

## **Meet our Frailty Care** Coordinator



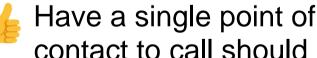
"Montana has made a great difference in the holistic support of people living with frailty and contributed to personalised care plans that enable a better quality of life for these patients."

- Dr Ruth Walker

Speak to your GP practice about this service

Montana is a frailty care coordinator having previously worked as a support worker and is passionate about helping people to live happier, healthier and more independent lives, inclusive of all needs and abilities.

## An appointment could help to:



contact to call should any issues arise

Ensure your care reflects your wishes

💪 Gain local health and wellbeing support

🍃 Arrange vaccines and referrals to Age UK

www.valeofyorkccg.nhs.uk/carecoordinators