

## Your local Dementia Care Coordinator



Helen is a Dementia Care Coordinator having previously spent 3 years working with the reception and admin teams within a GP practice. She is passionate about providing patients with the best care for them and works to ensure that patients feel continuously supported and always involved in all aspects of their care.

### Dr Ruth Walker says:

“Helen has made a great difference in the holistic support of people with dementia and memory problems at all stages in their journey. She is also helping raise the profile of dementia and the importance of diagnosis.”

Dementia Care Coordinators have been employed by the Selby Town Primary Care Network (PCN) to work in GP practices to support patients with dementia.

This leaflet was developed by NHS Vale of York CCG on behalf of Selby Town Primary Care Network (PCN).

If you have any queries please contact your GP practice.

For information go to [valeofyorkccg.nhs.uk/carecoordinators](https://valeofyorkccg.nhs.uk/carecoordinators)

# Dementia Care Coordinator



## How a Dementia Care Coordinator can support you

### What is a Dementia Care Coordinator?

A professional working within a GP practice that can support co-ordination of care needs for individuals diagnosed with dementia and cognitive impairment.

## **What is dementia?**

The term 'dementia' is used to describe symptoms where the Brain is affected by specific diseases and conditions.

The following are the most common causes of Dementia:

- Alzheimers
- Vascular dementia
- Fronto-temporal lobe dementia
- Dementia with lewy bodies.

There are many more causes that affect people of all ages and backgrounds.

## **How can a Dementia Care Coordinator help me?**

A Dementia Care Coordinator will support you from the point of diagnosis throughout your journey, ensuring you are treated to evidence based standards in accordance with agreed Care Plans. They will provide a clear and accessible point of contact for guidance, support and navigation, working closely with other health, social care organisations and voluntary agencies.

Some of the support you can expect from a Dementia Care Coordinator includes:

- Support pre and post diagnosis
- Referrals into appropriate services that help you and your family
- A trusted point of contact within your GP practice
- Supporting your independence and understanding of dementia



## **How do I make an appointment to see a Dementia Care Coordinator?**

You can contact your GP surgery reception team and ask to speak to the Dementia Care Coordinator or alternatively you can phone directly on 07340 971987. Helens working days are Tuesday, Wednesday and Thursday.

## **Will I need to see the Dementia Care Coordinator on a regular basis?**

It is important you feel that you can access the Dementia Care Coordinator whenever you feel the need. It may be that regular contact is needed for a period of time but then a more 'as and when' approach is right.

## **Why is a Dementia Care Coordinator based in the GP surgery?**

The Dementia Care Coordinator works closely with the whole team within the GP surgery. They work closely with the clinical staff to seek advice and guidance on different aspects of your care where necessary.