

Meet your social prescribing link worker



Karen is a social prescribing link worker, with extensive experience in supporting people to take greater control of their health and wellbeing. An appointment with Karen could help you to:

- 👍 Access community services and meet new people
- 👍 Take up a new hobby or do more exercise
- 👍 Reduce isolation, loneliness, stress and anxiety
- 👍 Gain tailored advice and support
- 👍 Make positive changes

“Having a social prescribing link worker based in our surgery is a very positive development in being able to offer our patients an all-round excellent service” – Dr Steve Lovisetto

Speak to reception about this service