and the care home is in recovery. Other types of visiting such as external window visits, video and telephone calls should continue.



Pulse Oximeters

For those care homes and providers who have been allocated pulse oximeters by the CCG in October, we are just checking if any issues have been experienced following reports of a small number of faulty devices in other areas. We have some spare devices in stock if you have had problems. If you have any feedback whether positive or negative or any queries about them please don't hesitate to get in touch.

Updated definition of close contacts

- The definition of contacts with positive people has been updated in the [guidance](#) for contacts of people who do not live with each other. Staff delivering care, who are wearing the correct PPE in accordance with the current IPC guidance, will not be considered as a contact for the purposes of contact tracing and isolation, however care homes should also reference Annex B: definitions of COVID-19 cases and contacts in [admission and care of people in care homes](#)
- You can be a contact anytime from 2 days before the person who tested positive developed their symptoms, and up to 10 days after, as this is when they can pass the infection on to others. A contact can be:
 - anyone who lives in the same household as someone with COVID-19 symptoms or who has tested positive for COVID-19
 - anyone who has had any of the following types of contact with someone who has tested positive for COVID-19 with a PCR test:
 - face-to-face contact including being coughed on or having a face-to-face conversation within one metre
 - been within one metre for one minute or longer without face-to-face contact
 - sexual contacts
 - been within 2 metres of someone for more than 15 minutes (either as a one-off contact or added up together over one day)
 - travelled in the same vehicle or a plane

Change to Isolation Periods in Home Care

- [Home care guidance](#) has been updated to reflect that new people to the service or people leaving hospital should be assumed to be potentially Covid positive for 10 days /until results of hospital discharge test come though
- The new [flow chart](#) for Coronavirus (COVID-19) tests available for adult social care in England shows who is eligible for testing and how to access this

Training and Development Opportunities



React to Falls Prevention- Training Resources

The resources for the CCG's React to Falls Prevention training are now available through our [website](#) to access at any point.

The programme aims to reduce falls risks by implementation of a person centered, peripatetic approach to prevent and manage falls which is applicable across all care settings including domiciliary care and can be used by health professionals and informal carers alike. React to Falls Prevention' identifies 3 key areas of risk: Physical, Behavioral and Environmental; and the subsequent use of a simple framework that prompts carers to consider these risks and ... 'REACT'... to reduce the risk of falls.

Guidance on how to work through the resources is on the website. If you have any feedback, queries or requests for formal training please contact h.degnan1@nhs.net



Partners in Care Training Pages

Did you know there is more information on upcoming training sessions, eLearning and links to training providers on our website?

Through our training page there are also links to the programmes of training offered through the CCG: React to Falls Prevention, React to Red, IPC Training and Recognising and Responding to Deteriorating Residents. To access this page please follow this [link](#).

If you have any more training you would like to see added to this page please let us know

Further Information

End of Life Nutrition Leaflet

The British Dietetic Association have produced an [accredited leaflet](#) which can be used to support you in providing nutrition to a resident or service user at the end of life. This includes guidance on the importance of nourishment over nutrition at this time and how to support this with food, drink and snacks.

Capacity Tracker Poster and Error Messages

We have created a poster designed for all homes which can be printed off and used as prompt on which sections need to be updated and when, and all so you have contact details available for any problems or queries. The poster can be accessed through this [link](#).

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact sarah.fiori@nhs.net or sam.varo@nhs.net